

The Centerline

NOVEMBER 2022



Area Wide Senior
Thanksgiving Dinner
Friday, November 18 at 12 pm
Kenai Senior Center

RSVP at 283-4156

This year we welcome everyone back to dine in house for this beautiful tradition. Turkey, mashed potatoes, Missy's stuffing, rolls, cranberry salad, and pumpkin pie are sure to please.



Thank you to Hilcorp Alaska for their generous donation to make this possible!



Special points of interest

- No Host Dinner—Los Compadres
- Hilcorp Thanksgiving
- Craft & Collectibles Fair
- Veteran's Day Celebration

City of Kenai
Kenai Senior Center
361 Senior Ct.
Kenai, Alaska 99611
907-283-4156



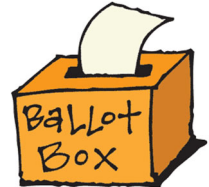
STATE OF ALASKA ELECTIONS

NOVEMBER 8, 2022 7 am—8 pm

DO YOU NEED TO ARRANGE A RIDE TO KENAI CITY HALL TO VOTE
ABSENTEE IN-PERSON? OR ARRANGE FOR A SPECIAL NEEDS BALLOT
FOR SOMEONE?

WE CAN PROVIDE A RIDE TO THE KENAI PRECINCT POLLS

CALL (907) 283-4156 TO ARRANGE A RIDE.



KENAI PRECINCT NO. 1	OLD CARR'S MALL
KENAI PRECINCT NO. 2	CHALLENGER CENTER
KENAI PRECINCT NO. 3	OLD CARR'S MALL



<https://www.facebook.com/kenaisenior/>

E-mail: senior@kenai.city

Fax: 907-283-3200

Phone: 907-283-4156

Kenai, Alaska 99611

361 Senior Court

Kenai Senior Center

Kenai Senior Center
City of Kenai

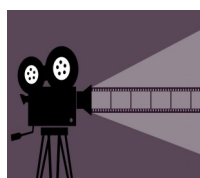
PLEASE
PLACE
STAMP
HERE

NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	2 9a-Noon-Social Security 10a—Growing Strong 11a—Noon/Bluegrass Noon—LUNCH 1p—Writers' Group 1p-3p—Quilting/Crafting	3 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5:00p-Cribbage 6:30p — Movie Night: Return to Snowy River	4 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 11a-12p—Adult Coloring Noon—LUNCH 2:30p—CENTER CLOSED—PRIVATE RENTAL
7 10a—Growing Strong 11a—Bells 11a—Spanish Class Noon—LUNCH 12:30p-4:30p—Bridge 1:00p Choir Practice 2-3:30pm Stronger Together Support Group 5p—Short Story Club	8 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	9 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p-Card making w/Kim 1p—Writers' Group 1p-3p—Quilting/Crafting	10 10a—Tai Chi 11:30a—Lunch Veterans' Day Observed /VFW Color Guard/K-Beach& Mt. View Elementary/ Honor students serving 2:30p—CENTER CLOSED	11 VETERAN'S DAY CENTER CLOSED  
14 10a—Growing Strong 11a—Bells 11a—Spanish Class Noon—LUNCH 12:30p-4:30p—Bridge 1:00p Choir Practice 2-3:30pm Stronger Together Support Group	15 10a—Tai Chi 10a—TOPS 11:30a-1p— Independent Living Center Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling 1-3p—Family Caregiver Support Group 5p—No Host Dinner/ Los Compadres	16 9a-Noon-Social Security 10a—Growing Strong 11a—Noon/Bluegrass Noon—Birthday LUNCH 1p—Writers' Group 1p-3p—Quilting/Crafting 1:30p—Charcutier Class with (Kayla's mom) Robin Feltman 3p—Sing-Spiration	17 10a—Tai Chi 11:30a—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 1-3p—Internet Basics Class w/ Elizabeth Kleweno 5:00p-Cribbage 6:30-Bluegrass	18 9:30a-12p—Quilting/ Crafting 12p —Hilcorp Thanksgiving Growing Strong, Coloring, and Wii Bowling will not be meeting on this day. Bridge will be playing in a predetermined location.
21 10a—Growing Strong 11a—Bells 11a—Spanish Class Noon—LUNCH 12:30p-4:30p—Bridge 1:00p Choir Practice 2-3:30pm Stronger Together Support Group	22 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	23 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon— LUNCH 1p—Writers' Group 1p-3p—Quilting/Crafting	24 CENTER CLOSED HAPPY THANKSGIVING 	25 CENTER CLOSED 
28 10a—Growing Strong 11a—Bells 11a—Spanish Class Noon—LUNCH 12:30p-4:30p—Bridge 1:00p Choir Practice 2-3:30pm Stronger Together Support Group	29 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	30 9:30a Kumihumo 2 with Kit 10a—Growing Strong 11a—Noon/Bluegrass Noon— LUNCH 1p—Writers' Group 1p-3p—Quilting/Crafting		

NOVEMBER BIRTHDAYS

Day	Name	Day	Name	Day	Name
1	Ed Dorsey	12	Elaine Cessnun	20	Walt Craig
4	Elizabeth Robbins	13	Ozella Williams	20	Phyllis Halstead
5	Shirley Henley	14	Donald Essex	20	Susan Carr
5	Shirley Johnsrud	14	Sylvia Reynolds	21	Marian Nickelson
6	Myrna Choat	15	Michael Louthan	22	Hal Smalley
8	Helen Carlson	16	Jane Dullum	23	Tom Kilfoyle
8	Anita Kwan	18	Florence Struempler	24	Wayne Boettcher
10	BK Kivi	19	Darrell Moore	27	Donna Mortensen
12	Mary Farmer	19	Jane Russell	28	Pierce Bassett
12	Harry Nagasao	20	Randall Leitch	29	June Truelove



Thursday Evening Movie

November 3, 2022

6:30 p.m.

Now showing: Return to Snowy River

During the 1880s, handsome young cattleman Jim Craig (Tom Burlinson), accompanied by his herd of Australian horses, returns to his hometown of Snowy River to be with his love, Jessica Harrison (Sigrid Thornton). However, Jessica's father, Harrison (Brian Dennehy), steadfastly opposes their relationship, preferring Alistair Patton (Nicholas Eadie), an egotistical banker's son, as a potential suitor. When Patton learns Jessica wants to be with Jim, he sets out to steal Jim's prized horses.

NO-HOST DINNER

Tuesday, November 15, 2022
Los Compadres

Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at **Los Compadres** in Kenai.

There will be limited transportation available at a charge of **\$5.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

dates to remember

Wednesday, November 2	Social Security	9a-Noon
Thursday, November 3	Movie Night: Return to Snowy River	6:30 p.m.
Sunday, November 6	DAYLIGHT SAVINGS TIME BEGINS	
Tuesday, November 8	ELECTION DAY — ALASKA GENERAL	7a-8p
Wednesday, November 9	Card Making with Kimberly	1:00 p.m.
Thursday, November 10	Veterans' Day Observed	11:30a
FRIDAY, NOVEMBER 11	Veterans Day — CENTER CLOSED	
Tuesday, November 15	"No Host" Dinner/Los Compadres	5:00 p.m.
Wednesday, November 16	Social Security	9a-Noon
	Birthday Lunch	Noon
	"Singspiration"	3:00 p.m.
Friday, November 18	Hilcorp Thanksgiving Luncheon	12 p.m.
THURSDAY, NOVEMBER 24	THANKSGIVING HOLIDAY — CENTER CLOSED	
FRIDAY, NOVEMBER 25	CENTER CLOSED—CHRISTMAS COMES TO KENAI	

PICK UP MEALS:

Monday through Friday at **11:30 AM**. Call the front desk by **10:30 AM** to arrange for a pickup meal.

HOME-DELIVERED MEALS:

Contact Red at 907-283-8212

DINING (CONGREGATE) MEALS

Monday—Friday 12—1 pm
No RSVP Required

FACILITY RENTAL:

Please contact Kayla at (907) 283-8214

TRANSPORTATION: Monday—

Thursday, call the front desk to schedule a ride.

DONATIONS FOR SERVICES:

Pick up Meals - \$7
60 years and older)
Home-delivered Meals - \$7
Transportation - \$5—\$10

Business Hours

Mondays 8:00am ~ 5:00pm

Tuesdays 8:00am ~ 5:00pm

Wednesdays 8:00am ~ 5:00pm

Thursdays 8:00am ~ 9:30pm

Fridays 8:00am ~ 5:00pm

Need to speak with someone in administration?

Director, Kathy Romain

(907) 283-8213 or kromain@kenai.city

Administrative Assistant, Red Piersee

(907) 283-8212 or apiersee@kenai.city

Activity/Volunteer Coordinator, Kayla Feltman

(907) 283-8214 or kfeltman@kenai.city

Benefits and Medicare Update

Fall brings upon us its own set of “to do” items. Medicare open enrollment is open from October 15 through December 7. If you need assistance with looking at new plans, please call or come and see us to set up a time to review and look at options. This is also a great time to see if you may be eligible for Medicare extra help. Medicare extra help assists with Medicare part D prescription costs and is available for low-income seniors.

October 1st (until September 30, 2023) also marks the opening of the new season for heating assistance applications. Don't be afraid to reapply now even if you still have a credit balance. The heating assistance program only counts what you are “billed”, not your account balance. Higher income levels (\$2123 for a single individual and \$2168 per couple) will provide many seniors with money to pay for rising heating costs. If you have questions or need assistance with the application process, we are here to help!

Looking for some basic computer help maneuvering the internet?



Internet Basics @ the Senior Center

Thursday
November 17
1:00pm

This workshop is for those who are new to the internet or want to build more confidence finding information online and navigating websites.

Attendees will learn about web browsers and search engines, build skills to navigate the internet, and discover tips and tricks for basic and advanced searching online.





Sunday, November 6, 2022

TIME CHANGE

Set your clocks back one hour

Card Making with Kim

Wednesday, November 9 at
1:00 pm

Senior Center Dining Room

Please sign up on the bulletin board



Thursday, November 10, 2022

Veteran's Gala

11:30a-1p,

Dining Room



In honor of our veterans, there will be a color guard from the VFW 10046 and American Legion Post 20 to recognize the occasion. If you are a veteran or you have a loved one who was/is a veteran, bring a photo of you/them in uniform and we'll proudly display them! K-Beach Elementary and Mountain View Elementary Honor Students will be serving lunch to add to the celebration.



Tuesday, November 15

11:30am—1 pm

Dining Room

A Representative from the Independent Living Center will be on hand to answer questions and discuss what they can do for you to help maintain living an independent senior lifestyle.

Kenai Peninsula Family Caregivers

**Tuesday,
November 15**

1– 3 pm

**Computer Lab
(907) 262-1280**



As lives return to “normal”, support groups are now able to start meeting again here at the Center. Dani Keschull with the Kenai Peninsula Family Caregiver Support Program will be joining on the third Tuesday of each month. If you are a caregiver and



Singspiration!

If you miss singing those old hymns you remember from years gone by, join us on **November 16** at **3:00 pm** for Sing-Spiration. You can choose the songs we sing!





Wednesday, November 16 at 1:30 p.m.

Let Robin Feltman (Kayla's Mom) show you how to make a beautiful & delicious charcuterie board for your holiday entertaining. The class is \$7.00 and you will go home with a small board of appetizers. Class limited to 6 people. Please sign up and pay at the front desk.



Waffle Bar Update

Our waffle makers are taking a break during the holiday season. Look for them in January when they return from their Christmas journeys! Thank you to Kari Mohn and Barb Christian for their early morning waffle delights!



Toys For Kids

Christmas is just next month! We are kicking off our "Toys for Kids" this month! Our goal is to fill a large box with new toys for children in need attending Mountain View Elementary School. The teachers involved in this project tell us there are some children who would not otherwise get anything new for Christmas. The box will be located just inside the library/card room.



Christmas Food Drive

The Senior Center is requesting your assistance in spreading some Holiday Cheer to our friends and neighbors by sponsoring a Christmas Food Drive. Bring non-perishable items (be sure to check the expiration date) to the Kenai Senior Center anytime between now and Monday, December 19. Kenai Senior Connection, Inc., will be donating funds for fresh fruit to add. The food bags will be delivered during the holiday season.

If you would like to donate towards either the toys or the food drive, but would like someone else to do the shopping for you, let us know, we have shoppers available and ready to do just that!

Kenai Senior Connection, Inc. NEWS

by Velda Geller, Board President



We have been so busy, you have crept up on us. We welcome you.

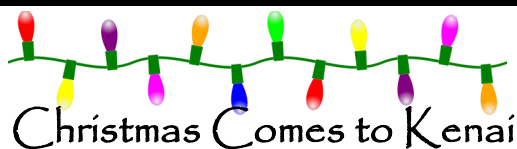
October brought our first snow for the season and weren't we all a little surprised at the amount? Being Alaskans we just deal with it and go about our business.

This last month we were blessed as our Kenai City Fire Marshall presented information about the do's and don'ts about Fire Safety. It is very comforting to know we have a fire department close by, as well as the Kenai Police Department.

The big project in October was Halloween and decorating for the fall season. Thank you to all who worked on projects whether it be the front door or the table decorations.

Kenai Senior Connection sponsored Trick or Treating at the Senior Center! There were 18 tables decorated and hosted by seniors as over 200 kids came through. A great time was had by all! Check out the Senior Center's Facebook page for highlights.

Christy Decke won the Quilt Raffle drawn on October 31. The Doll Raffle is up and going through December 19.



Christmas Comes to Kenai

Friday, November 25

6:00 pm Electric Light Parade

7:30 pm Fireworks!!

Our Seniors provide cookies each year for the Santa and Kids time during the day. Cookies are needed so if you can help out, sign up on the board.

We are looking for seniors to ride in one of our vans for the parade! Let's show some community spirit and fill a van!



Christmas Choir

Starts Monday, November 7

Practices: Each Monday @ 1p—Dining Room

**We will have
opportunity to
share our musical
talents through the
month of
December. All
voices welcome.**



HONORING VETERANS DAY

Note: This December, 1998 article from the Gettysburg Times is written about my Great Uncle Walter. He was married to my mother's Aunt Mary, who passed away in 1955. With Aunt Mary gone, the family kept him in the family because we loved him so much.

In his 1999 obituary (at age 103), it was noted Uncle Walter was born to a Mennonite family in Pennsylvania in October, 1895; he graduated from Normal School (a teacher training college) in 1917 (unallowable by Mennonite faith); went on to receive bachelor's and master's degrees from the Pennsylvania State University (Penn State); was a veteran of WWI; received the French Legion of Honor by the French government in 1998; began his teaching career in a one-room schoolhouse; following the war he taught school, as a principal, and also was a vocational agriculture teacher and advisor to a local chapter of the Future Farmers of America; served as a master teacher for several Penn State Agriculture Education students; worked in the Penn State agriculture education department; served as an advisor of vocational education in Iran (during the Shah's reign); and, received the Honorary American Farmer Degree.

Uncle Walter was a kind, gentle, and humble man; had a twinkling sense of humor; was a HUGE Penn State football enthusiast; and, always wore a dress shirt and bowtie. Best of all, he was my Uncle Walter.
~ Carol Freas

French Government Honors Area Vet for WWI Service

Robert Holt, Gettysburg Times, 1998

Toasted with glasses of golden champagne and a traditional salutatory kiss on the cheek, 103-year old Walter L. Hess received the French Legion of Honor

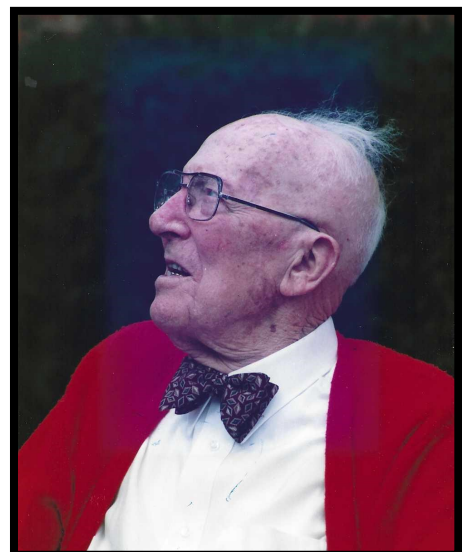
Thursday for his military service in World War I.

"Thank you very much. This is a pretty nice affair," the frail, white-haired man said after a red-ribboned Knight's Cross was pinned to his suit lapel by French Associate Consul Anne-M. Roux. "I sure am honored today," Hess told two dozen relatives and friends gathered for the small official ceremony at the Gettysburg Lutheran Home.

And 80 years after his fighting days in France, a little of the old, proud soldier that has yet to fade away showed when Hess struggled to stand at attention amid the playing of the national anthems "La Marseillaise" and "Star Spangled Banner."

Roux said Hess is among more than 300 American veterans of World War I receiving France's highest national honor during the 80th anniversary of the Armistice signed in Rethondes. She said it is a gesture to acknowledge the sacrifice by individuals and United States in helping France.

She said there is still a strong sentiment among French citizens for the "doughboy" soldiers, though it is a war hardly remembered by younger generations of Americans. "We realize the first World War was a slaughter. France and its allies lost many, many young men," the embassy official said.



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"They fought in trenches. They died of the gases. They died with the winter and cold. It was a very bad war. They fought with bayonets and within ten yards there was a German," she said.

A 22-year-old rural school teacher in Bucks County who had been raised on a Lancaster County farm, Hess was the unlikeliest of soldiers to fight in the "war to end all wars" when he boarded a train in Lancaster in May 1918 after being drafted for Army service, he knew little of living in another country, let alone fighting a foreign enemy.

Given an olive drab uniform and serial number 3106395, the Millersville native had been a soldier for 45 days when he was herded with other new recruits onto a troop ship bound for France on July 9, 1918. American soldiers were known as "Sammies" to the French who called British soldiers "Tommies."



They listened to songs like "Goodbye Broadway Hello France," "L-B-E-R-T-Y," "Goodbye Mother Machree," and "Mademoiselle from Armetiers." With the purple and white Cross of Lorraine patch on his left uniform sleeve and a wagon wheel on his right, Hess became a wagoner in Co. F 304th Engineers, 79th Division. He considered himself lucky to be among soldiers who were housed in a shed and fed four meals a day when he arrived in France.

After hearing the cursing of officers urging men to work, the young vocational agriculture teacher decided he was not suited to the brutal daily routine in the mud-filled trenches.

"I went to see the man in charge of the animals. I said, 'Listen, if you need someone here, you call on me,' Hess recalled. "He said O.K. and in a little while I was sent to him. I drove the wagon. of A four-line team, "he recalled of his driving duties in the era when wagons, mules and horses and railways were the main source

of transportation.

His first real indoctrination in to the brutal final days of the fighting came during the "Meuse-Argonne offensive from Sept. 21 to Oct. 6, 1918. "They were getting ready. We sat on the ground that night," he said in describing artillery fire before the attack. "We could read the newspaper without any problem when they shot the guns over our heads."

Hess celebrated his 23rd birthday as his unit moved from Argonne through the Trayvon Sector to Montfaucon for another showdown with German troops. Yet, like many young men who had a sense of being able to survive or escape unscathed from almost any situation, Hess said he did not feel much fear as he prepared for battle.

"I wasn't scared of anything," Hess said. "I was waiting for it to come and happen to me, but it never did."

News of the Armistice was overwhelming for many of the soldiers, Hess recalled. Some men were so happy they tossed their guns and started looking for keepsakes and spoils. "All of a sudden, some of them were underground. They were hunting for souvenirs from the battle," he said. "Later that day, they decided that they should have a going over of us – an inspection. We were all standing in the lines, but these two young men were out in the woods hunting for guns so they could be inspected," Hess added.

He was among the soldiers who remained in France as the war drew to a close. "Another soldier and I who were friends decided we were going to stick together. But he got sent to England," he recalled. "I took some long walks and met some good people."

While attending some academic classes offered by the Army while staying at Clermont-Ferrand University, Hess saw President Woodrow Wilson and other Allied dignitaries and advisers walking around the same complex in the days before the signing of the Versailles Treaty.

(Continued on Page 11)

(Continued from Page 10)

"They said we could go into every one of the buildings, except one. And that one was the one that was where everything was being set for signing of the treaty."

The president and several other men were walking across the field there," he said, also remembering the British Prime Minister David Lloyd George and the French Premier Georges Clemenceau. "I saw them all."

As the treaty was signed on June 28, 1919, Hess was preparing to return to the United States and be discharged, which happened on July 30, 1919. He was paid \$96.76 at his separation from the Army, including \$60 in bonus pay.

However, he still does not consider his 13 months of war service as heroic or exceptional. "I don't think so. It didn't seem to me," he said, adding he was surprised to hear he was receiving the Legion of Honor.

Hess and the war buddy eventually met again in the United States and they both attended Pennsylvania State University, where he earned bachelor and master's degrees. "He was a wonderful guy. He let you use his wagon if you needed it," he said while showing people a

photograph of him and the friend dressed in their old Army uniforms for a Memorial Day ceremony in the early 1920s.

Hess said his saddest memory of the war was receiving news from home that his younger sister had died during a flu epidemic. It struck him as ironic that he would survive the hazards of war, but the girl at home died of disease. "She was two years younger than me. She was a cracker jack. She knew more than I did. The officer told me that my sister had died. When he finished, I saluted with my left hand," he recalled. "I was looking forward to seeing her and being with her when I got home," he said.

In looking back upon his life, Hess expressed a sense of contentment. "I guess it's a long, full life," he said. "I never figured it would be anything but that."

Editor's Note: *May we never forget the Veterans who sacrificed their all for those who were back home and those of us who were yet to come.*



Thursday, November 24

Thanksgiving Potluck

12:00 p.m. Dining Room

Do you long for a full Thanksgiving without all the mess? Join your neighbors and friends at 12:00 p.m. for a delicious potluck Thanksgiving Dinner. KSC will provide the turkey, mashed potatoes and gravy. Bring a dish to share.

Welcome to the Kenai Senior Center!

- ★ Ready for lunch?
- ★ Did you sign in?
- ★ Where's my ticket?



Feel familiar? Confused? You're not alone. Let us explain why we do what we do! When a person comes in for lunch or any activity really, there is a two-step process.

Step 1: Sign in at the Kiosk for each activity you plan to attend (including lunch).

Why is this necessary, you might ask? This information is reported to the State of Alaska (SOA) and the Kenai Peninsula Borough (KPB). Both contribute funding to the Kenai Senior Center (KSC) budget. The KSC also receives .70 cents return on every meal provided to seniors. This funding, in addition to donations, is how the program keeps the cost of meals at just \$7.00 each. As food costs continue to rise it will be difficult to keep the cost of lunch down without the funding to support it.

Step 2: Place your meal ticket in the box.

Is this necessary? It doesn't have my name on it. For those of you paying attention yes, we did skip a step. Yes, the next step normally would be that you would purchase your lunch ticket to place in the box however part of our funding requires that we give every individual the opportunity to pay whatever they can afford - anonymously. Some of you use the box to make extra donations, thank you! **Every** donation is helpful.

Now let us put it together. We don't need your name on the ticket when you sign in at the kiosk. We already know you're getting a meal. When we count the number of meal tickets, the number of lunches served, and the number of people signing in to the Kiosk, **we are providing significantly more meals than the number of individuals that have signed in.** This costs the program lost revenue and doesn't show exactly how many people benefit from what we do. You can help us, **just by signing in.**

Starting in November, twice per week, two individuals will be chosen randomly from those who signed into the kiosk that day. The prize? As a way to say thank you for helping us to keep costs down and meet our reporting requirements here is - a lunch on us!



Don't have a key card for the kiosk? Let us get you one! Just see anyone at the front desk we will get you one. It's free!

KENAI SENIOR CENTER'S
Vintage Collectibles & Homemade Crafts Show



SATURDAY, NOVEMBER 12TH ~ 9AM - 6PM

IT'S NEVER TOO SOON TO START YOUR HOLIDAY GIFT SHOPPING!

Kenai Senior Center

INDIVIDUAL VENDOR TABLES, SNACK BAR,
BAKE SALE, COUNTRY STORE AND MUCH MORE!

Vendor tables now open to other area seniors!

361 SENIOR COURT, KENAI, AK 99611
CALL 283-4156 FOR VENDOR INFORMATION



What is the \$5 Club?

Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club**

NOVEMBER

\$5 CLUB

Juanita Aguilar	Luna Graves	Carol & Mike Louthan	Barbara Schmidt
Bob Arrington	Karolee Hansen	Paula Maier	Marcia Shea
Cheryl Arrington	Cliff Heus	Len Malmquist	Barbara Smith
Steve Best	Kathy Heus	Marge Milewski	Steve Smith
Patricia Bravo	Howard Hill	Lee Moeglein	Bill & Sondra Starnes
Larry Burcham	Kit Hill	Mary Moeglein	Buck Steiner
Glenn Clifford	Jan Hollers	Kari Mohn	Sheila Steiner
Patsy Clifford	Donna Hoyt	Molly Musgrove	Deborah Marie Stiers
Renee Clifford	Molly Jackson	Nelson Nakamura	Vivian Terry
Jewell Coverstone	Bobbi Jedlicki	Jerry Nassen	Barbara Trombley
Rachael Craig	Leanne King	Bill Nelson	June Truelove
Walter Craig	Henry Knackstedt	Lois Nelson	Beverly & Don Waldrop
Terry Cramer	Anita Kwan	Janice & Joe Nightingale	Gary Walker
Jan Daniels	Mary Ann Lamecker	Susan Olson	Marie Weller
Shirie Drath	Xiaopei LaTocha	Katie Pault	Roy & Ozella Williams
Carol Freas	William LaTocha	Robert Peterson	Janice Wilsack
Velda Geller	Chris Lombard	Carol Prior	Have we missed your name?
Omer Goodman	Jennifer Lombard	Trish Roderick	Please let us know.



LIBRARY NEWS by Virginia Walters

YAY!!! Big shout-out to Babbi Malone and Sheila Phillips Steiner for finishing the bird puzzle. Hope you got a look at it before the next one went up. Help us put together an Autumn themed one before the Christmas hoopla!!

The puzzles have been weeded and a number of them given away and otherwise donated to interested putter-togetherers. The Christmas puzzles will come out right after Thanksgiving.

We will begin a serious downsizing of the DVDs by the end of the year. Those older than 2000 will get a serious look. We will keep the classics and the others will be donated. Watch for them on the donation table in the lunch room.

IT's that time of year to settle in and read a good book or listen to the music you used to rock to. There is a good selection of both in the Library, along with audio books and DVDs.

Enjoy November !





FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received _____ Received by _____

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611

~Thank you for your help!

Name _____
First Middle Last

Mailing Address _____

City _____ State _____ Zip _____

Physical Address _____

City _____ State _____ Zip _____

Date of Birth _____ Home Phone _____ Cell Phone _____

Kenai Senior Center Donation Form

Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

Please make checks to Kenai Senior Center:

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)
- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

Email Address: _____

Please make checks to Kenai Senior Connection

- ☐ \$5 Club
 - ☐ monthly - \$5
 - ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Name _____ Address _____

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.



Heart Healthy

NOVEMBER 2022 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

Menu is subject to change

Soup and Salad when available

Monday	Tuesday	Wednesday	Thursday	Friday
31 Chili Dogs w/all the fixings Tater Puffs Root Beer Floats Soup	1 Liver & Onions Mashed Potatoes Gravy Green Beans Salad	2 Chicken Enchiladas Chips & Salsa Spanish Rice Salad	3 Biscuits & Gravy Sausage Links Scrambled Eggs Roasted Potatoes Soup	4 Cheese Burgers French Fries Cucumber Salad Salad
7 Swedish Meatballs Egg Noodles Gravy Pickled Beets Soup	8 Orange Beef Stir Fry Veggies Teriyaki Noodles Egg Roll Salad	9 Southern Fried Pork Chops Scalloped Potatoes Autumn Veggies Salad	10 Roast Beef Mash Potatoes Gravy Zucchini/ Mushroom Medley Soup	11 VETERANS' DAY CENTER CLOSED
14 Clam Chowder Tuna on Rye Seafood Pasta Fruit Cup	15 Chicken Ceasar/ Salad Marinated Veggies Fruit Cup 	16 Loaded Baked/ Potato Broccoli Spears Birthday Cake Salad	17 Sundried Tomato/ Chicken Wrap Potato Salad Chips	18 Hilcorp Thanksgiving Turkey Mashed Potatoes Gravy Cranberry Relish Pumpkin Pie
21 Sweet & Sour Pork Stir Fry Veggies Rice Egg Roll Soup	22 Taco Salad Mexi Corn Chips/Salsa Salad 	23 Baked ham Cheesy Potatoes Carrots/Cabbage Salad	24 Thanksgiving POTLUCK 	25 CENTER CLOSED
28 Teriyaki Chicken Cowboy Beans Buttered Corn Soup	29 Liver & Onions Mashed Potatoes Gravy Green Beans Salad	30 Spicy Peanut Chicken/Noodles Broccoli Florets Salad 	1 Spaghetti & Meatballs Italian Veggies Garlic Bread Soup	2 Cheese Burger Fries Peaches Salad

Short Story.

CLUB

FIRST MEETING

Monday, November 7th at 5:00 pm

Kenai Senior Center Computer Lab

The link to this month's story (Lamb to the Slaughter) by Roald Dahl has been sent to those who signed up. It is recommended to have a printed copy with you at the meeting; if you are unable to print a copy, copies are available in a folder in the Computer Lab.

We will be joining the Moose Pass Short Story Club via Zoom to get a feel for how these clubs operate. Future meetings of our group may or may not be in conjunction with the MP group, depending on a consensus of our members.

Even if you didn't sign up previously, please feel free to join us....I look forward to seeing you there!

Jerry Nassen



To laugh often and much;
To win the respect of intelligent
People and the affection of children;
To earn the appreciation of honest
Critics and endure the betrayal of false
friends; To appreciate beauty, to find
the best in others; To leave the world a
bit better, whether by a healthy child, a
garden patch or a redeemed social con-
dition; To know even one life has
breathed easier because you have lived.
This is to have succeeded.

Ralph Waldo Emerson

Thanksgiving

EMOJI Pictionary

GUESS THE FALL WORD OR PHRASE! MOST CORRECT WINS.

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