

# The Centerline



# November 2024



Generously  
sponsored by:



**Hilcorp Alaska**

Area Wide

**Senior Thanksgiving Luncheon**  
**Friday, November 22nd**  
**at 12pm**  
**Kenai Senior Center**

RSVP at 283-4156 or  
[senior@kenai.city](mailto:senior@kenai.city)

This year's Hilcorp Areawide Senior Thanksgiving Dinner will be recorded and featured in several productions - how exciting to be part of this celebration! Photo release forms will be available upon RSVP.

## Special Points of Interest

- Movie Afternoon—Last Holiday—November 7
- Veterans' Day Lunch—November 8
- No Host Dinner— The Treehouse—November 12
- Birthday Lunch—November 20
- Hilcorp Thanksgiving—November 22

**City of Kenai**  
**Kenai Senior Center**  
361 Senior Ct.  
Kenai, Alaska 99611  
907-283-4156  
[senior@kenai.city](mailto:senior@kenai.city)

# NOVEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> 9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 1-4:30p—Bridge
<b>4</b> 9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	<b>5</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS <b>11a—PCHS</b> Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	<b>6</b> <b>9a-Noon-Social Security</b> 9a—Growing Strong 10a—Growing Strong 11a—Noon/Bluegrass Noon— LUNCH 1p—Mexican Dominoes 1p—Writers' Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group/Family Caregiver support program	<b>7</b> 9a— Chair Yoga 9:30a—Pool 10a—Tai Chi Noon—LUNCH 1p—Pool 1-3p—Hand & Foot 1p—Cribbage <b>3p—Movie Afternoon: Last Holiday</b>	<b>8</b> 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong <b>11:30a—Veterans' Day Observed/VFW Color Guard/Kenai Civil Air Patrol Cadets</b> 1p—Wii Bowling 1-4:30p—Bridge
<b>11</b>  <b>VETERANS DAY</b>  <b>CENTER CLOSED</b> 	<b>12</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling <b>5:00p—No Host Dinner/ The Treehouse</b>	<b>13</b> 9a—Growing Strong 10a—Growing Strong 11a—Noon/Bluegrass Noon—LUNCH 1p—Card making with Kimberly 1p—Writers' Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	<b>14</b> 9a— Chair Yoga 9:30a—Pool 10a—Tai Chi Noon—LUNCH 1p—Pool 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:30p—Acoustic Jam	<b>15</b> 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 1p—Genealogy Workshop w/ Cheryl Hamann 1-4:30p—Bridge
<b>18</b> 9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	<b>19</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS 11:30a—Independent Living Center Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	<b>20</b> <b>9a-Noon-Social Security</b> 9a—Growing Strong 10a—Growing Strong <b>Noon—LUNCH/ Birthday</b> 1p—Writers' Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	<b>21</b> 9a— Chair Yoga 9:30a—Pool 10a—Tai Chi Noon—LUNCH 1p—Pool 1p—Working with Apps w/ Elizabeth Kleweno 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:30p—Acoustic Jam	<b>22</b> <b>9a—Growing Strong-Cancelled</b> 9:30a-12p—Quilting <b>10a—Growing Strong-Cancelled</b> 11:30a—HILCORP THANKSGIVING LUNCH <b>Private Rental All Afternoon Activities Cancelled</b>
<b>25</b> 9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	<b>26</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	<b>27</b> 9a—Growing Strong 10a—Growing Strong Noon—LUNCH 1p—Writers' Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	<b>28</b> <b>THANKSGIVING</b> <b>CENTER CLOSED</b> 	<b>29</b> <b>CHRISTMAS COMES TO KENAI</b> <b>CENTER CLOSED</b> 



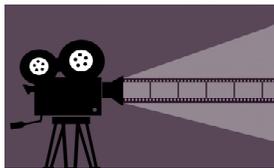
# Happy Birthday!



Day	Name	Day	Name		
1	Maurice Dorsey	12	Harry Nagasako	20	Phyllis Halstead
2	Linda Romero	12	Elaine Cessnun	20	Susan Carr
4	Elizabeth Robbins	13	Ozella Williams	21	Marian Nickelson
6	Gayle Kelly	14	Donald Essex	21	Kathy Romain
8	Helen Carlson	14	Sylvia Reynolds	22	Hal Smalley
8	Anita Kwan	15	Michael Louthan	24	Wayne Boettcher
8	Rachel Tamagni	18	Florence Struempler	28	Pierce Bassett
9	Judith Jacobs Morgan	19	Darrell Moore	28	Samuel Bird
10	BK Kivi	20	Randall Leitch	29	June Truelove
12	Gaye LaRane	20	Walter Craig	29	Laraine Aber



## Thursday Afternoon Movie November 7, 2024 at 3:00p.m.



### Now showing: Last Holiday

The discovery that she has a terminal illness prompts introverted saleswoman Georgia Byrd (Queen Latifah) to reflect on what she realizes has been an overly cautious life. So Georgia withdraws her life savings and jets off to Europe where she lives like a millionaire. Upbeat and passionate, Georgia charms everybody she meets, including renowned Chef Didier (Gérard Depardieu). The only one missing from her new life is her longtime crush Sean Matthews (LL Cool J).

### NO-HOST DINNER

**The Treehouse Restaurant**  
Tuesday, November 12, 2024

Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at The Treehouse in Nikiski.

There will be limited transportation available at a charge of **\$5.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

# dates to remember

Sunday, November 3	DAYLIGHT SAVINGS TIME BEGINS	
Tuesday, November 5	ELECTION DAY—ALASKA GENERAL 	7a-8p
Wednesday, November 6	Social Security	9a—Noon
Thursday, November 7	Movie Afternoon: Last Holiday	3:00 pm
Monday, November 11	VETERANS' DAY—CENTER CLOSED	
Tuesday, November 12	“No Host” Dinner/The Treehouse	5:00 pm
Wednesday, November 13	Card Making with Kimberly	1:00 pm
Sunday, November 17	Candle lighting Remembrance	6-8 pm
Tuesday, November 19	TOPS Weight Loss Open House	10:00 am
Wednesday, November 20	Social Security	9a—Noon
	Birthday Lunch	Noon
Wednesday, November 22	AREA WIDE HILCORP SENIOR THANKSGIVING LUNCHEON	12:00 pm
Thursday, November 28 & 29	THANKSGIVING HOLIDAY/CENTER CLOSED	

## Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm  
**Need to speak with someone in administration?**

**Director**  
**Kathy Romain**  
 (907) 283-8213 or kromain@kenai.city  
*VP Housing, Council on Aging*  
*Kenai Senior Connection, Inc.*

**Administrative Assistant**  
**Red Piersee**  
 (907) 283-8212 or apiersee@kenai.city  
*Home Delivered Meals*  
*Benefits Counseling*  
*Vintage Pointe Housing Rental*

**Activity/Volunteer Coordinator,**  
**Kayla Feltman**  
 (907) 283-8214 or kfeltman@kenai.city  
*Activities*  
*Volunteer Opportunities*  
*Senior Center Facility Rentals*

Do you need a ride or know someone who could use some meals? Maybe you'd like to pick up a meal instead of dining inside? We can help!

For Pick up Meals:  
**Call the front desk**  
**by 10:30AM\* (M-F)**  
 For pick-up at **11:30 AM. Meals must be**  
**picked up from the front desk.**



For Transportation:  
 Call the front desk at least **24 hours** in advance to schedule a ride. We will do our best, but same day transportation is not guaranteed.

Dining Room Meals (Congregate)  
 Monday-Friday 12pm-1pm  
 No reservations required  
 (Except for special events)



**STATE OF ALASKA  
GENERAL ELECTION INFORMATION**

**NOVEMBER 5, 2024**

WHEN:	ELECTION:	WHAT:	WHERE AND WHEN?
OCTOBER 21 through NOVEMBER 5, 2024	<u>State of Alaska General Election</u>	Early, Absentee In-Person, and Special Needs voting available.	<b>Division of Elections</b> <b>11312 Kenai Spur Highway, Ste 48 (Kenai Mall)</b>  <u>Monday - Friday</u> October 21—November 4, 2024 8:00am - 5:00pm  <u>Saturday</u> October 26 & November 2 10:00 a.m.—4:00 p.m.  <u>Sunday</u> October 27 & November 3 Noon—4:00 p.m.  <u>November 5, ELECTION DAY</u> 7:00 a.m.—8:00 p.m..
NOVEMBER 5, 2024	<u>Election Day</u>		<b>Polls Open 7:00a-8:00p</b>  Absentee-In-Person/Division of Elections  <u>Kenai Precinct #1/Kenai Mall</u> <u>Kenai Precinct #2/Challenger Ctr.</u> <u>Kenai Precinct #3/Kenai Mall</u>

**DO YOU WANT TO ARRANGE A RIDE DURING A WEEK DAY TO THE DIVISION OF ELECTIONS TO EARLY VOTE, VOTE ABSENTEE IN-PERSON, OR ARRANGE FOR A SPECIAL NEEDS BALLOT FOR SOMEONE?**

**DO YOU WANT TO ARRANGE A RIDE TO A KENAI PRECINCT POLL ON NOVEMBER 5 (ELECTION DAY)?**

**CALL (907) 283-4156 EARLY TO ARRANGE A RIDE.**



KENAI SENIOR CENTER'S  
Vintage Collectibles & Craft Show



November 9 -10 ~ 10AM - 4PM

IT'S NEVER TOO SOON TO START YOUR HOLIDAY GIFT SHOPPING!

# Kenai Senior Center

JEWELRY, HANDMADE SOAPS & ESSENTIAL OILS, HOME DECOR, HANDPAINTED SIGNS,  
ANTIQUES, SNACK BAR, DELICIOUS BAKED GOODS, COUNTRY STORE AND MUCH MORE!

**Senior Vendors Invited- Reserve  
Your Table Now!**

361 SENIOR COURT, KENAI, AK 99611  
CALL 283-4156 FOR MORE INFORMATION



## Calling all Mexican Dominoes Players!



Interested in playing or learning about Mexican dominoes? Please join us once a month on the first **Wednesday** of the month at 1:00pm in the card room. It's so much fun and see you there!

## Stronger Together Support Group



**Wednesdays 2 –3:30 pm**

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

## Card Making with Kim



Wednesday, November 13 at  
1:00pm Senior Center Dining Room  
Please Sign up on the bulletin board.

**Kenai Peninsula  
Wednesday,  
November 6th from  
2:00p-3:30p**



The Kenai Peninsula Family Caregiver Support Program will meet from 2:00 pm on Wednesday, November 6th in the dining room at the Kenai Senior Center w/ the “Stronger Together” Group.

Anyone interested in learning more about the services we have to offer are more than welcome to attend. For more information, please contact Dani or Lisa at 907-776-7654.



**Tuesday, November 19**

**11:30am—12:30 pm**

**Dining Room**

A Representative from the Independent Living Center will be on hand to answer questions and discuss what they can do for you to help maintain living an independent senior lifestyle.

## Nikiski Pool Transportation:

Starting Thursdays in October there will be transportation available for both AM and PM sessions at the Nikiski pool. The van will leave the center at 9:30am for the morning session and 1pm for the afternoon session. There is no transportation fee for this service but the individual is responsible for the 2\$ admission fee to the pool.



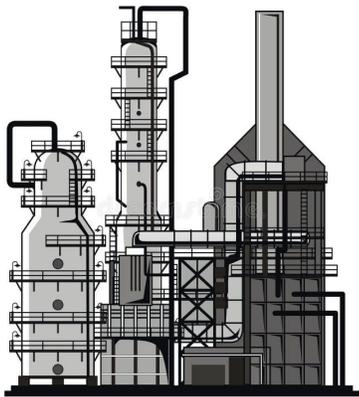
## Know your Neighbor: Tom Burg

*By: Tom Burg and Yen-it Ver-gin.*

Tom Burg is one of the Senior Center's Wednesday musicians. He sings, plays guitar and ukulele. He was born in Portland, Oregon on April 28, 1950 and has six sisters and one brother. Tom grew up on a small farm in Scappoose, Oregon. He had planned to go into the service after graduating from High School and had already taken his physical. But, two days before his 18<sup>th</sup> birthday, he was



in a bad car accident and his many injuries prevented him from going in the service. He married Pam on November 27<sup>th</sup> 1971 and they have three children. They lived in St. Helens, Oregon and Tom worked in Portland at the Jantzen Swimsuit Co. as a warehouse foreman.



In 1973 Tom accepted a job at the Reichhold Chemical plant in St. Helens and eventually bought a farm on the back roads of St. Helens. In 1977, Tom was offered a job in Kenai with UNOCAL. They sold the farm and moved to Kenai on October 27<sup>th</sup>, 1977. At the Kenai plant, Tom worked mostly in the Plant 2 Urea Plant, and wrote the majority of the SOP's (Standard Operating Procedures) for that plant. In 2001, Agrium, a Canadian company, bought the

UNOCAL complex. In December of 2004, unable to acquire a long term affordable natural gas contract, Agrium announced the closure of the plant. Tom's last day at the plant was 8/8/08.

In November of 2008, Tom joined and trained in CERT (Community Emergency Response Team). CERT assists the Fire and Police departments in times of crisis when they are overwhelmed. We help in parking, minor First Aid, Search And Rescue etc. Neighbors helping neighbors is the main theme. He also is the Vice President and Treasurer for the Kenai Peninsula chapter of the Christian Motorcyclists Association (CMA). The CMA works to "Change the World, One Heart at a Time."

*Continue on page 9*

After the plant shut down, Tom worked the next three summers removing asbestos from the Kenai plant. The third summer he received a job offer from a German company, Uhde, who builds Ammonia/Urea plants all over the world. On October 8, 2011, he went to Egypt to commission and help start-up two new plants that were under construction. He had a nine month contract but the locals started protesting and the project was suspended. He had to leave after only six weeks. But he was able to see the Sphinx and the Pyramids in Gaza. "They are amazing" he says. The following summer he ran a maintenance crew at the Kenai plant doing a feasibility study to determine if the plant could be restarted and the cost. In September, 2016, Tom went to Borger, Texas for eight months to commission a plant Agrium was building and assist with start-up. That job ended in May of 2017. That's when Tom retired.

Tom has played guitar and drums since High School. He says: "I never took any lessons so I'm not very good and I can prove it." He had a little group that got together and played the popular music of that time. "We just did it for fun" he says. His sisters started playing ukuleles so he bought one to join them. He was surprised at how easy the ukulele was to learn to play. Tom gets together with his sisters and brother every week on Zoom to play ukuleles and Farkle, a dice game. Only one person at a time can speak on Zoom so they take turns choosing the music for each week. One person selects 6 - 8 songs and sends them out to everyone, and that person leads the group.



When Tom first accepted the job in Kenai, UNOCAL wanted him to stay for at least three years to make it worth what it cost to bring him, his family, their furniture, their truck to Alaska plus an apartment and car for a month. After working almost 31 years at the plant, he's paid them back. "Alaska is our home." Tom taught guitar and ukulele classes at the Senior Center a couple of years ago. He also performs during lunch hour on Wednesday with Donna, Pierce, and Patrick for some favorite western, blue grass and popular music. He bought a 12 strings guitar in Amarillo, a town in Texas, not to be mixed up with the scaly animal, armadillo. He said the 12 string guitar produces much richer sounds.

Of course, the player behind the 12 string guitar deserves 100% credit.

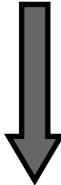


**Sunday, November 3, 2024**

**TIME CHANGE**

**Set your clocks back one hour**

Answers to October's crossword puzzle



### Waffle Bar Update



Our waffle makers are taking a break during the holiday season. Look for them in January when they return from their Christmas journeys! Thank you to Kari Mohn and Barb Christian for their early morning waffle delights!

**Friday,**

**November 8, 2024**

**Veterans' Gala**

**11:30a-1:00p,**

**Dining Room**



In honor of our veterans, there will be a color guard from the VFW 10046 and American Legion Post 20 to recognize the occasion. If you are a veteran or you have a loved one who was/is a veteran, bring a photo of you/ them in uniform and we'll proudly display them! **Kenai Civil Air Patrol Cadets** will be serving lunch to add to the celebration.

**Thursday, November 28**

**Thanksgiving Potluck**

**12:00 p.m. Dining Room**

Do you long for a full Thanksgiving without all the mess? Join your neighbors and friends at 12:00 p.m., November 23 for a delicious potluck Thanksgiving Dinner. KSC will provide the turkey, mashed potatoes and gravy. Bring a dish to share.



## LIBRARY NEWS by Virginia Walters

We rehomed the T.V. show DVDs, and Kari Mohn gifted many puzzles during the Halloween Trick or Treat so we are slowly getting some organization into the shelves again.

We have had a request for Large Print material, so if you have any LP books you need to remove to make room for more, we'll take them. Even hard backs, especially mystery or westerns.

We are creeping into the holiday season and all that busy-ness. Take a break and read a book, do a puzzle or watch a DVD. It's November!!



## Toys For Kids

Christmas is just next month! We are kicking off our "Toys for Kids" November 1! Our goal is to fill a large box with new toys for children who are attending Mountain View Elementary School. The teachers involved in this project tell us there are some children who would not otherwise get anything new for Christmas. The box will be located just inside the library/card room.



## Christmas Food Drive

The Senior Center is requesting your assistance in spreading some Holiday Cheer to our friends and neighbors by sponsoring a Christmas Food Drive. Bring non-perishable items (be sure to check the expiration date) to the Kenai Senior Center anytime between now and Friday, December 15. Items such as small canned soups, veggies, fruit, chili, canned meats, cup of noodle packs and small jars of peanut butter are all helpful items for individuals in need. Kenai Senior Connection, Inc., will be donating funds for fresh fruit to add. The food bags will be delivered during the holiday season.

If you would like to donate towards either the toys or the food drive, but would like someone else to do the shopping for you, let us know, we have shoppers available and ready to do just that!



Christmas Comes to Kenai

Friday, November 29

6:00 pm Electric Light Parade

7:30 pm Fireworks!!

The Chamber is looking for cookies for the events of the day. If you can help, drop yours off to Missy anytime this month.



# Need Food? Get SNAP!

SNAP (Supplemental Nutrition Assistance Program, also known as food stamps) provides money on a Quest Card to buy food every month. We can help you apply, renew, or check your case status for SNAP!

Call: 907-222-3119

Text "SNAP" to: 907-891-8913

Email: [snap@foodbankofalaska.org](mailto:snap@foodbankofalaska.org)

Your household may qualify for assistance if your combined monthly income is at or below these amounts  
Effective 10/1/2024 - 9/30/2025

Household Size 	Monthly Income (before taxes) 
1	\$2,038
2	\$2,767
3	\$3,496
4	\$4,225
5+	\$4,955+



FOOD BANK  
of ALASKA



This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.  
USDA is an equal opportunity provider and employer.

## Kenai Senior Connection, Inc. NEWS

by Velda Geller, Board President

November has arrived, so it's just about Halloween which everyone has a good time. We had our annual Trick or Treating event with the kids that come to the Senior Center on Thursday, October 31 between 4-7pm.

October's No-Host dinner was at the new Siam Noodles in Kenai. The server was very good help, was a very nice place, and very good food.

On our last Waffle Friday, we honored members of the National Faith and Blue. The members of the Kenai City Police department visited us during waffles, juice, and coffee. There was a lot of visiting.

City and Borough election day was in October. The Kenai Senior Center Choir presented a concert on Wednesday, October 30 and Council on Aging sponsored "a bring a friend to lunch" as well.

October is now over so time to start thinking about all you are thankful for.

Senior Connection will be asking for some groceries and toys for some families. There will be big boxes sitting in the card room to put things in.

Vintage Collectables and Craft Show is November 9-10 from 10am- 4pm at the Kenai Senior Center.

*Happy November . I will see you next month.*

*Velda*



### What's Your Story?

Got a story or a poem you want to share? Everyone has a story and some of you are even poets. Well we are looking for you to be bold and share your story. Any contribution to add to our Fundraiser project. We are calling it our "Kaleidoscope Project" Your stories can be as fun to read with a "Kaleidoscope" of topics and as colorful as the toy we used to play with. Please keep them to 1000 words and they can be poems, short stories, or songs. Pictures are also welcome. If you need help writing your story, that can be arranged. You may turn your stories into the front desk at the senior center, or send them by email to [Senior@kenai.city](mailto:Senior@kenai.city).

You may contact Virginia Walters or any other member of the KSC Writers group. Better yet, come visit us on Wednesdays at 1pm in the Computer Room.

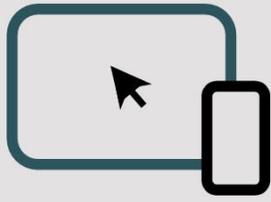


**Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!**

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

**NOVEMBER 2024 \$5 CLUB**

Kay Aber	Jeffrey & Monica Griffin	James Miller	Gary & Colleen Sonnevil
Juanita Aguilar	Darrell Hagen	Jeanie Miller	Bill Starnes
Cheryl Arrington	Lee & Phyllis Hallstead	Lee Moeglein	Sondra Starnes
Ken Ayers	Karolee Hansen	Mary Moeglein	Arlene Tachick
Kris Ayers	June Harris	Kari Mohn	Darlene Tachick
Carol Barner	Kathy Heus	Jerry Nassen	Vivian Terry
Larry & Tona Bravo	Howard Hill	Bill Nelson	Charles & Janice Thornton
Patricia Bravo	Kit Hill	Lois Nelson	June Truelove
Larry Burcham	Konrad Jackson	Marian Nickelson	Terry Turner
Renee Clifford	Bobbie Jedlicki	Ray Nickelson	Ray Verg-in
Jewell Coverstone	Peggy Jones	Susan Olson	Yen-ti Verg-in
Rachael Craig	Read Kent	Katie Pault	Beverly & Don Waldrop
Walt Craig	Fran Kilfoyle	Bob Peters	Frosty Walters
Terri Cramer	Leanne King	Robert Petersen	Virginia Walters
Elmer Curtis	Henry Knackstedt	Judith Pock	Marie Weller
Greg & Jan Daniels	Anita Kwan	Carol Prior	John White
Pamela Downing	Gaye Larane	Robert Reichert	Ozella Williams
Shirie Drath	William LaTocha	Biz Robbins	Janice Wilsack
Don Erwin	Xiaopei LaTocha	Linda Romero	Clayton Yoncher
Carol Freas	Chris Lombard	Gayle Ross	<i>If you don't see your name on this month's list, it might be time to renew your membership. We'd love to have you back! Please let us know if there is an error on our part.</i>
Velda Geller	Jennifer Lombard	Richard Ross	
Margaret Goggia	Carol Louthan	Gladys Routh	
Omer Goodman	Mike Louthan	Marcia Shea	
Bill Graves	Paula Maier	Steve & Barbara Smith	
Luna Graves	Marge Milewski	Lavona Smith	



# Working with Apps @ Kenai Senior Center

Thursday  
November 21st  
1:00pm

This workshop will help you to learn about some of the best apps for enhancing your life and having fun with your phone or tablet. We will be going over basic apps and how to download, update and uninstall apps. It is best if you bring your own device.



## Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

**Monday—8-11 am & After 12:00 pm**

**Tuesday—After 11:30 am**

**\*Thursday—All Day**

**\*Friday—All Day**

\*There will be an occasional meeting in the Computer Lab where it will not be available to the general public.



## Genealogy Workshop

Need Cheryl Hamann to help break down that brick wall, or maybe you need help organizing your research? Perhaps you are interested in learning how to get started tracking your family history? Cheryl can help! Please join her at 1:00pm on Friday, November 15 in the computer room.

Kenai Senior Connection Inc. Annual

# Doll Raffle

Just in time for Christmas

**24 handmade  
outfits complete  
with accessories!**

**\$1 Ticket or**

**6 tickets for \$5**

**located at the**

**Kenai Senior Center**



**Drawing to be held on December 23 at Lunch. Need not be present to win! ALL proceeds go to benefit the programs at the Kenai Senior Center. Doll clothes made and donated by Fran Kilfoyle.**



FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received \_\_\_\_\_ Received by \_\_\_\_\_

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

**Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611**

~Thank you for your help!

Name \_\_\_\_\_  
First Middle Last

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Physical Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

## Kenai Senior Center Donation Form

### Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

**Please make checks to Kenai Senior Center:**

**Please make checks to Kenai Senior Connection**

- Congregate Meal Program
- Transportation Services
- Home Delivered Meal Program
- Newsletter Mailing (\$10, Jan—Dec)
- Newsletter E-Mailing (Free of charge)
- Senior Activities (line dancing, exercise, road trips, etc.)

- \$5 Club
  - monthly - \$5     yearly - \$60
- Memorial Donation
- Kenai Senior Endowment Fund

Email Address: \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.

# SAFEWAY CARRS

January 31 - December 31, 2024  
Alaska Only

Spend \$20 or more of SNAP benefits on produce, and get \$20 off your next fruit and vegetable purchase with receipt tape coupon.

Any variety of fresh fruits and vegetables. Frozen foods must contain no added fats, sugars or salt.



Supplemental  
Nutrition  
Assistance  
Program

Putting Healthy Food  
Within Reach

SNAP  
Produce  
Match

## Hilcorp Area Wide Senior Thanksgiving Luncheon November 22—Noon

We're excited to share that this year, Hilcorp will be filming a portion of our Areawide Senior Thanksgiving Luncheon to share the holiday spirit in their seasonal advertising!

To participate, those attending will need to sign a photo release form, which will be available at the luncheon. Filming will be taking place in the Dining Room; however, for those who prefer not to be on camera, we'll have seating available in the overflow room.

For more information or questions, please contact Kathy at the Senior Center.



Do you have extra time and just don't know what to do about it? We can use you here at the Senior Center! We need volunteers to help with the following:

- ★ Serving Lunch
- ★ Reception Desk
- ★ Light Cleaning



Stop by the Center or call Kayla at 283-8214.

WHY DID THEY LET THE TURKEY  
JOIN THE BAND?



BECAUSE HE BROUGHT  
HIS OWN DRUMSTICKS

## Special Senior Walking Hours at the Kenai Rec Center

Looking for a safe, comfortable place to walk, rain or shine? Starting Tuesday, November 5, from **8-9 am**, the Rec Center is opening its doors on **Tuesdays** and **Thursdays** with dedicated walking hours just for seniors! The cost is \$2.50 per day—includes access to the exercise machines, sauna, and showers after walking time! Enjoy a peaceful, climate-controlled space for walking, then stay to unwind and make the most of their other amenities. It's a great way to stay active, meet friends, and enjoy the whole Rec Center experience during these wintery days. No need to register—just drop in!



# NOVEMBER 2024 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

*\*Menu is subject to change\**  
*\*Soup and Salad when available\**

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Lasagna Roll Ups Garlic Bread Salad
4 Hamburger Ragu Baked Cabbage Garlic Bread Soup	5 Green Leaf Salad w/ Chicken Blueberry Vinaigrette Fruit Cup Muffin Soup ♥	6 Swedish Meatballs Noodles Gravy Pickled Beets Salad	7 Beef Enchilada Mexican Corn Spanish Rice Chips & Salsa Soup	8 BBQ Ribs Cowboy Beans Red Pepper- Zucchini Mushroom Medley Apple Pie Ala Mode
11 <b>VETERANS' DAY            CENTER CLOSED</b> 	12 Fried Chicken Mashed Potatoes Gravy Broccoli Salad	13 Missy's Mystery Lunch 	14 Creamy Sundried Tomato Chicken Pasta Honey Carrots Garlic Bread Soup	15 Corn Chowder Reuben Creamy Cucumber Salad
18 Chili Dogs Tater Puffs Broccoli Salad Salad	19 Thai Chicken Salad w/ Peanut Dressing Muffin Soup ♥	20 Tuna on Crossiant Clam Chowder Seafood Pasta Salad Fruit Cup Salad <b><u>Birthday Cake</u></b>	21 Beef Stew Autumn Salad Cheesy Rolls Peaches & Cottage Cheese Soup	22 Turkey Mashed Potatoes Gravy/Green Beans Stuffing Jell-O Salad Cranberry Relish
25 Turkey Bacon Crossiant Sandwich w. Cranberry Cream Cheese Fruit Cup Salad	26 Asian Sweet Ginger Pork Stir Fry Jasmine Rice Egg Rolls Salad ♥	27 Loaded Baked Potato Broccoli Muffin Salad	28 <b>THANKSGIVING            CENTER CLOSED</b> 	29 <b>THANKSGIVING            HOLIDAY            CENTER CLOSED</b> 

**Center Funders & Supporters**

**City of Kenai**

**Alaska Commission on Aging**

**Kenai Peninsula Borough**

**Center Volunteers**

**Kenai Senior Connection, Inc.**

**Private Donations**



<https://www.facebook.com/kenaisenior/>

E-mail: [senior@kenai.city](mailto:senior@kenai.city)

Fax: 907-283-3200

Phone: 907-283-4156

Kenai, Alaska 99611

361 Senior Court

Kenai Senior Center

**City of Kenai  
Kenai Senior Center**

PLEASE  
PLACE  
STAMP  
HERE