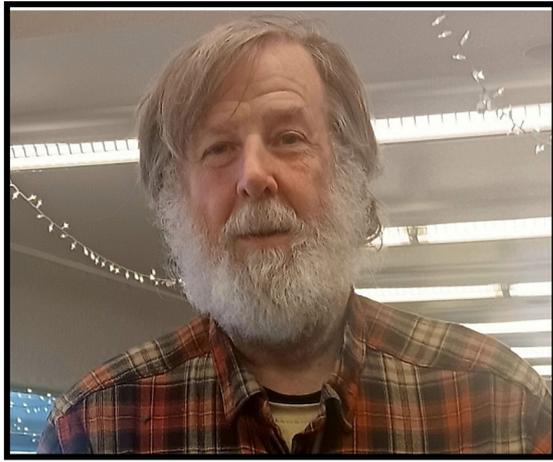


# The Centerline



**Know your Staff: Mark Fitt**  
**By: Annie Lee**

I'd like to introduce you to Mark Fitt, a relatively new employee at the Kenai Senior Center and he decided upon retiring to help seniors in this area by driving the Kenai Senior Center Bus.

If you do not take van rides with the Kenai Senior Center you might not recognize who Mark Fitt is but he is occasionally in the dining area to share a lunch or to deliver meals to the table of those seniors enjoying lunch at the center. He is tall of stature, well over 6 feet in height and you can't miss him.

If you do take the Senior transportation, do you know this bus driver that might be bringing you to the Senior Center by name. It's all about Senior Alaskans serving Other Senior Alaskans. Mark Fitt is the Wednesday and Thursday bus driver for the Kenai Senior. As I said, he is a senior retiring from oil field work and has been in Alaska for some time and has decided to help those seniors in need by driving the van to help those with daily needs for medical rides and to and from home to the Kenai Senior Center.



Mark is tall in height but is an extremely gentle and caring gentle giant towards the seniors. Mark has a heart of gold and a caring attitude towards those riding the van for transportation. If you get a chance have a chat with one of the centers most recognized bus drivers when he's in the dining room for lunch or to give you a ride for your needs.

## Special Points of Interest

- Movie Afternoon—Love Comes Softly—Mar. 5
- No Host Dinner—Siam Noodles — Mar. 9
- St. Patrick's Day Luncheon—Mar. 17
- BIRTHDAY Lunch—Mar. 18
- March for Meals Fundraiser—Mar. 27

**City of Kenai**  
**Kenai Senior Center**  
361 Senior Ct.  
Kenai, Alaska 99611  
**907-283-4156**  
**senior@kenai.city**

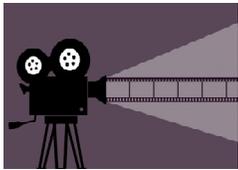




# Happy Birthday!



Day	Name	Day	Name	Day	Name
1	Betty Osborn	11	Randi Smith	21	Patricia Truesdell
3	Ken Ayers	12	Reed Knackstedt	21	Scott Morgan
4	Kristi Ayers	12	Victoria Askin	21	Dawn Lesterson
6	Robin Feltman	13	Renee Clifford	23	Linda Schwanke
7	Brenda Zubeck	13	Leon Marcinkowski	24	Douglas Norbeck
7	Charles Maier	13	Janet Normandy	24	Michael Sounart
7	Delores Wagaman	15	Darrell Hagen	25	Chris Wehr
8	Gail Duncan	17	Lee Moeglein	26	Bob Engelke
8	Bruce Wolf	17	Diana Thornton	26	Larry Klawunder
8	Twyla Mundy	18	Donna Atkins	28	Sam Hodena
9	Nelson Nakamura	20	Kathleen Grace	28	Ruth Denison
10	Juanita Lowndes	21	Sharon Rogers	30	Ginger Kaona



## Thursday Afternoon Movie

March 5, 2026 at  
3:00p.m.

Now showing: **Love  
Comes Softly**

A woman who suddenly finds herself widowed is persuaded into a marriage of convenience with a local man. Much to her surprise, she gradually falls in love with her new partner.

## NO-HOST DINNER

### Siam Noodles

Monday, March 9, 2026

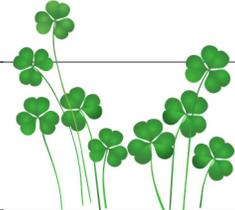
Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at Siam Noodles in Kenai.

There will be limited transportation available at a charge of **\$5.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

# dates to remember

Wednesday, March 4	Social Security	9a–Noon
Thursday, March 5	Card Making with Kimberly	1:00 pm
	Movie Afternoon: Love Comes Softly	3:00 pm
Sunday, March 8	<b>DAYLIGHT SAVINGS TIME BEGINS</b>	
Monday, March 9	“No Host” Dinner/Siam Noodles	5:00 pm
Thursday, March 12	Council on Aging Meeting	3:00 pm
Friday, March 13	Senior Connection Meeting	10:00 am
Tuesday, March 17	St. Patrick’s Day Luncheon Please sign up to reserve your seat	Noon
Wednesday, March 18	Social Security	9a—Noon
	Birthday Lunch	Noon
Friday, March 20	Waffle Friday	8-10 am



## Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm  
Need to speak with someone in administration?

**Director**

**Kathy Romain**

(907) 283-8213 or kromain@kenai.city  
*Vintage Pointe, Council on Aging  
Kenai Senior Connection, Inc.  
Benefits Counseling*

**Administrative Assistant**

**Red Piersee**

(907) 283-8212 or apiersee@kenai.city  
*Home Delivered Meals  
Benefits Counseling  
Vintage Pointe Housing Rental*

**Activity/Volunteer Coordinator,**

**Kayla Feltman**

(907) 283-8214 or kfeltman@kenai.city  
*Activities  
Volunteer Opportunities  
Senior Center Facility Rentals*

Do you need a ride or know someone who could use some meals? Maybe you'd like to pick up a meal instead of dining inside? We can help!



For Pick up Meals:  
**Call the front desk by 10:30AM\*** (M-F)

For pick-up at **11:30 AM. Meals must be picked up from the front desk before 1:00PM.**

For Transportation:

Call the front desk at least **24 hours** in advance to schedule a ride. We will do our best, but same day transportation is not guaranteed.

Dining Room Meals (Congregate)

Monday-Friday 12pm-1pm

No reservations required



# CITY OF KENAI

## SPECIAL ELECTION INFORMATION

**LAST DAY TO UPDATE YOUR VOTER INFORMATION (physical address, name change, etc.) FOR THIS SPECIAL ELECTION IS: MARCH 15, 2026**

WHEN:	ELECTION:	WHAT:	WHERE AND WHEN?
MARCH 30 <u>through</u> APRIL 14, 2026	<u>City of Kenai</u> <u>Special</u> <u>Election</u>	Absentee In-Person and Special Needs voting available.	City of Kenai Clerk's Office 210 Fidalgo Avenue Kenai, AK 99611  <u>Monday - Friday</u>  <u>March 30 thru April 14, 2026</u> <u>9:00am - 4:00pm</u>
APRIL 14, 2026	<u>Special Election</u> <u>Day</u>		<u>Polls Open 7:00a-8:00p</u>  <u>Kenai City Hall/Absentee-In-Person &amp; Special Needs</u>  <u>Kenai Precinct #1/Kenai Mall</u>  <u>Kenai Precinct #2/Challenger Ctr.</u>  <u>Kenai Precinct #3/Kenai Mall</u>

**DO YOU WANT TO ARRANGE A RIDE DURING A WEEK DAY TO KENAI CITY HALL TO VOTE ABSENTEE IN-PERSON OR ARRANGE FOR A SPECIAL NEEDS BALLOT FOR SOMEONE?**



**DO YOU WANT TO ARRANGE A RIDE TO A KENAI PRECINCT POLL ON APRIL 14 (ELECTION DAY)?**

**CALL (907) 283-4156 EARLY TO ARRANGE A RIDE.**



# FREE Brain Injury & Concussion Consultations

With Dr. Adam Grove

## Have You or Someone You Love Experienced:

- ✓ Traumatic Brain Injury (TBI)
- ✓ Acquired Brain Injury
- ✓ Memory Loss or Cognitive Changes
- ✓ Concussions (recent or past)
- ✓ Difficulty with daily living after a brain injury

**You are not alone. Support, education, and resources are available.**



## The Independent Living Center Provides:

- ✓ **FREE** one-on-one consultations
- ✓ **Personalized** education and recovery strategies
- ✓ **Guidance** for individuals, families, and caregivers
- ✓ Community-based, disability-focused support
- ✓ Connections to local resources and services

## Who Should Call?

- ✓ Individuals experiencing symptoms of brain injury
- ✓ Family members, caregivers, and professionals seeking information or guidance

 **Independent Living Center**  
47255 Princeton Ave #8  
Soldotna, AK 99669

 **Schedule Your FREE Consultation**  
**907-262-6333**

## Accessibility Matters

The Independent Living Center proudly serves **people with disabilities**. Reasonable accommodations are available upon request.



Kenai Senior Connection, Inc. 17<sup>th</sup> Annual

# MARCH FOR MEALS

Blazing a Trail to Support Seniors

**FRIDAY, MARCH 27, 2026**

- Wild West Costume Contest
- BBQ Ribs & Brisket Dinner
- No Host Saloon
- Celebrity Desserts & Silent Auctions
- Country Store Opens at 5 pm

**\$50 PER TICKET - 6:00 PM**

**Kenai Senior Center -361 Senior Court  
Kenai, Alaska 907-283-4156  
senior@kenai.city**

**100% OF THE PROCEEDS GO TO THE  
CENTER'S SENIOR MEAL PROGRAMS**





# 2026 Donation Form

*Yes, I want to support meals for seniors in my community!*

Name \_\_\_\_\_

Billing/Mailing address \_\_\_\_\_

City | State | Zip Code \_\_\_\_\_

Phone | Fax | Email \_\_\_\_\_

Please consider one of the following:

**Home-Delivered and/or Congregate Scholarship Meal Programs**

The following options sponsor individuals who cannot afford to contribute toward their meals (the current suggested donation of \$8 for a meal DOES NOT cover the full cost of a meal):

- \$56/Sponsor one Senior for one week (7 meals)
- \$112/Sponsor two Seniors for one week (14 meals)
- \$240/Sponsor one Senior for one month (30 meals)
- \$480/Sponsor two Seniors for one month (60 meals)
- \_\_\_\_\_ (Other Amount)

We accept **Checks, Cash, MasterCard, Visa, and Discover**. Donations can be processed over the phone anytime by calling the Kenai Senior Center at 283-4156. Donations can also be contributed directly to the Kenai Senior Connection, Inc. through the State of Alaska **Pick.Click.Give.** program (when filing for your Permanent Fund Dividend or amending the application to provide the donation after filing), or by mailing your donation directly to Kenai Senior Connection, Inc. at P.O. Box 806, Kenai, AK 99611.

**Acknowledgment Information**

Please use the following name(s) in all acknowledgments:

I (we) wish to have our gift remain anonymous.

*We thank you for your generosity! Every **little** bit can make a **BIG** difference.*

Mail to: Kenai Senior Connection, Inc. P. O. Box 806, Kenai, AK 99611.  
KenaiConnection@gmail.com Phone: 283-4156 Fax: 283-3200

The Kenai Senior Connection, Inc., is a 501(c)3 nonprofit organization. Your gift is tax-deductible to the full extent allowed by law.

## FY26 Central ILC & Far Out Taxi Voucher Programs

The Independent Living Center (ILC) offers two affordable transportation options for individuals with disabilities who experience barriers to mobility. Vouchers are available for purchase **Monday–Friday, 9:00 a.m.–4:30 p.m.** Participants must complete an **IL Intake** to qualify.



### Central ILC Program:

Each voucher costs **\$4.00** and covers **one ride up to \$15.00** with AK Cab. Up to **35 vouchers** may be purchased per month.

### Far Out Program:

Each voucher costs **\$10.00** and covers **one ride up to \$30.00** with AK Cab. Up to **10 vouchers** may be purchased per month.

Riders are responsible for any fare amount exceeding the voucher value. Two vouchers are required if a driver waits during an errand. Vouchers may not be linked for longer rides, used as tips, sold, duplicated, or transferred. All vouchers **expire June 30, 2026**, and all sales are final. Misuse of vouchers by riders or drivers may result in termination from the program.

The ILC Taxi Voucher Programs are designed to promote independence and ensure that everyone has access to safe, reliable, and affordable transportation within our community. For more information contact ILC at: 907-262-6333.



## TAX PREPARATION



**BY APPOINTMENT ONLY**

**CONTACT: (907) 953-3781**



**HAPPY ST. PATRICK'S DAY**

**Tuesday, March 17**

**St. Patrick's Day Lunch**

**Dining Room, Noon**

Here's your chance for a yummy Irish lunch with all its fixings! Don't forget to wear your green! Call the front desk or sign up on the bulletin board to RSVP.



Here's a follow up on last months Pac Act concerning qualified veterans. The VA just announced for immediate release as of 2-13-26 , the surviving spouse of such veterans can now get survivors benefits in short order. It had been previously under consideration by the VA.

This is a tax free monthly benefit paid to eligible surviving spouses of the service member who died in the line of duty or veterans who died from service-connected injuries or illnesses. This especially includes veterans exposed to agent orange from Vietnam and the chemical burn pits of Iraq and Afghanistan. If you are a surviving spouse of such veteran , call Mark Johnson in Anchorage per last months Senior Centerline News. Once again his phone number is 907-257-4760 or cell at 907-744-4109. If you can't make it to Anchorage we have a very qualified VA service officer right here at the Red Diamond Center on K-Beach. His name is Cody Golant. Call him at 907-741-9997 to set up an appointment. He has helped many veterans get their eligible benefits also. This monthly spousal allowance is \$1,700. Not bad. It probably has a yearly cola adjustment also, but don't quote me on that.

March 29<sup>th</sup> each year is National Vietnam War Veterans Day. Its coming up.

The Star Spangled Banner is the National Anthem of the United States, as if you didn't know. The lyrics come from the "Defense of Fort McHenry", a poem written by American lawyer Francis Scott Key on September 14, 1814, after he witnessed the bombardment of Fort McHenry by the British Royal Navy during the Battle of Baltimore in the War of 1812. Key was so inspired by the large US flag, with 15 stars and 15 stripes , known as the Star Spangled Banner, still flying triumphantly above the fort after the battle the next morning. The smoke and the fog had kept it obscured throughout the night. Key wrote it on the back of an old letter he had in his pocket that morning while it was fresh in his memory at a hotel in Baltimore. The Royal British Navy did little damage to Fort McHenry that night due to them being outgunned by the huge cannons on the fort. They had to keep their distance.

Our national anthem is known for being very difficult to sing, in part because the melody sung today is the soprano part. Although the poem has four verses, typically only the first verse is performed with the other three being rarely sung. I especially love the fourth verse. I think it says it all.

On March 3, 1931 the US Congress passed a joint resolution making the song the official national anthem of the United States, which President Herbert Hoover signed into law. I bet you didn't know a fifth verse was unofficially added by poet Oliver Wendell Holmes during the beginning of the American Civil War in 1861. That and more about our national anthem next month.

In case you didn't know, Easter is celebrated the first Sunday after the first full moon after the first day of Spring each year. Tough to remember.

Finally, every Friday night at 6 o'clock the American Legion Post 20 in Old Town has a delicious steak dinner with all the fixings. You'll just have to go and try it out. I checked and you don't have to be a veteran to go, and groups are welcome. Just let them know ahead of time if your group is four or more, or just take your date. By doing so you'll be helping the veteran community which are many. Thanks, Dave Thompson - Always helping veterans

## Calling all Mexican Dominoes Players!



Interested in playing or learning about Mexican dominoes? Please join us every **Wednesdays** of the month at 1:00pm in the card room. It's so much fun and see you there!

## Stronger Together Support Group



### Wednesdays 2 –3:30 pm

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

## Nikiski Pool Transportation:

Morning pool service has resumed on Thursdays. There is no transportation fee for this service but the individual is responsible for the \$2 admission fee to the pool.



## Waffle Bar Returns!



We will be offering waffles on **third Friday of the month (for March)** from 8-10:00 am. Come in for coffee, juice, and a hot waffle for just \$3. You may bring your own goodies to add to your waffle. No need to sign up. Just show up and enjoy this special treat.

## Kenai Peninsula Wednesday, March 4 from 2:00p-3:30p



The Kenai Peninsula Family Caregiver Support Program will meet at 2:00 pm on Wednesday, March 4 in the dining room at the Kenai Senior Center w/ the “Stronger Together” Group.

Anyone interested in learning more about the services we have to offer are more than welcome to attend. For more information, please contact Dani or Nicole at 907-776-7654.



## Card Making with Kim

Thursday, March 5 at 1:00pm  
Senior Center Dining Room. Please Sign up on the bulletin board.

## SALADS UNAVAILABLE



We have been informed by our supplier that iceberg, leaf, tender leaf lettuces, and processed salad items will not be available due to gaps in growing season districts. These conditions are expected to last for approximately eight to ten weeks, which means green leaf lettuce salads will not be available from the Senior Center kitchen.

## How Is the Senior Center Funded?

Many people are surprised to learn how our Senior Center is funded. The Center receives partial funding through a **Title III grant under the Older Americans Act**, which helps support meals and programs for older adults. However, this grant covers only a portion of our costs — and we depend on **community support and private donations** to keep our programs going strong.

When you enjoy lunch at the Center, you'll notice a **suggested donation of up to \$8 per meal**. This is not a charge or fee — it's simply a suggested contribution that helps us cover the true cost of preparing and serving nutritious meals each day. We understand that not everyone can give that amount, but **we appreciate any donation you're able to make**. Every dollar helps, and every contribution makes a difference.

Beyond meals, the Center offers so many "free" services — from daily coffee and social activities to educational programs, exercise classes, and community events. While these may appear free to our participants, they are made possible only through the generosity of donors, volunteers, and local supporters who believe in keeping our Center active and welcoming for everyone.

If you would like to make a **donation anonymously**, there is a **wooden box in the hallway** where contributions can be placed discreetly. Your continued support ensures that we can serve today's seniors — and future generations — with care, dignity, and connection. **Thank you for helping us make it all possible!**



## December is red, but March is green

Since our Christmas presentation about a couple of mischievous Elves was so well received, and we had such fun writing and presenting it, we (the writer's group) were asked if we would be interested in doing a similar presentation for St. Patrick's Day. Our answer was a resounding YES! So here's a little 'teaser' just to wet your appetite:

Our story begins with introducing the mischievous Flynn triplets, but the townfolks only think that they're a set of twins. With the blessings of their mother and just a wee bit o'help from an actual Leprechaun, the town is about to find out that three is definitely 'trickier' than two!

So if you want to hear more, be sure to come to the Center by 11:00 Wednesday March 11<sup>th</sup> to hear our presentation. And be sure to wear something green; St. Patrick's Day will still be a week away, but that doesn't mean the Leprechauns won't be out early, pinching anyone who forgot!



## Kenai Senior Connection, Inc. NEWS

By: Terry Turner, Board President and Jerry Nassen, Board Vice-President

Ah, March, the third month of the year (already? How did that happen?), generally recognized in the Northern Hemisphere as the first month of spring. But we Alaskans know to take that with a grain of salt, as they say. But it is a month we at the Center look forward to, spring or no spring, because of March For Meals, our annual and biggest fundraiser of the year. I realize, or at least hope, that I am “preaching to the choir” here on the importance of this project that has been undertaken by the Senior Connection, but in essence it’s our way of assuring that no senior in our area ever goes hungry.

Senior Connection is a 501-3-C, so remember us (and our hungry seniors) when doing your financial and event planning this first month of spring, Tickets for the event, along with information on making a contribution to Senior Connection, are available at the front desk, so March on in and sign up today. Tickets for the banquet are limited, and we often sell out, so don’t delay!



## LIBRARY NEWS

by Kari Mohn

In February, the Kenai Senior Center library received over 20 paperbacks addressing aspects of World War II and the Vietnam war. Many of these books are part of the Bantam War Book collection and are first-person accounts. These books are shelved next to the Fiction section (because that was where there was room). The section label is marked with a bright pink Post-it indicating the entire collection was added in February.



Bright green Post-its will indicate items added to the library in March. A number of DVDs have been added. In order to make room, some DVDs have been removed from the collection; their property stickers blacked out. These surplus DVDs are on the giveaway table in the dining room.

When borrowing from the library, take your selection with you. There is no check out card. There is no return due date. When you are finished, return your selection to the return basket on the floor for books or the brown return box for DVDs and Blu-rays. Puzzles should be taped and returned to the section where you got them. Is there a piece missing? Mark on the box, a piece is missing put it on the give-away table in the dining room.



**Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!**

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

**MARCH 2026 \$5 CLUB**

Marty Askin	Pam Downing	Ginger Kaona	Kari Mohn	Patty Segura
Victoria Askin	Shirie Drath	Fran Kilfoyle	Twyla Mundy	Julia Selanoff
Ken Ayers	Barbara Durnil	Leanne King	Wayne Mundy	Marcia Shea
Kris Ayers	Robin Feltman	Ron King	Debbie Myers	Hal Smalley
Carol Barner	Sharon Fisher	Sandy King	Jerry Nassen	Debbie Sonberg
Steve Best	Carol Freas	Henry Knackstedt	Bill Nelson	Russell Sonberg
Larry & Tona Bravo	Cheryl Gates-Spear	Anita Kwan	Lois Nelson	Debbie Sonberg
Patricia Bravo	Velda Geller	Gaye Larane	Marian Nickelson	Russell Sonberg
Arthur Brown	Margaret Goggia	William LaTocha	Ray Nickelson	Cheryl Spear
Donna Brown	Bill Graves	Xiaopei LaTocha	Susan Olson	Bill Starnes
Megan Burke	Luna Graves	Hoa Le	Katie Pault	Sondra Starnes
Barb Christian	Jeffrey & Monica Griffin	Susan Lockwood	Bill Perrigo	Sheila Philips-Steiner
Mike Christian	Phyllis Hallstead	Chris Lombard	Nanette Peter	Linda Stephens
Renee Clifford	June Harris	Jennifer Lombard	Bob Peters	Vivian Terry
Rachael Craig	Lorraine Heikkila	Andy Long	Robert Peterson	Terry Turner
Walt Craig	Nancy Henning	Carol Louthan	Carol Prior	Beverly & Don Waldrop
Terri Cramer	Kathy Heus	Mike Louthan	Biz Robbins	Frosty Walters
Jan Daniels	Howard Hill	Paula Maier	Geraldine Roberson	Virginia Walters
Deborah DeShong-Hayes	Kit Hill	Leon Marcinkowski	Trish Roderick	Candace Ward
Dorothy Diamond	Donna Hoyt	Marge Milewski	Gladys Routh	John White
Janet Nelson-Dormandy	Bobbie Jedlicki	James Miller	James Schwanke	Mary White
			Linda Schwanke	Ozella Williams
				Emmett Young

Looking for something fun to do? Enjoy hanging out with others? The Kenai Senior Center is the place for you!

- **First Thursday of the Month:** Movie Afternoon 3 PM to 5 PM 
- **Thursday Fun Night:** happens every second, third, and fourth Thursday of the Month from **5 PM to 9 PM:** Join us for an Accoustic Jam, card games, cribbage, and more!

Beat the blues and make your Thursdays something to look forward to. We can't wait to see you there!



- Unless purchasing a large amount for transportation or lunch tickets, we cannot break a bill over \$20.
- You are welcome to take home leftovers from your meal, but please bring your own container.
- Coffee bar and bakery dollar donations are much appreciated. Thank you for your generosity. Items from the bread table are limited to just one per person daily.

**We appreciate your understanding.**

## Widows/Widowers



Meet Mondays at 2pm

Come share your grief with others

Its your story for you to share and we are here to support you

### Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

**Monday—8-11 am & After 12:00 pm**

**Tuesday—After 11:30 am**

**\*Thursday—All Day**

**\*Friday—All Day**

\*There will be an occasional meeting in the Computer Lab where it will not be available to the general public.



FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received \_\_\_\_\_ Received by \_\_\_\_\_

Please help us to update our database by annually filling out this form and giving it to the receptionist, or mailing it to:

**Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611**

~Thank you for your help!

Name \_\_\_\_\_  
First Middle Last

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Physical Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

## Kenai Senior Center Donation Form

### Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

**Please make checks to Kenai Senior Center:**

**Please make checks to Kenai Senior Connection**

- Congregate Meal Program
- Transportation Services
- Home Delivered Meal Program
- Newsletter Mailing (\$10, Jan—Dec)
- Newsletter E-Mailing (Free of charge)
- Senior Activities (line dancing, exercise, road trips, etc.)

- \$5 Club
  - monthly - \$5     yearly - \$60
- Memorial Donation
- Kenai Senior Endowment Fund

Email Address: \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.



# St. Patrick's Day Word Search



H	N	E	E	R	G	P	D	U	E	O	C	G	H
O	L	N	V	I	T	O	F	O	R	T	U	N	E
O	A	E	C	N	C	T	E	C	G	R	E	P	A
C	R	L	P	L	M	D	M	E	O	H	M	S	E
M	I	I	A	R	O	R	C	U	L	N	R	E	S
C	A	N	C	C	E	V	A	A	D	S	L	M	E
T	N	R	R	O	I	C	E	H	A	N	R	E	V
C	O	E	C	C	S	G	H	R	C	I	A	R	E
P	M	M	K	H	I	C	A	A	A	O	I	A	N
S	H	A	M	R	O	C	K	M	U	C	N	L	T
I	P	A	T	R	I	C	K	C	C	N	B	D	E
L	I	R	I	S	H	N	B	I	O	E	O	D	E
E	E	L	U	C	K	Y	E	C	R	V	W	O	T
L	O	G	E	F	O	U	R	L	E	A	F	D	H

Charm  
Clover  
Coins  
Emerald  
Fortune  
Four Leaf

Gold  
Green  
Irish  
Leprechaun  
Lucky  
Magical

March  
Patrick  
Pot  
Rainbow  
Seventeenth  
Shamrock



Heart Healthy

# MARCH 2026 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

*\*Menu is subject to change\**

*\*Soup and Salad when available\**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Creamy Garlic Butter Shrimp Piccata Tomato Salad Garlic Bread	3 Chef 's Soup Ham & Swiss Sandwich on a Croissant Sweet & Tangy Cabbage Salad	4 Biscuits & Gravy Roasted Potatoes Sausage Links Scrambled Eggs	5 Lasagna Broccoli Medley Garlic Bread	6 Brats w/ Sauerkraut Onion Rings Potato Salad
9 Baked Potato Broccoli Muffin	10 Chili Dogs Fires Macaroni Salad	11 Thai Beef Noodle Bowls Egg Roll	12 Baked Ham Cheesy Potatoes Green Beans	13 Sloppy Joes Parmesan Fries Cucumber Tomato Salad
16 Ham & Beans Corn Bread Carrot Salad	17 Corned Beef Ginger Cabbage & Carrots Oven Roasted Potatoes	18 BBQ Ribs Coleslaw Baked Beans Birthday Cake	19 Spaghetti & Meatballs Yellow Squash Garlic Bread	20 Sweet Baked Pork Burritos Black Beans Chips & Salsa
23 Fried Chicken Mashed Potatoes w/ Gravy Fresh Green Beans	24 Kenai Club Sandwich w/ Tarragon Aioli Macaroni Salad Fruit Cup Soup	25 Teriyaki Chicken Brown Rice Buttered Corn	26 Beef Stew Peaches & Cottage Cheese Broccoli Salad Rustic Roll	27 <b>DINING ROOM CLOSED</b>  <b>MARCH FOR MEALS</b>
30 Meatloaf Mashed Potatoes w/ Gravy Mixed Veggies	31 Soft Taco Mexi-Corn Spanish Rice Chips & Salsa	1 Sweet & Sour Chicken Stir Fry Veggies Coconut Rice Egg Roll	2 Swedish Meatballs Egg Noodles Pickled Beets	3 Spicy Korean BBQ Chicken Sandwich w/ Crispy Slaw Onion Rings

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Private Donations



**City of Kenai**  
**Kenai Senior Center**

**Kenai Senior Center**

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