

The Centerline

October 2025



Know your Neighbor: **Janice Wilsack**

By: Gaye LaRane

"I've had such a blessed life," said Janice Wilsack. "There's nothing really fancy or outstanding, I've just had a wonderful life."

Janice was born in Anchorage in 1942 and has lived in Alaska for all of these years. "I was so blessed with such wonderful, hard working parents. They taught us how to be very good Christians and hardworking people."

When Janice was seven years old, the family moved to Nikiski where her dad had purchased a fish site ten miles north of Kenai. "There weren't any roads, so we had to take a fish tender from a cannery in Anchorage to Daubenspeck's Cannery in Kenai. We had to wait for the tide to go out so we could drive the Jeep up to the fish site. Because we only had the Jeep it took many, many runs."

After working the fish site, Janice's father took the family to work at a lodge at the end of Iliamna Lake on the Kvichak River, that was owned by Gren Collins. "But it turned out that Dad was working as a hunting guide, so Mom and us kids had to take care of the guests."

"Dad decided that he really liked being in the lodge business, so we came back to Kenai, and he built a boat on Bernice Lake in Nikiski that he named 'The Katmai.' When we moved across the bay to Iliamna, Dad took the boat, but mother, and us four kids, a nanny goat with twins, a billy goat, and the Jeep, went aboard the fish tender."

Janice recalls that "Mom had made us new clothes and bonnets for Easter and put the bonnets in a box in the Jeep. Unfortunately, the goats got into the box and chewed up the bonnets." They stayed at the schoolhouse in Pile Bay until her dad arrived when they continued up to Bidarka Bay and he could begin building their log cabin.

During that time they lived on the boat. "We slept in sleeping bags on the floor. Before getting up in the morning, mom would get a nice warm washcloth and hand it to us. We'd wash our face and hands, and she'd fix breakfast. Then we were ready for the day."

She remembers that when they finally moved into the new cabin, the door wasn't finished. "So, we had to have a big, folded tarp that fit right over the door jam and we'd pull it back to go in and out. Wherever we lived in Alaska, Dad always built a log home for us to live in."

Continued on page 8

Kenai Bluff Stabilization

Project Completion



Celebration

Wednesday, October 29

10 am—11:30 am

**City of Kenai
Kenai Senior Center
361 Senior Ct.
Kenai, Alaska 99611
907-283-4156
senior@kenai.city**

OCTOBER 2025

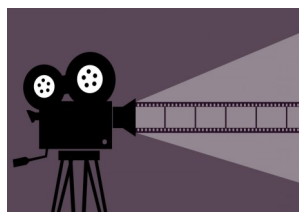
Monday	Tuesday	Wednesday	Thursday	Friday
		1 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p—Karaoke 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group/ Family Caregiver Support Group	2 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 3p—Movie Afternoon: The BFG	3 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
6 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	7 9a– Chair Yoga 10a—Tai Chi 10a—TOPS 11a—PCHS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	8 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Card making with Kimberly 1p—Device Assurances with Reuben from AT&T 1p—Mexican Dominos 1p—Writers’ Group 1p—Karaoke 1p-3p—Quilting/Crafting/ 2-3:30p Stronger Together Support Group	9 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 3p—Council on Aging 5p—Cribbage 6:00p—Acoustic Jam	10 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong 11:30—Independent Living Center Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge 1:30p—Scenic Drive
13 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	14 9a– Chair Yoga 10a—Tai Chi 10a—TOPS 11a—PCHS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	15 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH/ Birthday Celebration 1p—Mexican Dominos 1p—Writers’ Group 1p—Karaoke 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	16 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot	17  Alaska Day Observed on the 18th CENTER CLOSED
20 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	21 9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling 5:00p—Dinner/No Host—Addy Camp	22 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p—Karaoke 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	23 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	24 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong 10a—Senior Connection Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
27 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	28 9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	29 No Morning Activities 10—11:30 am Bluff Stabilization Project Completion Celebration Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p—Karaoke 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	30 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	31 8-10a Faith & Blue WAFFLES with a Cop 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH/Costume Contest 1p—Wii Bowling 12:30-4:30p—Bridge 4-7p—Trick or Treat at the Senior Center!!!



Happy Birthday!



Day	Name	Day	Name	Day	Name
1	Linda Tanner	9	Jon Gifford	20	Pamela Barrett
2	Carol Louthan	10	Stephen Widmer	20	Pamela Downing
3	Barb Sandahl	11	Terri Wisniewski	21	Jean Taylor
3	Wayne Mundy	13	Bonnie Olson	23	Debra Sounart
3	Paul Klaben	14	Barbara Valdez	26	Howard Hill
5	Beverly Devereux	14	Babbi Malone	28	Amy Murrell-Haunold
6	Audrey Souder	15	George Pierce	30	Jim Pate
7	Sandra Bise	16	Katherine Thompson	31	Carol Bannock
8	Robert Peterson	18	Genevieve Williamson	31	Ruby Christopherson
9	Pamela Strauch	19	Kari Mohn		



Thursday Afternoon Movie October 2, 2025 at 3:00p.m.

Now showing: The BFG

Ten-year-old Sophie is in for the adventure of a lifetime when she meets the Big Friendly Giant (Mark Rylance). Naturally scared at first, the young girl soon realizes that the 24-foot behemoth is actually quite gentle and charming. As their friendship grows, Sophie's presence attracts the unwanted attention of Bloodbottler, Fleshlumpeater and other giants. After traveling to London, Sophie and the BFG must convince Queen Victoria to help them get rid of all the bad giants once and for all.

NO-HOST DINNER

Addy Camp

Tuesday, October 21, 2025

Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at Addy Camp in Soldotna.

There will be limited transportation available at a charge of **\$6.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

dates to remember

Wednesday, October 1	Social Security	9a—Noon
Thursday, October 2	PFD Day!!	
	Movie Afternoon: The BFG	3:00 pm
Wednesday, October 8	Card Making with Kimberly	1:00 pm
Thursday, October 9	Council on Aging Meeting	3:00 pm
Wednesday, October 15	Social Security	9a—Noon
	Birthday Lunch	Noon
Tuesday, October 21	“No Host” Dinner/Addy Camp	5:00 pm
Friday, October 17	Observed of ALASKA DAY on October 18/CENTER CLOSED	
Friday, October 24	Senior Connection Meeting	10:00am
Friday, October 31	Faith & Blue Waffle with the Cops	8-10 am
	Trick or Treat at the Kenai Senior Center	4-7pm

Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm
Need to speak with someone in administration?

Director

Kathy Romain

(907) 283-8213 or kromain@kenai.city

Vintage Pointe, Council on Aging

Kenai Senior Connection, Inc.

Benefits Counseling

Administrative Assistant

Red Piersee

(907) 283-8212 or apiersee@kenai.city

Home Delivered Meals

Benefits Counseling

Vintage Pointe Housing Rental

Activity/Volunteer Coordinator,

Kayla Feltman

(907) 283-8214 or kfeltman@kenai.city

Activities

Volunteer Opportunities

Senior Center Facility Rentals

Do you need a ride or know someone who could use some meals? Maybe you'd like to pick up a meal instead of dining inside? We can help!

For Pick up Meals:

Call the front desk

by 10:30AM* (M-F)

For pick-up at **11:30**

AM. Meals must

be picked up from the front desk before 1:00PM.



For Transportation:

Call the front desk at least **24 hours** in advance to schedule a ride. We will do our best, but same day transportation is not guaranteed.

Dining Room Meals (Congregate)

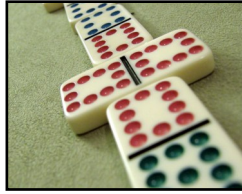
Monday-Friday 12pm-1pm

No reservations required

(Except for special events)

Calling all Mexican Dominoes Players!

Interested in playing or learning about Mexican dominoes? Please join us every **Wednesdays** of the month at 1:00pm in the card room. It's so much fun and see you there!



Stronger Together Support Group



Wednesdays 2 –3:30 pm

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!



Card Making with Kim

Wednesday, October 8 at
1:00pm Senior Center
Dining Room

Please Sign up on the bulletin board.

Nikiski Pool Transportation:

Morning pool service has resumed on Thursdays. There is no transportation fee for this service but the individual is responsible for the \$2 admission fee to the pool.



Kenai Peninsula Wednesday, October 1 from 2:00p-3:30p



The Kenai Peninsula Family Caregiver Support Program will meet at 2:00 pm on Wednesday, October 1 in the dining room at the Kenai Senior Center w/ the "Stronger Together" Group.

Anyone interested in learning more about the services we have to offer are more than welcome to attend. For more information, please contact Dani or Nicole at 907-776-7654.

Wednesday, October 8 at 1:00 pm



Do you need help with your smart phone or tablet? Rueben with AT&T/Kenai will be on hand to help you! Sign up on the board if you'd like to be scheduled.

SCENIC DRIVE

Friday, October 10—1:30 pm

Weather Permitting

Let's get out and enjoy the scenery in one of the new vans! A beautiful drive to some interesting places around the area along with an ice cream stop. Sign up with the receptionist and the cost is \$5.

Faith & Blue– Waffles with a Cop

**Friday, October 31, 2025
From 8-10am**



The 2025 National Faith & Blue Weekend will take place October 11–14. This event is an initiative that brings together law enforcement and houses of worship to create safer and more inclusive communities.

We will honor this event on Friday, October 31 from 8-10am on Waffle Friday. Members of the Kenai Police Department (KPD) will be joining us for waffles and you will get a chance to visit with them.

Come in for coffee, juice, and a hot waffle for just \$3. You may bring your own goodies to add to your waffle. No need to sign up. Just show up and enjoy this event.

Thursday, October 31

Halloween Party!!!

Dining Room—11:30a

Get your imagination revved up and your costume ready for another fun Halloween Party.

We look forward to guessing who it is in those costumes and behind the masks!



Thursday, October 31

4:00pm—7:00pm

TRICK-OR-TREATING

We are inviting area kids and their parents to trick-or-treat here at the Senior Center from 4-7pm. Kenai Senior Connection, Inc. provides the candy and the hot chocolate, so get the word out and please come help us! If you have a costume, feel free to share it with us and we will have a Spooktacular good time! Please sign up on the board to be a host at one of the tables.



Kenai Senior Connection, Inc. NEWS

By: Terry Turner, Board President and Jerry Nassen, Board Vice-President

After an awesome August, September arrived...wet and dreary, dampening the vibrant yellows of the leaves turning color, ushering in...fall. How did that happen? I'm not ready! No matter, fall replies, I'm here whether you're ready or not.



Your Kenai Senior Connection, Inc. funds a number of events annually, most of them fundraisers. But sometimes we fund an event "just because". **Our annual Halloween Indoor Trick or Treat is one of these.** It was originally instituted as an intergenerational event; so many Seniors don't get to experience the joy of costumed minions ringing their doorbells, shouting out "Trick or treat", knowing full well it would be the latter. So, here's your opportunity to participate. We usually have a couple of dozen 'stations' set up to deliver treats (which will be provided) in a safe and warm environment. The kids will come, Larry the Clown (AKA the Balloon Man) will be there, the Center will be appropriately decorated, all waiting for...you!

There will be a signup sheet for volunteers on the Bulletin Board. Be sure to sign up, dig out your spookiest Halloween costume, and join in the fun Friday October 31st from four to seven. I'll be there, or at least my skeleton will...

LIBRARY NEWS

by Kari Mohn

How do you check out items from the Kenai Senior Center library located in the Game Room? It's the honor system. There are no check out cards. There are no due dates. When you see a book, DVD, jig-saw puzzle, audio book or Blu-Ray you would like to take with you, just take it. When you are finished, you may bring it back. You have two options for your return. You may return it to the place where you got it, or if it is a book return it to the basket near Kayla Feltman's office. If it is a DVD, Blu-Ray or audio book the return container is near the DVD collection.

If your paperback book belongs in the Adventure, Fantasy, Fiction, Mystery, Romance, Science Fiction or Western section these titles are shelved in alphabetical order by the last name of the author. If your returning book belongs in the Alaska or History section, these books are shelved in no particular order. Audio books have two sections. Fiction audio books are shelved on the top shelf by author and Non-Fiction audio books are shelved by title on the second shelf. Blu-Rays are shelved alphabetically by title just as DVDs are.



(JANICE WILSACK, Continued from page 1)

The kids were home schooled while the family lived in Bidarki Bay. When the family moved across the lake to the town of Iliamna, the three younger siblings went to the New Halen School, while Janice continued home schooling as she was now in the 9th grade. The next year, when her sister Judith was in the 9th grade, she and Janice stayed in Homer with friends for one year, to attend the Homer High School. The next year, they both attended the Copper Valley Catholic Boarding School in Glennallen.

For her senior year they moved back to the homestead north of Kenai, and Janice attended Kenai High School and graduated in 1961. She was president of the pep club. “I had a part time job after school at Leo T. Obert's Insurance Company . I could walk to work, and a friend would pick me up after work and take me home.”

One day at work changed the rest of her life. It was Valentine's Day when her boss introduced her to a young man from Canada who was working on an oil rig out Swanson River in Sterling. A couple of weeks later, the young man showed up for a high school basketball game. “We recognized each other and chatted a bit,” she recalled.

The next time Janice saw him was at church. “He waited for me after mass, and we chatted a bit and then he asked me if I'd like to go for a coffee. And that was my first date with Duncan Wilsack.”

As it turned out, neither of them drank coffee, Duncan drank tea. After their date, he had to drive Janice ten miles north to her home. “And when I went to introduce him to my mother, I couldn't remember his name. Anyway, that was the beginning of our relationship.”

Dating in those days was a challenge. Janice recalls that Duncan lived down Swanson River Road in Sterling. “There weren't any phones. Duncan would have to drive all the way from Swanson River Road into Soldotna, then through Kenai and farther north for ten miles to get to my house each time we went on a date. None of the roads were paved, they were all dirt roads, so dating took a little planning. To go to a movie, Duncan had to drive all the way to my house, then we'd drive to Soldotna to the movie theatre, then back out to the homestead, and then Duncan would drive all the way back to Sterling.”

The planning paid off and on March 3, 1962, Janice married Duncan Wilsack. They had five daughters: Teresa, Kathleen, Deborah, Brenda, and Jolanda.

“Duncan,” she said “was always a great provider, and he hunted and fished. We ordered our clothes from Sears Roebuck and life was very low-key. We also ordered a home from a catalog out of Bay City, Michigan. It was built on one acre of my parent's homestead.”

Pictured right—Janice, her daughter Teresa and Teresa's husband John, her granddaughter Carri and her great-grandchildren Eli and Joella ❤️



Continued on page 11

KENAI SENIOR CENTER'S

Vintage Collectibles & Craft Show



November 8 & 9 ~ 10AM - 4PM

IT'S NEVER TOO SOON TO START YOUR HOLIDAY GIFT SHOPPING!

Kenai Senior Center

JEWELRY, HANDMADE SOAPS & ESSENTIAL OILS, HOME DECOR, HANDPAINTED SIGNS,
ANTIQUES, SNACK BAR, DELICIOUS BAKED GOODS, COUNTRY STORE AND MUCH MORE!

**Senior Vendors Invited- Reserve
Your Table Now!**

361 SENIOR COURT, KENAI, AK 99611
CALL 283-4156 FOR MORE INFORMATION





CENTRAL KENAI PENINSULA

A community-driven initiative ensuring all residents can access 10 vital services needed to survive AND thrive!

Medical & Dental Care | Behavioral Health | Housing Security | Transportation to Vital Services | Food Security | Parent Supports | Early Childhood Education | Community Schools | Youth Mentorship | Job Training & Postsecondary Education



We Want to Hear From You!

Take our short survey to rate how accessible vital services are in our community!

Support Local Solutions!
Help our 100% Communities
Action Teams identify:

- **ADDRESS** barriers to vital services
- **IDENTIFY** gaps and opportunities for new services
- **FIND** ways to improve scheduling and availability

Your input guides real projects and improvements in our community.

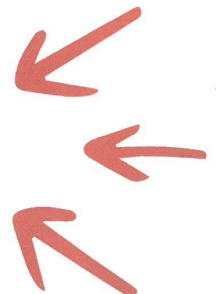
Have questions? Looking to get involved?
Contact Abby@sccalaska.com



This survey takes
approximately 5-10 minutes.

You can access the survey by
scanning the code below or
visiting:

<https://qrco.de/bg5lue>



(JANICE WILSACK, Continued from page 8)

When the children were out of school, Janice worked at Fred Braun's Sporting Goods and for Ron Malston as an engraver, and then for Audrey Johnson at Nikiski Post Office for eight years. When Duncan was diagnosed with Parkinson's Disease and Alzheimer's, she became his caregiver. He died in 2004 after forty-two years of marriage.

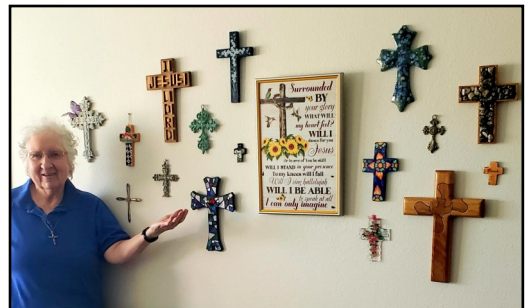
In 2015, Janice sold her home on the homestead to the Nikiski LNG Plant and moved to Kenai in Inlet Woods Subdivision. After living in her new home for 5 years, she decided it was just too big. Because she'd been a caregiver for her mother and another individual for eight years, she was familiar with Vintage Pointe Manor. She put her name on the waiting list. "It was right at the end of COVID," she said, "and five apartments became available, including the one my mother had lived in. I took it and my house sold in nothing flat. I just felt blessed."

Janice is a member of Abundant Life Assembly in Sterling. "I love it there," she said. "Our primary mission is to live the Gospel message by putting the love of Jesus on display. We want to show the world that God loves and values people."

There's another blessing for Janice on Sundays. Before church, she drives to her daughter Teresa's home in Soldotna. Then four generations; Janice, her daughter Teresa and Teresa's husband John, her granddaughter Carri and her great-grandchildren Eli and Joella all attend the same church together.

Janice's daily routine begins with Bible and devotional readings. She takes part in a Bible study group on Tuesday evening at Vintage Pointe, where she lives, and on Thursday mornings in Nikiski at The Compass. "I do this because it's so wonderful to learn about Jesus," she said. "It's wonderful to be with others who believe the same way. We all go to different churches, but we still believe the same way."

Janice is also active in several groups through the Kenai Senior Center including TOPS (Take Off Pounds Sensibly), the choir, the Widow and Widower's group, and the Caregiver's group. "Even though Duncan has been gone for twenty-one years, there are others who've lost their spouse recently. In the Widow and Widower's group and the Caregiver's group, I'm not there just for myself. It's a time that we can come together and draw strength and support from each other."



Janice emphasizes that her life has been low key, calm and peaceful. Her apartment reflects that sense of peace and calm. She has an extensive collection of unique and beautiful crosses that reflect her faith. "I've only purchased a few as people continue to bless me with them" she said. She also has a smaller collection of angels and Willow porcelain dolls, and every one was a gift.

Janice is thankful for the blessings in her life. "I'm so blessed living here at Vintage Pointe Manor. And I'm blessed living near my children, grandchildren, and great-grandchildren." She says that her ministry is to share with people that Jesus loves them. "When I share that Jesus loves them, most people say that they know that and that He loves me too. And then, sometimes, someone will say that they really needed to hear that."

Senior BENEFITS PROGRAM

**Alaska Department of Health
Division of Public Assistance**

Overview

The Senior Benefits Program pays cash benefits to Alaskan seniors who are aged 65 or older and have low to moderate income. Cash payments are \$125, \$175, or \$250 each month depending on other income. The income limits for each payment level are tied to the Alaska Federal Poverty Guidelines and change each year as the poverty level changes.

Who qualifies?

To be eligible for Senior Benefits, an individual must meet the following eligibility criteria:

- Be age 65 or older
- Be an Alaskan resident
- Be a U.S. citizen or Qualified Alien
- Have a Social Security Number or proof that one has been applied for
- Have countable income that does not exceed the income limits.

Resources, such as savings, do not count for Senior Benefits.

Income Limits, Effective 4/1/25

Senior Household Size	\$250 Monthly Payment	\$175 Monthly Payment	\$125 Monthly Payment
Individual	\$14,663	\$19,550	\$34,213
Married Couple	\$19,823	\$26,430	\$46,253

How To Apply

Complete a Senior Benefits Application (applications available online and we have them at the front desk of the Senior Center) and send them by mail, fax, or email or apply online through the Alaska Connect Portal:

<https://alaskaconnect.ilinx.com/engage/dpa>

If you have questions regarding the application or program, please see Red or Kathy at the Senior Center. We are here to help!



**CITY OF KENAI
AND
KENAI PENINSULA BOROUGH
ELECTION INFORMATION**

WHEN:	ELECTION:	WHAT:	WHERE AND WHEN?
SEPTEMBER 22 <u>through</u> OCTOBER 7, 2025	<u>City of Kenai and Kenai Peninsu- la Borough General Elections</u>	Absentee In-Person and Special Needs voting available.	City of Kenai Clerk's Office 210 Fidalgo Avenue Kenai, AK 99611 <u>Monday - Friday</u> September 22 – September 26, 2025 September 29 – October 3, 2025 October 6, 2025 Hours: 9:30am - 4:30pm
OCTOBER 7, 2025	<u>Election Day</u>		<u>Polls Open 7:00a-8:00p</u> <u>Kenai City Hall</u> /Absentee-In-Person & Special Needs <u>Kenai Precinct #1</u> /Kenai Mall <u>Kenai Precinct #2</u> /Challenger Cen- ter. <u>Kenai Precinct #3</u> /Kenai Mall

DO YOU WANT TO ARRANGE A RIDE DURING A WEEK DAY TO KENAI CITY HALL TO VOTE ABSENTEE IN-PERSON OR ARRANGE FOR A SPECIAL NEEDS BALLOT FOR SOMEONE?

DO YOU WANT TO ARRANGE A RIDE TO A KENAI PRECINCT POLLS ON OCTOBER 1 (ELECTION DAY)?

[CALL \(907\) 283-4156 EARLY TO ARRANGE A RIDE.](tel:9072834156)



Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

SEPTEMBER 2025 \$5 CLUB

Juanita Aguilar	Velda Geller	Carol Louthan	Julia Selanoff
Jess Allmon	Margaret Goggia	Mike Louthan	Marcia Shea
Ken Ayers	Bill Graves	Paula Maier	Hal Smalley
Kris Ayers	Luna Graves	Marge Milewski	Lavona Smith
Carol Barner	Jeffrey & Monica Griffin	James Miller	Cheryl Spear
Steve Best	Darrell Hagen	Kari Mohn	Bill Starnes
Sandy Bise	Lee & Phyllis Hallstead	Twyla Mundy	Sondra Starnes
Larry & Tona Bravo	June Harris	Wayne Mundy	Sheila Philips-Steiner
Patricia Bravo	Kathy Heus	Debbie Myers	Linda Stephens
Larry Burcham	Donna Hoyt	Jerry Nassen	Vivian Terry
Megan Burke	Bobbie Jedlicki	Bill Nelson	June Truelove
Barb Christian	Ginger Kaona	Lois Nelson	Terry Turner
Mike Christian	Fran Kilfoyle	Marian Nickelson	Ray Verg-in
Renee Clifford	Leanne King	Ray Nickelson	Yen-ti Verg-in
Jewell Coverstone	Henry Knackstedt	Bonnie Olson	Beverly & Don Waldrop
Rachael Craig	Mel Krogseng	Susan Olson	Frosty Walters
Walt Craig	Anita Kwan	Katie Pault	Virginia Walters
Terri Cramer	Gaye Larane	Bob Peters	Candace Ward
Deborah DeShong-Hayes	William LaTocha	Robert Peterson	Marie Weller
Dorothy Diamond	Xiaopei LaTocha	Judith Pock	John White
Shirie Drath	Hoa Le	Carol Prior	Ozella Williams
Barbara Durnil	Susan Lockwood	Biz Robbins	Janice Wilsack
Robin Feltman	Chris Lombard	Geraldine Roberson	Clayton Yoncher
Sharon Fisher	Jennifer Lombard	Trish Roderick	Emmett Young
Carol Freas	Andy Long	Gladys Routh	

Looking for something fun to do? Enjoy hanging out with others? The Kenai Senior Center is the place for you!

- **First Thursday of the Month:** Movie Afternoon 3 PM to 5PM 
- **Thursday Fun Night:** happens every second, third, and fourth Thursday of the Month from **5 PM to 9 PM:** Join us for an Accoustic Jam, card games, cribbage, and more!

Beat the blues and make your Thursdays something to look forward to. We can't wait to see you there!



- Unless purchasing a large amount for transportation or lunch tickets, we cannot break a bill over \$20.
- You are welcome to take home leftovers from your meal, but please bring your own container.
- Coffee bar and bakery dollar donations are much appreciated. Thank you for your generosity. Items from the bread table are limited to just one per person daily.

We appreciate your understanding.

Widows/Widowers



Meet Mondays at 2pm

Come share your grief with others

Its your story for you to share and we are here to support you

Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

Monday—8-11 am & After 12:00 pm

Tuesday—After 11:30 am

***Thursday—All Day**

***Friday—All Day**

*There will be an occasional meeting in the Computer Lab where it will not be available to the general public.



Halloween

EMOJI GAME



GUESS THE HALLOWEEN PHRASE WITH THE EMOJI HINTS BELOW!





FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received _____ Received by _____

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611

~Thank you for your help!

Name _____
First Middle Last

Mailing Address _____

City _____ State _____ Zip _____

Physical Address _____

City _____ State _____ Zip _____

Date of Birth _____ Home Phone _____ Cell Phone _____

Kenai Senior Center Donation Form

Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

Please make checks to Kenai Senior Center:

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)
- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

Email Address: _____

Please make checks to Kenai Senior Connection

- ☐ \$5 Club
 - ☐ monthly - \$5
 - ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Name _____ Address _____

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.



Heart Healthy

OCTOBER 2025 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

Menu is subject to change

Soup and Salad when available

Monday	Tuesday	Wednesday	Thursday	Friday
29 Tuna on Croissant Clam Chowder Seafood Salad	30 Liver & Onions Mashed Potatoes Gravy Maple Dijon Roasted Carrots Salad	1 Thai Coconut Chicken Brown Rice Red Pepper Medley Salad	2 Beef Enchilada Mexi-Corn Spanish Rice Soup	3 BBQ Pulled Pork Sandwich Parmesan Fries Coleslaw
6 Baked Potato w/ all the fixings Broccoli Muffin Soup	CITY/BORO ELECTIONS 7 Meatloaf Mashed Potatoes w/ Gravy Baked Cabbage & Carrots Salad	8 Brats w/ Sauerkraut Sweet & Sour Braised Red Cabbage Baby Red Potatoes Rolls Root Beer Floats Salad	9 Sweet & Sour Pork Stir Fry Veggies Jasmine Rice Egg Roll Soup	10 Shrimp Po Boy Sweet Potato Fries Macaroni Salad
13 Ham & Bean Broccoli Salad Corn Bread Soup	14 Biscuits & Gravy Scrambled Eggs Roasted Potatoes Sausage Links	15 Roast Turkey Mashed Potatoes w/ Gravy Green Beans Stuffing Salad Birthday Cake	16 Shrimp in Tomato Basil Sauce Brown Rice Garlic Bread Soup	17 ALASKA DAY OBSERVED on the 18th CENTER CLOSED
20 Fried Chicken Mashed Potatoes w/ Gravy Peas & Corn Soup	21 Blueberry Pecan Chicken Salad Fruit Cup Muffin	22 BBQ Ribs Baked Bean Mixed Veggies Salad	23 Spaghetti Italian Veggie Garlic Bread Soup	24 Gyros House Salad
27 Veggie Soup Chicken Salad on a Croissant Potato Salad Fruit Cup Soup	28 Thai Chicken Salad w/ Peanut Dressing Fruit Cup Muffin	29 Swedish Meatball Egg Noodles Gravy Pickled Beets Salad	30 Salmon Rice Bowl Stir Fry Veggies Egg Roll	31 Missy's Chili BBQ Pulled Pork Sandwich Coleslaw Fries Ice Cream Bars

Center Funders & Supporters

City of Kenai

Alaska Commission on Aging

Kenai Peninsula Borough

Center Volunteers

Kenai Senior Connection, Inc.

Private Donations



**City of Kenai
Kenai Senior Center**

Kenai Senior Center

361 Senior Court

Kenai, Alaska 99611

Phone: 907-283-4156

Fax: 907-283-3200

E-mail: senior@kenai.city

<https://www.facebook.com/kenaisenior/>

**Find us on
Facebook**



PLEASE
PLACE
STAMP
HERE