

The Centerline



Know your Neighbor: Kit Hill

By: Vera Barrett

Kit is a special lady. You may see her in the sewing/craft room or helping in some manner in the dining hall when there is an activity. You will see her at the Country Store or Quilt Bingo, which she coordinates.

Born Kit Elizabeth Hill in Yakima, Washington her family moved to Chehalis Washington. At 6 her family moved to Anchorage, as her dad accepted a job establishing the DEWLINE, (early warning system), along Alaska's coast. Her parents loved Alaska and decided to stay in Alaska where she graduated from East Highschool and Alaska Methodist University, then Kansas State for her graduate degree. She returned to Alaska Methodist University to teach biology. The University closed, so she moved to Juneau, to work for the State of Alaska as a health inspector, inspecting restaurants, schools, day care facilities, processing plants, etc. She found the job very interesting and went on to become a supervisor and even further to become the Division Director. Since retirement she has been a leader in Weight Watchers, Pioneers of Alaska and active in other organizations.

Kit and Howard became acquainted at a Trail Restoration Group in Juneau. During this time Howard lived on a boat and so did his friend, Bill, who had already invited Kit and her friend, Katie, to dinner and was intimidated to have two ladies to entertain, so he asked Howard to dinner. Kit and Howard began a nice conversation and have been together ever since.

SEPTEMBER

Two orange autumn leaves.

2024

• **Special Points of Interest**

- Movie Afternoon—September 5
- No Host Dinner— Sunrise Inn— September 10
- Birthday Lunch—September 18
- Hope Day Trip—September 20
- Waffle Friday — September 27

City of Kenai
Kenai Senior Center
361 Senior Ct.
Kenai, Alaska 99611
907-283-4156
senior@kenai.city

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SEPTEMBER 2024

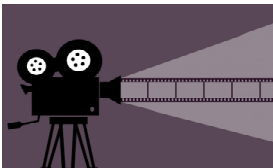
Monday	Tuesday	Wednesday	Thursday	Friday
<div>2</div> <div></div> <div>CENTER CLOSED</div>	<div>3</div> <div>9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling</div>	<div>4</div> <div>9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Noon/Bluegrass Noon— LUNCH 1p—Writers’ Group 1p—Mexican Train Dominos 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group/Caregiver</div>	<div>5</div> <div>9a– Chair Yoga 10a—Tai Chi Noon—LUNCH 1-3p—Hand & Foot 1p—Cribbage 3p—Movie Afternoon: Midway</div>	<div>6</div> <div>9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Growing Strong 11a-12p—Adult Coloring Noon—LUNCH 1p—Wii Bowling 1-4:30p—Bridge</div>
<div>9</div> <div>9a—Growing Strong 10a—Growing Strong 11a—Bells 11a—Fraud Talk w/KPD Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers</div>	<div>10</div> <div>9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling 4:30p—No Host Dinner/ Sunrise Inn</div>	<div>11</div> <div>9a—Growing Strong 10a—Growing Strong 11a—Noon/Bluegrass Noon— LUNCH 1p—Card making with Kimberly 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group</div>	<div>12</div> <div>9a– Chair Yoga 9:30a—FLU SHOTS 10a—Tai Chi Noon—LUNCH 1-3p—Hand & Foot 3p—Council on Aging 5p—Cribbage 6:30p—Acoustic Jam</div> <div></div>	<div>13</div> <div>9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Growing Strong 11a-12p—Adult Coloring Noon—LUNCH 1p—Genealogy Workshop w/ Cheryl Hamann 1p—Wii Bowling 1-4:30p—Bridge</div>
<div>16</div> <div>9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers</div>	<div>17</div> <div>9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling</div>	<div>18</div> <div>9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Noon/Bluegrass Noon—LUNCH/ Birthday 1p—Writers’ Group 1p-3p—Quilting/Crafting 1p—Braided Fleece Blanket Project 2-3:30p Stronger Together Support Group</div>	<div>19</div> <div>9a– Chair Yoga 10a—Tai Chi Noon—LUNCH 1p—Cyber Security w/ Elizabeth Kleweno 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:30p—Acoustic Jam</div>	<div>20</div> <div>12:30p—Hope Day Trip 9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Growing Strong 11a-12p—Adult Coloring 1p—Wii Bowling 1-4:30p—Bridge</div>
<div>23</div> <div>9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers</div>	<div>24</div> <div>9a– Chair Yoga 10a—Tai Chi 10a—TOPS 11:00a—PCHS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling</div>	<div>25</div> <div>9a—Growing Strong 10a—Growing Strong 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group</div>	<div>26</div> <div>9a– Chair Yoga 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:30p—Acoustic Jam</div>	<div>27</div> <div>8-10a WAFFLES 9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Senior Connection 10a—Growing Strong 11a-12p—Adult Coloring Noon—LUNCH 1p—Wii Bowling 1:30p Afternoon Drive 1-4:30p—Bridge</div>
<div>30</div> <div>9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers 2:30p—Yappy Hour</div>				



Happy Birthday!



Day	Name	Day	Name		
1	Peggy Nash	9	Robert Moorhead	20	Horst Haunold
1	John Reynoldson	10	Judy Hall	20	Elmer Curtis
1	Julia Weeks	11	Beverly Mix	22	Ruth Malston
1	Raymond Smith	11	Paul Ottobre	22	Roscoe Barrett
4	Kimberley Jackinsky	13	Jonathon Thornton	24	Carl Glick
4	David Thornton	14	Dustin Rhodes	25	William Starnes
4	Spiridon Lazov	15	Mark Necessary	26	Jewell Coverstone
5	Wanda Carlson	15	Vivian Terry	27	Agnes Weller
5	Susan Lockwood	15	Roger Ihde	27	Sandy King
7	Karolee Hansen	17	Ron King	28	Carolyn Aley
7	Read Kent	19	Al Hershberger	28	Willie Wilson
8	Virginia Walters	19	Terry Turner	29	Jeanine Adams
8	Nancy Nelson	19	Sindia Grant	30	Marie Billings
8	Mel Krogseng	20	Gary Sonnevil	30	Kenneth Aaron



**Thursday
Afternoon Movie
September 5, 2024
at 3:00p.m.**

Now showing: Midway

On Dec. 7, 1941, Japanese forces launch a devastating attack on Pearl Harbor, the U.S. naval base in Hawaii. Six months later, the Battle of Midway commences on June 4, 1942, as the Japanese navy once again plans a strike against American ships in the Pacific. For the next three days, the U.S. Navy and a squad of brave fighter pilots engage the enemy in one of the most important and decisive battles of World War II.

NO-HOST DINNER

Sunrise Inn Restaurant
Tuesday, September 10, 2024

Those leaving from the Senior Center parking lot will head out at 4:30p. Or, meet your friends at Sunrise Inn.

There will be limited transportation available at a charge of **\$10.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

dates to remember

Wednesday, September 4	Social Security	9a–Noon
Thursday, September 5	Movie Afternoon: Midway	3:00 pm
Tuesday, September 10	“No Host” Dinner/Sunrise Inn	4:30 pm
Wednesday, September 11	Card Making with Kimberly	1:00 pm
Thursday, September 12	Flu Shot Clinic	9:30 am
	Council on Aging	3:00 pm
Wednesday, September 18	Social Security	9a—Noon
	Birthday Lunch	Noon
Friday, September 20	Hope Day Trip	12:30 pm
Friday, September 27	Waffle Friday	8a-10 am
	Senior Connection Meeting	10:00 am

Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm
**Need to speak with someone in
 administration?**

Director
Kathy Romain
 (907) 283-8213 or kromain@kenai.city
*VP Housing, Council on Aging
 Kenai Senior Connection, Inc.*

Administrative Assistant
Red Piersee
 (907) 283-8212 or apiersee@kenai.city
*Home Delivered Meals
 Benefits Counseling
 Vintage Pointe Housing Rental*

Activity/Volunteer Coordinator,
Kayla Feltman
 (907) 283-8214 or kfeltman@kenai.city
*Activities
 Volunteer Opportunities
 Senior Center Facility Rentals*

Do you need a ride or know someone who could use some meals? Maybe you'd like to pick up a meal instead of dining inside? We can help!

For Pick up Meals:
Call the front desk
by 10:30AM* (M-F)
 For pick-up at **11:30**
AM. Meals must be
picked up from the front desk.



For Transportation:
 Call the front desk at least **24 hours** in advance to schedule a ride. We will do our best, but same day transportation is not guaranteed.

Dining Room Meals (Congregate)
 Monday-Friday 12pm-1pm
 No reservations required
 (Except for special events)



CITY OF KENAI
KENAI PENINSULA BOROUGH
ELECTION INFORMATION

WHEN:	ELECTION:	WHAT:	WHERE AND WHEN?
SEPTEMBER 16 through OCTOBER 1, 2024	<u>City of Kenai</u> and <u>Kenai Peninsula</u> <u>Borough</u> <u>General</u> <u>Elections</u>	Absentee In-Person and Special Needs voting available.	City of Kenai Clerk's Office 210 Fidalgo Avenue Kenai, AK 99611 <u>Monday - Friday</u> September 16– September 30, 2024 8:00am - 5:00pm
OCTOBER 1, 2024	<u>Election Day</u>		<u>Polls Open 7:00a-8:00p</u> <u>Kenai City Hall</u> /Absentee-In-Person & Special Needs <u>Kenai Precinct #1</u> /Kenai Mall <u>Kenai Precinct #2</u> /Challenger Center. <u>Kenai Precinct #3</u> /Kenai Mall

DO YOU WANT TO ARRANGE A RIDE DURING A WEEK DAY TO KENAI CITY HALL TO VOTE ABSENTEE IN-PERSON OR ARRANGE FOR A SPECIAL NEEDS BALLOT FOR SOMEONE?



DO YOU WANT TO ARRANGE A RIDE TO A KENAI PRECINCT POLLS ON OCTOBER 1 (ELECTION DAY)?

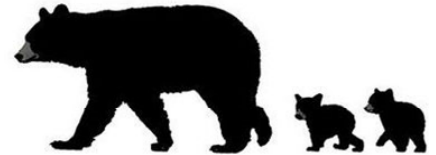
CALL (907) 283-4156 EARLY TO ARRANGE A RIDE.

They've had lots of adventures. A vivid memory for Kit is a caribou hunt at Charley River Preserve that Howard invited her on. She had never hunted. They drove to Tok. Before flying out in a Super Cub (another adventure), they were told they were allowed



50 lbs. of personal gear, including tent and sleeping bags. The hunt brought them each a caribou. They couldn't pack all the meat out the first day, so returned the next day to find a sow and her 2 cubs that had scattered some of the meat. Fortunately for us the sow chose to leave

the area upon their return. On a later hunt, they wondered what was happening, as each day a plane was to fly over checking on the hunters and they hadn't seen a plane. On the day they were to be picked up, the flight ban was lifted, that had been imposed because of 911, otherwise they would have been temporarily abandoned.



Kit's mom, in her late 70's, bicycled a 150-mile marathon for the American Lung Association. She covered 75 miles a day, while Kit's dad ran support behind with lunch and other needs for the cyclists. Kit says her mom was involved in a lot of things and some of that rubbed off on her.

Kit and Howard take great pleasure volunteering at the Center, something they couldn't do for their parents, because of distance. Being of service here, is a way of making up for this.

You'll see Kit dressed in an artistic way or dressed on the holidays with the theme of that day. She does this to spread joy and to celebrate the fun of life. She lost her daughter in 1999 and wants to celebrate what her daughter couldn't keep experiencing. Her daughter once mentioned that Kit's clothes were too dark, and it started from there. One treasured memory is the great time they had creating a tie-dye outfit.

Kit belongs to Compassionate Friends and plans to have a Candle Lighting Remembrance in Nov. It is for those who have lost a child whether you be a parent, grandparent, relative or friend.

I met Kit in the sewing room and the idea to write about her came from observing all the help she untiringly was willing to give to everyone who asked. She is a big part of the Center with a big heart to serve. Her desire in life is that Christ uses her to bring light and joy into the world.

She'd like people to know that you are welcome to come into the sewing room to use the resources available there; learn how to use the machines and what we have to offer in materials and yarn, knitting needles, crochet hooks, buttons and much more. The crafters are always available for advice and welcome people just to come and visit.

Senior Farmer's Market Nutrition Program



**Will you be 60 years of age or older
by September 30, 2024?**

Do you like fresh fruits and veggies but
purchasing these items are a little hard
on your pocketbook?

If you answered yes to both of the
questions above you will be happy to
hear that the Kenai Senior Center is a
distributing agency again for Farmer's
Market Coupons! Coupons are availa-
ble after July 1.

For more information about the pro-
gram and to inquire as to whether you
are eligible, please call the Kenai Sen-
ior Center at (907) 283-4156.



**Kenai Peninsula
Wednesday,
September 4th from 2:30
pm**



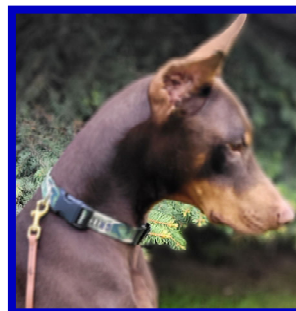
The Kenai Peninsula Family Caregiver
Support Program will meet from 2:30
pm on Wednesday, September 4th in
the dining room at the Kenai Senior
Center w/ the "Stronger Together"
Group.

Anyone interested in learning more
about the services we have to offer
are more than welcome to attend. For
more information, please contact Dani
or Lisa at 907-776-7654.

Yappy Hour!

Monday, September 30 at 2:30p

Grit is a two-year old Doberman Pin-
scher. He has many hobbies for such a
young dog! He is a "certified therapy
dog" and he enjoys visiting with his
friends. He is excited to make new
friends at Kenai Senior Center! He
knows a few tricks and skills to entertain
folks!



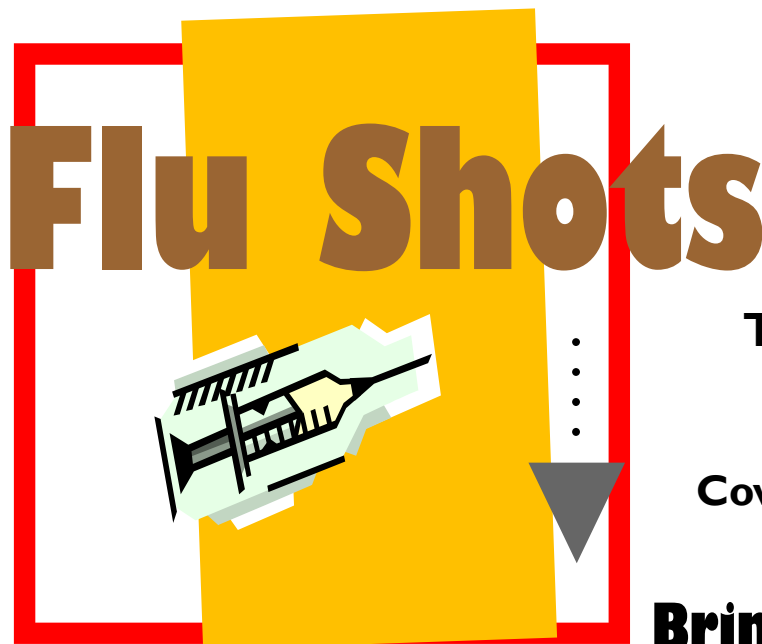
LIBRARY NEWS by Virginia Walters

A big triple (at least) THANKS to Kari Mohn for stepping in and stepping up to organize and weed the library when I was not able to do it. She also added a new collection of puzzles.

When you are browsing for a DVD, don't forget the collection of T.V. shows on the shelves under the T.V. screen. That is also where the Blue Ray discs are located.

And in preparation for Fall, take a look at the audio book collection also on the shelves under the T.V. screen. We are welcoming September, for better or worse.

And again Thank you, Kari.



Kenai Safeway will hold a Flu Shot Clinic in the Dining Room at 9:30 am. Please sign up on the bulletin board to reserve your space.

Thursday, September 12

from 9:30 am-11:00 am

Covid Shots also will be available

Bring your Medicare card



Judy Hall was born September 10, 1926 in Guthrie, Oklahoma. Her mother was full blooded Cherokee and until she was of the age of 18 only spoke the Cherokee language. Judy always loved to sing and by the age of nine she had won her first singing contest in Oklahoma City at the Blackwell Hotel W.K.Y. The next year she won again singing "Play Mate" and "Scatterbrain".

Judy had the honor and privilege of singing with many famous artist including: Tennessee Ernie Ford, Hank Penny, Dede Martin, Bud Isaacs, Merle Haggard, Cousin Herb, Bill Woods, Lefty Frizzell, Ferlin Huskey, Merle Travis and Earnest Tubb. There were many others over the years, too many to name.

Judy met her husband, John Hall, in Bakersfield, California. Shortly thereafter, they moved to Alaska where she found her homestead for her and John to live and make Alaska their home away from home. John worked as a drilling mud engineer and became an Oil Rig Firefighter putting out fires in oil fields round the world. Judy formed her own band, Judy Hall and the Alaskans. On John's days off he would join her band playing rhythm guitar or bass and also sang harmony with the group. She and her band played all over Alaska, but when on the peninsula she called the Royal Redoubt Hotel, owned by Ethel Ness, her home base.

Judy didn't just play music in Alaska, she was all over the world in places like: The Philippines to play for President Marcos, the Jerry Lewis Telethon, St Judes, the Danny Thomas Show, Germany, Austria, Sweden, Switzerland, Denmark, Norway, Viet Nam, Taiwan and Japan just to name a few. Judy was inducted into the Western Swing Music Hall of Fame four times and received the Governor's Commendation from the Governor of Oklahoma.

This Lady of Country Swing Music, has always had a heart as big as Alaska and her actions over the years have shown just that. She started the clinic for Laetrile helping people with cancer here on the Peninsula, she help raise several children along with her own, help families in need, contributed to several charities and foundations.

Judy did benefits shows each year in Brock, Texas as well as for over 12 years hosted the Sideman's Jamboree every February at their Alaskan RV Park in Bowie, Arizona. Judy continues to perform and to run her RV Park at almost 98, and she continues to help others along the way. She maintain her Alaskan homestead and is currently planning to move permanently back to her home on the Kenai Peninsula.

Know your Volunteer

By: Carol Prior

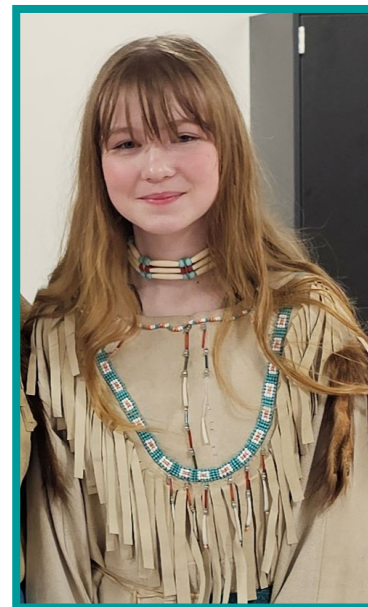
Who is that young lady flittering around the kitchen and dining room every day? Veronica (Roni) Weeks, daughter and David and Marjorie Weeks. She was born on March 6th, 2012 in Rexberg, Idaho. She says they moved to Alaska when she was 9 years old. She will be going into the seventh grade, in fact she will already be in school by the time you read this. Her “bestie”, best friend is Alexis Van Loan (Ethan’s daughter).

I asked her what her hobbies are and she said music and making up stories of fan fiction about Anime, a Japanese animation character. She sings in her school choir and participates in NYO, (Native Youth Olympics).

She started volunteering at the Senior Center when her dad recruited Roni and her mom to help serve at a large dinner function. She decided she like helping in the kitchen and dining room so she comes every day with her dad to work.

She likes talking to our seniors and listening to their stories and telling a few herself. I asked her what her ambition was as a career goal. Roni said she wants to be a doctor, especially a Military Medic or Doctor. WOW!! What an ambition for a young lady. We wish you well in your future adventures Roni, and we will miss you.

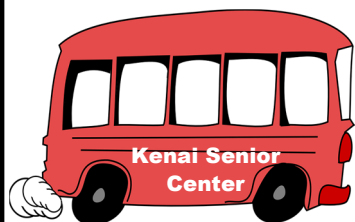
Have fun in School and come back often to see us.

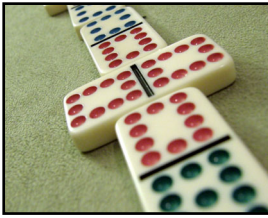


Afternoon Drive

Friday, September 27 at 1:30 pm

Let's take an afternoon drive and see where our driver will take us this month? Plan for an ice cream stop and to have lots of FUN! Minimum of 5 people. The cost is \$5, so please sign up at the front desk if you want to participate.





Calling all Mexican Dominos Players!

Interested in playing or learning about Mexican dominos? Please join us once a month on the first **Wednesday** of the month at 1:00pm in the dining room. It's so much fun and see you there!

Card Making with Kim



Wednesday, September 11 at
1:00pm

Senior Center Dining Room

Please Sign up on the bulletin board.

Stronger Together Support Group

Wednesdays 2 –3:30 pm



Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

Special guest Dani Keschull
on Wednesday, August 7, 2024.

September Birthday Party —

Wednesday, September 18 at
Noon. If this is your birthday
month, lunch is on us! Come
celebrate with us!!!



Day Trip to Hope

Friday, September 20, 2024

12:30p-8:00p

Join Kathy & Paul for a day trip to Hope. The vans will leave the Center at 12:30 p.m. The day will include a beautiful drive to see the fall colors and a no-host dinner at the Creekbend Café. Cost for the ride is \$15.00. Please sign up and prepay at the receptionist desk.

Do you have extra time and just don't know what to do about it? We can use you here at the Senior Center! We need volunteers to help with the following:

- ★ Serving Lunch
- ★ Reception Desk
- ★ Light Cleaning

Stop by the Center
or call Kayla at 283
-8214.





The Kenai Historical Society will meet on Sunday, September 8 at 1:30 at the Kenai Senior Center.

Bring an appetizer to share and a friend interested in the history of the Kenai. The speaker will be from the Kenai Wildlife Refuge with a power point presentation.

See you there to begin the 24/25 season.

Meetings open to the public but membership is encouraged.

Kenai Historical Society meetings are open to the public, though we invite you to become a member of our historical organization that has been operating continuously since 1967. All future meetings will be held at the Kenai Senior Center, located at 361 Senior Court, Kenai.

Can you recognize these folks?!

Before Pictures



Kenai Senior Connection, Inc. NEWS

by Velda Geller, Board President

School's started once again, but beings I am a Great-Grandma, I'm not thinking about school – but lots of you may be.

The Senior Center Choir has begun practicing again on Mondays at 1:00 p.m. in the dining room and the March for Meals 2025 Committee will soon begin meeting and making plans for the March 28, 2025 event.

In August, Senior Center activities included a trip to Ninilchik to enjoy the Fair where the Bells Group played music on the platform for everyone's enjoyment; the No-Host Dinner was held at the new Sol-Agave-Mexico Restaurant in Soldotna; a dance was held with live music from the Button Box Gang; and, a day trip to Homer was enjoyed by all those participating.

The Center also held the annual Old Timers' Luncheon. First of all, thank you to Missy and David for the wonderful turkey dinner, including rhubarb pie for dessert! Also, a big thank you to "kids" of old timers who served the dinner. Those participating got to visit with a lot of old friends, including Mayor John and Sharon Williams and to say good-bye to a long-time friend, Molly Jackson, who will be moving to Texas to live with her son.

Happy September – enjoy the Fall!

Velda



What's Your Story?

Got a story or a poem you want to share? Everyone has a story and some of you are even poets. Well we are looking for you to be bold and share your story. Any contribution to add to our Fundraiser project. We are calling it our "Kaleidoscope Project" Your stories can be as fun to read with a "Kaleidoscope" of topics and as colorful as the toy we used to play with. Please keep them to 1000 words and they can be poems, short stories, or songs. Pictures are also welcome. If you need help writing your story, that can be arranged. You may turn your stories into the front desk at the senior center, or send them by email to Senior@kenai.city.

You may contact Virginia Walters or any other member of the KSC Writers group. Better yet, come visit us on Wednesdays at 1pm in the Computer Room.



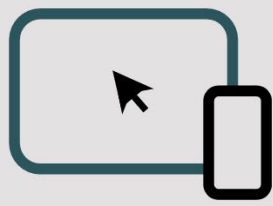
Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

SEPTEMBER 2024 \$5 CLUB

Kay Aber	Darrell Hagen	Marge Milewski	Gary & Colleen Sonnevil
Juanita Aguilar	Lee & Phyllis Hallstead	James Miller	Bill Starnes
Cheryl Arrington	Karolee Hansen	Jeanie Miller	Sondra Starnes
Ken Ayers	June Harris	Lee Moeglein	Darlene Tachick
Kris Ayers	Kathy Heus	Mary Moeglein	Vivian Terry
Marilyn Bannock	Howard Hill	Kari Mohn	Charles & Janice Thornton
Carol Barner	Kit Hill	Jerry Nassen	Gerda Trent
Larry & Tona Bravo	Susan Hurley	Bill Nelson	John Trent
Patricia Bravo	Konrad Jackson	Lois Nelson	June Truelove
Renee Clifford	Bobbie Jedlicki	Marian Nickelson	Terry Turner
Jewell Coverstone	Peggy Jones	Ray Nickelson	Ray Verg-in
Rachael Craig	Read Kent	Susan Olson	Yen-ti Verg-in
Walt Craig	Fran Kilfoyle	Katie Pault	Beverly & Don Waldrop
Elmer Curtis	Leanne King	Bob Peters	Frosty Walters
Greg & Jan Daniels	Henry Knackstedt	Robert Petersen	Virginia Walters
Dorothy Diamond	Anita Kwan	Judith Pock	John White
Shirie Drath	Gaye Larane	Carol Prior	Janice Wilsack
Don Erwin	William LaTocha	Robert Reichert	Clayton Yoncher
Carol Freas	Xiaopei LaTocha	Biz Robbins	
Velda Geller	Hoa Le	Linda Romero	
Margaret Goggia	Chris Lombard	Gayle Ross	
Omer Goodman	Jennifer Lombard	Richard Ross	
Bill Graves	Carol Louthan	Gladys Routh	
Luna Graves	Mike Louthan	Marcia Shea	
Jeffrey & Monica Griffin	Paula Maier	Steve & Barbara Smith	

If you don't see your name on this month's list, it might be time to renew your membership. We'd love to have you back! Please let us know if there is an error on our part.



Cyber Security @Kenai Senior Center

Thursday
September 19th
1:00pm

This workshop is for those who are interested in safety online and want to protect themselves from fraudsters and scams. Build your confidence when visiting websites, creating passwords, and responding to email.



Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

Monday—8-11 am & After 12:00 pm

Tuesday—After 11:30 am

***Thursday—All Day**

***Friday—All Day**

*There will be an occasional meeting in the Computer Lab where it will not be available to the general public.



Genealogy Workshop

Cheryl Hamann is back!!!
Need help breaking down that brick wall, or maybe you need help organizing your research? Perhaps you are interested in learning how to get started tracking your family history? Cheryl Hamann can help! Please join her at 1:00pm on Friday, September 13 in the computer room.



FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received _____ Received by _____

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611

~Thank you for your help!

Name _____
First Middle Last

Mailing Address _____

City _____ State _____ Zip _____

Physical Address _____

City _____ State _____ Zip _____

Date of Birth _____ Home Phone _____ Cell Phone _____

Kenai Senior Center Donation Form

Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

Please make checks to Kenai Senior Center:

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)
- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

Email Address: _____

Name _____ Address _____

Please make checks to Kenai Senior Connection

- ☐ \$5 Club
 - ☐ monthly - \$5
 - ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.

See them now!



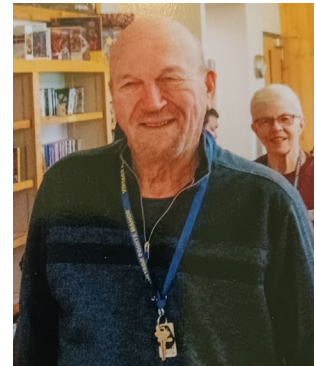
Janice Wilsack



Gary Richards



Patty Segura



Lee Moeglein

Elders and Fraud

Monday, September 9

11:00 am

Senior Center Dining Room

We all need to be aware of these scams and how to protect ourselves from others gaining access to our personal information. The Kenai Police Department will be here to offer some great guidelines on how to manage avoiding fraud.

Waffle Bar—Last Friday of each month.



We will be offering waffles on the **last Friday of the month** from 8-10am. Come in for coffee, juice, and a hot waffle for just \$3. You may bring your own goodies to add to your waffle. No need to sign up — just show up and

Braided Fleece Blanket Project

Wednesday, September 19

At 1:00 pm in Craft Room



If you want to make a tie blanket but don't love the look and feel of the knots, there's a better alternative. This kind of no-sew fleece blanket creates a braided edge rather than annoying knots and floppy fringe. The class cost is \$3.00. Please sign up at the front desk, if you are interested.

SEPTEMBER 2024 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

Menu is subject to change
Soup and Salad when available

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>LABOR DAY</p> <p>CENTER CLOSED</p>	<p>3</p> <p><i>Spiderwoman</i></p> <p>Asian Cucumber Chicken Pasta Salad Fruit Cup Muffin </p>	<p>4</p> <p><i>Captain America</i></p> <p>Fried Chicken Mashed Potatoes Gravy Peas & Corn Salad</p>	<p>5</p> <p>Sweet-n-Sour Pork Stir-Fried Veggies Jasmine Rice Egg Roll Soup</p>	<p>6</p> <p>Tomato Bisque Toasted Cheese Sandwich Tater Tots Carrot Salad</p>
<p>9</p> <p><i>Wolverine</i></p> <p>Baked Potato w/ Fixings Broccoli Soup </p>	<p>10</p> <p>Roasted Lemon Chicken Parmesan-Lime Rice Mixed Veggies Salad</p>	<p>11</p> <p><i>Batman</i></p> <p>Baked Ham Scalloped Potatoes Baked Cabbage & Carrots Salad</p>	<p>12</p> <p>Sundried Tomato Artichoke Chicken Fettuccini Alfredo Yellow Squash Garlic Bread Soup</p>	<p>13</p> <p><i>Flash Gordon</i></p> <p>Cheese Burgers Cowboy Beans French Fries</p>
<p>16</p> <p><i>Deadpool</i></p> <p>Chili Dogs Parmesan Fries Soup</p>	<p>17</p> <p><i>Cat Woman</i></p> <p>Chef Salad Fruit Cup Bran Muffin Salad </p>	<p>18</p> <p>Beef Ragu Italian Veggies Garlic Bread <u>Birthday Cake</u> Salad</p>	<p>19</p> <p>Chicken-n- Dumplings Yams Soup</p>	<p>20</p> <p><i>Hulk</i></p> <p>BBQ Pulled Pork Sandwich Parmesan Fries Coleslaw</p>
<p>23</p> <p>Tuna-on-a- Croissant Clam Chowder Broccoli/Cranberry Salad Fruit Cup</p>	<p>24</p> <p><i>Dr. Strange</i></p> <p>Liver & Onions Mashed Potatoes Gravy Green Beans Salad</p>	<p>25</p> <p><i>Thor</i></p> <p>Swedish Meatballs Pickled Beets Salad</p>	<p>26</p> <p>Beef Enchilada Spanish Rice Corn Salsa Soup</p>	<p>27</p> <p>Curry Chicken Noodle Bowls Strawberry Spinach Salad </p>
<p>30</p> <p><i>Howard-the-Duck</i></p> <p>Ham & Bean Soup Broccoli Salad Jalapeno Cornbread Fresh Fruit Cup</p>				

Center Funders & Supporters

City of Kenai
Alaska Commission on Aging
Kenai Peninsula Borough
Center Volunteers
Kenai Senior Connection, Inc.
Private Donations



PLEASE
PLACE
STAMP
HERE

Find us on
Facebook



<https://www.facebook.com/kenaisenior/>

E-mail: senior@kenai.city

Fax: 907-283-3200

Phone: 907-283-4156

Kenai, Alaska 99611

361 Senior Court

Kenai Senior Center

City of Kenai
Kenai Senior Center