

The Centerline

MAY 2023

Mother

By Vivian Terry

*Dear mother mine I take in hand
My pen to write some lines.*

*On this a special day each year
For us to re-define...*

*Our feelings and our thoughts of you,
Our actions and our deeds...*

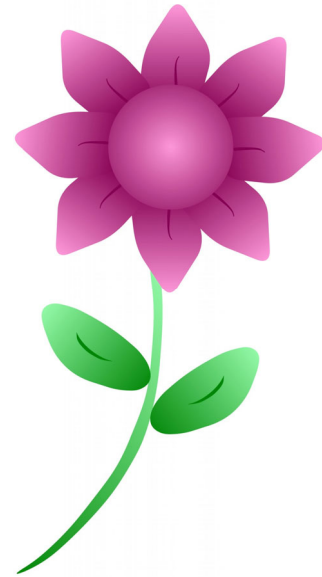
*For you yourself did give to us
When we were such in need.*

*And lo, for us those days are spent...
The years have rolled along.*

*The babe, the toddler, teen-age years
Have come and long since gone.*

*We honor you, our Mother dear, who
Gave us life and health,*

*That in your children; grand; and great,
You'll find in us your wealth.*



Special Points of Interest

- No Host Dinner—Magpye's
- Afternoon High Tea
- Mother's Day Luncheon
- Genealogy Workshop with Cheryl
- Thursday Nights Start Again!

City of Kenai
Kenai Senior Center
361 Senior Ct.
Kenai, Alaska 99611
907-283-4156
senior@kenai.city



**City of Kenai
Kenai Senior Center**

Kenai Senior Center

361 Senior Court

Kenai, Alaska 99611

Phone: 907-283-4156

Fax: 907-283-3200

E-mail: senior@kenai.city

<https://www.facebook.com/kenaisenior/>

**Find us on
Facebook**



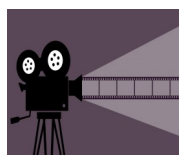
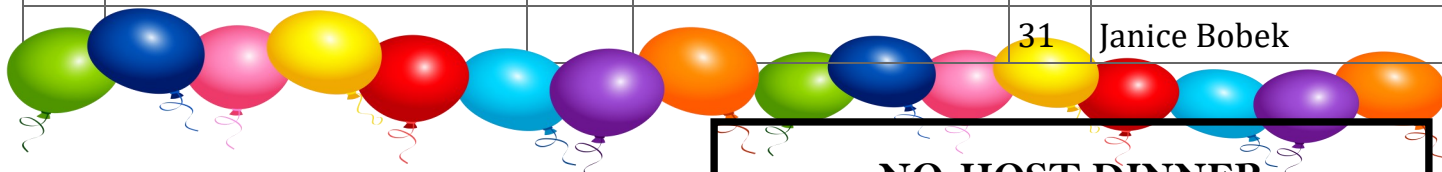
PLEASE
PLACE
STAMP
HERE

MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 2:00p—Ukelele Group 2-3:30p Stronger Together Support Group	2 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling 4p—Short Story Club	3 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p—Writers’ Group 1p-3p—Quilting/Crafting	4 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot 5p—Cribbage 6:30p— Movie Night: Holiday in the Wild	5 9a—Growing Strong 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 11a—”Grow with Me” with Steve Latz Noon—LUNCH 1p—Wii Bowling 1-4:30p—Bridge
8 9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Basic Calligraphy 2p—Ukelele Group 2-3:30p Stronger Together Support Group	9 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	10 9a—Growing Strong 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p-Card making w/Kim 1p—Writers’ Group 1p-3p—Quilting/Crafting 3:00p—Afternoon High Tea	11 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot 3p—Council on Aging 4p—Short Story Club 5p—Cribbage 6:30p—Bluegrass	12 9a—Growing Strong 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 11a-12p—Adult Coloring 11:30a—Mother’s Day Luncheon 11a—”Grow with Me” with Steve Latz 1p—Wii Bowling 1-4:30p—Bridge
15 9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Basic Calligraphy 2p—Ukelele Group 2-3:30p Stronger Together Support Group	16 10a—Tai Chi 10a—TOPS 11:30a-1p Independent Living Center Noon—LUNCH 12:30-1p—Bingo 1p—CLEAN UP DAY 12:30-4:30p Pinochle 1p—Wii Bowling	17 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Noon/Bluegrass Noon— LUNCH/Birthday 1p—Writers’ Group 1-3p—Family Caregiver Support Group 1p-3p—Quilting/Crafting 3p—Sing-Spiration	18 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot 1-3p—Chromebooks Class w/ Elizabeth Kleweno 1:30p—All about the Knots (Macramé knots) 5p—Cribbage 6:30p—Bluegrass	19 9a—Growing Strong 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 11a-12p—Adult Coloring 11a—”Grow with Me” with Steve Latz Noon—LUNCH 1p—Wii Bowling 1p—Genealogy Workshop w/ Cheryl 1-4:30p—Bridge
22 9a—Growing Strong 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1p—Basic Calligraphy 2p—Ukelele Group 2-3:30p Stronger Together Support Group	23 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling 1:30p—Wine bottle birdbath/ feeders 5p—No Host Dinner/ Magpye’s	24 9a—Growing Strong 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p—Writers’ Group 1p—Choir Practice 1p-3p—Quilting/Crafting	25 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot 5p—Cribbage 6:30p—Bluegrass	26 8-10a Waffle Day 9a—Growing Strong 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 10a—Senior Connection 11a-12p—Adult Coloring 11:30—Lunch/ Memorial Day Observed Program 1p—Wii Bowling 1-4:30p—Bridge
29 MEMORIAL DAY CENTER CLOSED	30 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	31 9a—Senior Health and Fitness Day 9a—Growing Strong 10a—Growing Strong CANCELLED TODAY 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p—Writers’ Group 1p—Choir Practice 1p-3p—Quilting/Crafting		

Happy Birthday!

Day	Name	Day	Name	Day	Name
1	Mary Jane Lewis	11	Yookyung Um	22	Jeannine Hunt
1	Jeanette Desimone	12	Yen-ti Verg-in	23	Patricia Bravo
2	Kathy Huggins	13	Deborah Meyers	23	Bernie Ruckhardt
3	Larry Burcham	14	Dani Kebschull	23	Gary Lindquist
4	Kathy Wallace	14	Barbara Trombley	24	Robert Hollis, Jr.
5	Audrey Little	15	John Trent	25	Glenn Clifford
5	Lois Nelson	16	June Harris	25	Deaphon Alexia
6	Ruth Osborne	16	Geraldine Meeks	26	Janyne Craig
7	Dave Thompson	16	Ernest DeBaca	27	Rosemary Anowlic
7	Elaine Torres	16	Gwen Klawunder	28	Sherry Henderson
7	Sue Carter	17	Franz Plagge	29	Sheila Phillips Steiner
9	John Williams	19	Mary-Jean Ivy	29	Lawrence Semmens
9	Shirie Sue Drath	20	Stephen Smith	30	Rachael Craig
11	Terry Cramer	21	Jennifer Paramore	30	Debra Thomas
				31	Janice Bobek



**Thursday Evening
Movie**
May 4, 2023
6:30 p.m.

Now showing: Holiday in the Wild

After her husband ends their marriage, Kate embarks on a solo second honeymoon in Africa. There, she and Derek, a pilot, rescue a baby elephant. While nursing the elephant back to health, Kate discovers how much she loves her new surroundings.

NO-HOST DINNER

Magpye's
Tuesday, May 23, 2023

Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at **Magpye's** in Sterling.

There will be limited transportation available at a charge of **\$7.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

dates to remember

Wednesday, May 3	Social Security	9a–Noon
Thursday, May 4	Movie Night: Holiday in the Wild	6:30 pm
Friday, May 5	Cinco de Mayo	
Wednesday, May 10	Card Making with Kimberly	1:00 pm
	Afternoon High Tea	3:00 pm
Thursday, May 11	Council on Aging	3:00 pm
Friday, May 12	Mother's Day Luncheon	11:30 pm
Wednesday, May 17	Social Security	9a—Noon
	Birthday Lunch	11:30 am
	Sing-Spiration	3:00 pm
Tuesday, May 23	"No Host" Dinner /Magpye's	5:00 pm
Friday, May 26	Waffle Friday	8-10 am
	Kenai Senior Connection, Inc. Meeting	10:00 am

Do you need a ride or know someone who could use some meals? Maybe you'd like to pickup a meal instead of dining inside. We can help! Use the contacts below for more information.

PICK UP MEALS:

Monday through Friday at **11:30 AM**. Call the front desk by **10:30 AM** to arrange to pick up a meal.

HOME-DELIVERED MEALS:

Contact Red at 907-283-8212

DINING (CONGREGATE) MEALS

Monday—Friday 12—1 pm
No RSVP Required

FACILITY RENTAL:

Please contact Kayla at (907) 283-8214

TRANSPORTATION: Monday—Thursday, call the front desk to schedule a ride.

DONATIONS FOR SERVICES:

Pick up Meals - \$7
60 years and older)
Congregate Meals—\$7
Home-delivered Meals - \$7
Transportation - \$5—\$10



Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm

Need to speak with someone in administration?

Director, Kathy Romain

(907) 283-8213 or kromain@kenai.city

Administrative Assistant, Red Piersee

(907) 283-8212 or apiersee@kenai.city

Activity/Volunteer Coordinator, Kayla Feltman

(907) 283-8214 or kfeltman@kenai.city

Card Making with Kim

Wednesday, May 10 at 1:00pm

Senior Center Dining Room

Please sign up on the bulletin board



Stronger Together Support Group



Mondays 2 –3:30 pm

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

Short Story. CLUB

The **SHORT STORY CLUB** will be meeting
Thursday, May 11 at 4:00 pm in the
Computer Lab.

They Club will be discussing “**Pigs Is Pigs**” by **Ellis Parker Butler**. Copies are available in the Computer Lab. Please feel free to join us! See Jerry Nassen for more information.

Waffle Bar

Waffles will be offered on the last **Friday** of **every month** from 8-10:00 am. Come in for coffee, juice, and a hot waffle for just \$3. You may bring your own goodies to add to your waffle. No need to sign up. Just show up and enjoy this special treat.



Tuesday, May 16

11:30am—1 pm

Dining Room

A Representative from the Independent Living Center will be on hand to answer questions and discuss what they can do for you to help maintain living an independent senior lifestyle.

Kenai Peninsula Family Caregivers

Wednesday,

May 17

1– 2 pm

Computer Lab

(907) 262-1280



A representative with the Kenai Peninsula Family Caregiver Support Program will be joining on the third Wednesday of each month. If you are a caregiver and can use support from others, please come and join in.



Tuesday, May 16

1:00 pm

It's that time of year when the snow disappears (finally!) and we get to see what has accumulated over the winter months. We could use your help to get our grounds ready for the summer season. Whether it's pickup up some litter or using a rake, come out and get some exercise too! Sign up on the board if you plan to attend.

Kenai Senior Connection, Inc. NEWS

by Velda Geller, Board President

After a long winter, I believe summer is on its way! As we look back, the Connection has been very busy. After Christmas, New Year's Day, Valentine's Day, the Connection began its work planning for its major fundraiser of the year: March for Meals.

The event committee was busy for several months planning which culminated in a very successful evening — a big crowd and an evening of enjoyment. With the energy and assistance from all who participated, the Connection's goal for the event was met. Thank you all very much!

At its last meeting, the Connection board scheduled next year's March for Meals for Friday, April 5, 2024 with the "Spirit of 007" as its theme. So, mark your calendar and start planning your "look" for the evening!

Remember Mother's Day and Memorial Day are coming up with the promise of long, warm, and sunny (keep your fingers crossed!) summer days. And, whether you have a garden, go fishing, or are having company, we hope you have a lovely summer.



Genealogy Workshop

Friday, May 19

At 1:15pm in the Computer Room

Need help breaking down that brick wall, or maybe you need help organizing your research? Perhaps you are interested in learning how to get started tracking your family history? Cheryl can help! Please join her at 1:15pm on Friday, May 19 in the computer room.

Exercise classes are held from 10:00—10:45 am every weekday morning. The Dining Room is available during this time for coffee and quiet conversation. Please be mindful.





BASIC CALLIGRAPHY

With Biz Robbins

Interested in learning basic calligraphy. Biz can teach you the Round hand and Chancery Cursive/Italic alphabets. Perhaps even the Gothic alphabet too. Calligraphy can be useful in making cards, signs, original artwork and other lettering projects

Please join us every Monday in May and June (except June 8) at 1:00p in the Computer Lab.

Please sign up at the bulletin board.



CHOIR Rehearsal

Starting Wednesday, May 24 at 1:00pm in the dining room. We will be working on patriotic songs for a concert on June 30.



ATTENTION all wannabe Ukulele Players!

If anyone is interested in playing or learning Ukulele please join us every Monday at 2:00pm in the Computer lab.

Hope to see you



Mother's Day Lunch

Friday, May 6

This will be a special day with a salute to our mothers. We are going to play a "guess who's mother is it?" game, and enjoy a lovely Missy lunch celebrating mothers.

Do you have a photo of your mother you would like to share? Bring it to lunch and a table will be available where it can be placed for everyone's enjoyment.



Thursday, May 18

At 1:30pm in the Craft Room

All about the Knots (Macramé Knots) with Carol

Who wants to learn more about macramé knots. Carol Prior will teach us simple knot designs for future macramé projects. The cost is \$6 per person, limited to 8 individuals. Please sign up and pay at the receptionist desk.

Memorial Day (Observed)

Friday, May 26 at 11:30a

Join together to remember past service people, and those presently serving, deployed or at home. If able, wear a red shirt in support of our troops, past or present. The American Legion Honor Guard will be here to open the program.



Wine Bottle Birdbath/Feeder

Tuesday, May 23 at 1:30p

Who's loves birds in their yards?

The birdbath/feeder we will be constructing will attract the little guys all year round in your yard.

The bird bath/feeder is also a beautiful garden decoration. The cost is \$8 per person and the class is limited to 6 individuals. Please sign up and pay at the front desk.

LIBRARY NEWS by Virginia Walters

We have received a big donation of movies, both VCR and DVD. We don't usually keep the VCRs anymore, but this time it was a 'bunch' of John Wayne movies, and the DVDs also contained several different John Wayne movies, including a collection of some old ones, not all western. They are below the T.V. screen on the west wall. Enjoy!

Also in this donation were collections of some old movies: "The Thin Man", "Dark Crimes". "Complete Sherlock Holmes", and : "Family Classics". These are stacked on top of the 'documentary' area.

Hey! It's MAY. Any day now the snow will be gone and we will be complaining about the heat!





Our Bizhub Copier was donated by

KENAI SENIOR CONNECTION, INC.

So,.... all copy/fax charges are given back to the Connection to save for the next Bizhub purchase.

The Senior Center pays for the maintenance contract and paper for the copier.

Charges for each use:

Black and White Copies **.10 per side**

Color Copies **.25 per side**

Faxing **\$1.00 per fax**



“Grow with Me” with Steve Latz

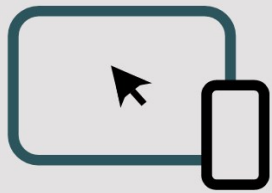
Interested in learning about gardening? Please join us every Friday at 11:00 am in the dining room/solarium to learn more about growing flowers and vegetables from seed. We will be utilizing these plants in our greenhouse and flowers around the Center. April topics include earth boxes, ventilation, light sources, fertilizer, growing mediums, greenhouses, high tunnels, seed starting germination methods and technique. Seeds that we will be starting are kohlrabi, broccoli, cabbage, kale, dill, cauliflower, Livingston daisy (ice plant), alyssum, cilantro, basil, calendula, bachelor button, stock, nasturtium, and godetia. Have you considered planting a row for the Kenai Senior Center? Please talk with me to arrange growing the starts for you.

Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

MAY		\$5 CLUB	
Juanita Aguilar	Luna Graves	Carol & Mike Louthan	Steve Smith
Robert Arrington	Jeffrey & Monica Griffin	Paula R. Maier	Bill Starnes
Cheryl Arrington	Darrell Hagen	Len Malmquist	Sondra Starnes
Ken & Kris Ayers	Marilyn Hallstrom	Marge Milewski	Buck Steiner
Marilyn Bannock	Karolee Hansen	Kari Mohn	Sheila Steiner
Roscoe Barrett	Kathy Heus	Nelson Nakamura	Deborah Marie Stiers
Vera Barrett	Howard Hill	Jerry Nassen	Linda Swarner
Steve Best	Kit Hill	Bill Nelson	Darlene Tachick
Patricia Bravo	Donna Hoyt	Lois Nelson	Vivian Terry
Larry Burcham	Joe Huard	Marian Nickelson	Charles & Janice Thornton
Glen Clifford	Molly Jackson	Ray Nickelson	June Truelove
Renee Clifford	Bobbi Jedlicki	Janice & Joe Nightingale	Terry Turner
Jewell Coverstone	Peggy Jones	Susan Olson	Ray Verg-in
Rachael Craig	Read Kent	Katie Pault	Yen-ti Verg-in
Walt Craig	Fran Kilfoyle	Robert S. Peterson	Arnold Waggaman
Terry Cramer	Leanne King	Judith (Kent-Hunter)Pock	Delores Waggaman
Dave & Allison Darsey	Henry Knackstedt	Carol Prior	Frosty Walters
Shirie Drath	Gina Kuntzman	Biz Robbins	Virginia Walters
Barb Dudley	Anita Kwan	Trish Roderick	Marie Weller
Carol Freas	William LaTocha	Gladys Routh	Ozella Williams
Velda Geller	Xiaopei LaTocha	Marcia Shea	Roy Williams
Margaret Goggia	Hoa Le	Hal Smalley	Janice Wilsack
Omer Goodman	Chris Lombard	Susie Smalley	Clayton Yoncher
Bill Graves	Jennifer Lombard	Barbara Smith	





Android Basics @ the Senior Center

Thursday
May 18th
1:00pm

This workshop is for those who have a new Android mobile device, or are considering getting one, and want to learn more about the basic functions. It will support attendees to get connected, identify common apps, and build confidence in using their device safely.



Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

Monday—8-11 am & After 12:00 pm

Tuesday—After 11:30 am

***Thursday—All Day**

***Friday—All Day**

* There will be an occasional meeting in the Computer Lab where it will not be available to the general public.

Exercise Class x 2?

The 10:00 am class on M,W, and F is rapidly outgrowing the space, so you now have the option to attend class at 9 and 10 am. Kudos to the early birds!

Singspiration

So many churches no longer use hymnals or sing the old favorites. If this is something you miss, please join Donna at the piano on Wednesday, May 17 for a good ole' fashioned hymn-sing!



FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received _____ Received by _____

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611

~Thank you for your help!

Name _____
First Middle Last

Mailing Address _____

City _____ State _____ Zip _____

Physical Address _____

City _____ State _____ Zip _____

Date of Birth _____ Home Phone _____ Cell Phone _____

Kenai Senior Center Donation Form

Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

Please make checks to Kenai Senior Center:

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)
- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

Email Address: _____

Please make checks to Kenai Senior Connection

- ☐ \$5 Club
 - ☐ monthly - \$5
 - ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Name _____ Address _____

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.

Senior Health and Fitness Day

@ The Kenai Senior Center!

**Come join us for a Community
Walk and Health Information
Fair!!**

*(We'll be walking from the Senior Center
to the Visitor's Center and back.)*

Wednesday, May 31, 2023

Check-in @ 9AM

Warm-up @ 9:45AM

Walk/Run begins @ 10AM

**Register at the Front Desk at Senior
Center or Call (907) 283-8214**



**Lunch served
11:30-12:30pm**

- 60+ Years Old -\$7 suggested donation
- Under 60 Years Old -\$14

 **Alaska Community Care**



Heart Healthy

MAY 2023 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

Menu is subject to change

Soup and Salad when available

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Clam Chowder Seafood Pasta Salad Melon Muffin</p>	<p>2</p> <p>Baked Ham Scalloped Potatoes Acorn Squash Salad</p>	<p>3</p> <p>Rosemary Ranch Chicken Thighs Mashed Potatoes Gravy Mixed Veggies Salad</p>	<p>4</p> <p>Spaghetti & Meatballs Italian Veggies Garlic Bread Soup</p>	<p>5</p> <p>Baja Chicken Tacos Black Bean & Tomato Salad Chips & Salsa</p>  
<p>8</p> <p>Ham & Bean Soup Broccoli Salad Jalapeno Cornbread</p>	<p>9</p> <p>Chicken Asian Salad Rice Noodles Fruit Cup Muffin Salad</p> 	<p>10</p> <p>Swedish Meatballs Noodles Pickled Beets Salad</p>	<p>11</p> <p>Huli Huli Chicken Legs Bacon Roasted Potatoes Hawaiian Macaroni Salad Soup</p>	<p>12</p> <p>Cornish Game Hen Mashed Potatoes Gravy & Stuffing Fruit Salad Strawberry Shortcake</p>
<p>15</p> <p>Meatloaf Mashed Potatoes Gravy Capri Veggies Soup</p>	<p>16</p> <p>Chef Salad Watermelon Bran Muffin</p> 	<p>17</p> <p>BBQ Ribs Buttered Corn Cowboy Beans Salad Birthday Cake</p> 	<p>18</p> <p>Beef Enchilada Spanish Rice Mexi-Corn Soup</p>	<p>19</p> <p>Ham & Swiss with Bacon Sandwich Spicy Apricot Aioli Broccoli Salad</p>
<p>22</p> <p>Minestrone Soup Rueben on Rye Potato Salad</p>	<p>23</p> <p>Taco Salad Chips & Salsa</p>	<p>24</p> <p>Fried Chicken Mashed Potatoes Gravy Zucchini Salad</p>	<p>25</p> <p>Chicken Chow Mein Stir-Fry Veggies Egg Roll Soup</p> 	<p>26</p> <p>Asian Burger w/ Hoisin Ketchup & Garlic Chili Mayo Sweet Potato Fries Salad</p>
<p>29</p> <p>MEMORIAL DAY CENTER CLOSED</p>	<p>30</p> <p>Liver & Onions Mashed Potatoes Gravy Brussels Sprouts</p>	<p>31</p> <p>Veggie Soup Tuna on Rye Fresh Fruit Chips Salad</p> 	<p>1 (June)</p> <p>Garlic Lemon Chicken Thighs Roasted Potatoes Cabbage & Carrots</p>	<p>2</p> <p>Pizza Strawberry/ Orange Spinach Salad</p>



YOU'RE INVITED TO AN

AFTERNOON HIGH TEA

At Kenai Senior Center Dining Room
361 Senior Court

ON WEDNESDAY, MAY 10, 2023 at 3:00 p.m.

PLEASE BRING YOUR FAVORITE FANCY COOKIES TO SHARE

Kenai Senior Center 2023 Client Satisfaction Survey

Each year the Kenai Senior Center (KSC) seeks client input to help shape the services provided by the Center. The State of Alaska and other entities require the KSC to provide these finding when applying for program funding. To make sure your feedback is acknowledged, please complete the survey in its entirety. All information gathered is kept confidential.

Please check all programs/activities that you have participated in this year:

<input type="checkbox"/>	Arts/Crafts	<input type="checkbox"/>	Classes/Workshops	<input type="checkbox"/>	Health/Fitness
<input type="checkbox"/>	Congregate Meals	<input type="checkbox"/>	Events	<input type="checkbox"/>	Entertainment
<input type="checkbox"/>	Home-Delivered Meals	<input type="checkbox"/>	Trips	<input type="checkbox"/>	Volunteer Opportunities
<input type="checkbox"/>	Transportation	<input type="checkbox"/>	Medicare Counseling	<input type="checkbox"/>	Information and Assistance

What year were you born? _____

1. How often do you eat lunch at the KSC?

- ☐ 4+ times per week
- ☐ 1-3 times per week
- ☐ Occasionally
- ☐ Never
- ☐ No Answer

2. How often do you receive Home-Delivered Meals?

- ☐ 4+ times per week
- ☐ 1-3 times per week
- ☐ Occasionally
- ☐ Never
- ☐ No Answer

3. Please rate the quality of meals you received:

- ☐ Excellent
- ☐ Good
- ☐ Fair
- ☐ Poor

4. What is your favorite meal served? _____

5. Do you use KSC Transportation services and if so, how often?

- ☐ 4+ times per week
- ☐ 1-3 times per week
- ☐ Occasionally
- ☐ Never
- ☐ No Answer

6. Do you feel that all KSC staff have your safety as their main priority?
___ All of the time
___ Some of the time
___ Most of the time
___ None of the time
7. Are the KSC vehicles and facility always clean?
___ All of the time
___ Some of the time
___ Most of the time
___ None of the time
8. Do you feel that services provided by the KSC help maintain or increase quality of life and the ability to age in place?
___ All of the time
___ Some of the time
___ Most of the time
___ None of the time
9. How would you rate your overall quality of services received from the KSC?
___ Excellent
___ Good
___ Fair
___ Poor
10. What activities do you enjoy participating in at the KSC?

_____.
11. What activities would you like to see provided at the KSC?

_____.
12. Do you have any cost saving ideas for the Center?

_____.
13. Comments: _____

_____.

**Please return your survey to the front desk.
Thank you – We value your input!**



Mother's Day



Word Scramble

1. SMOEMERI _____
2. EWSTE _____
3. RADC _____
4. IDNK _____
5. EPASCLI _____
6. GUSH _____
7. FSIGT _____
8. EOLV _____
9. OTSHEMR ADY _____
10. ORSLWFE _____
11. SESKSI _____
12. LNHDCRIE _____
13. TECOLOHCA _____
14. YANCD _____
15. GRACNI _____