

# The Centerline

## MARCH 2023

### SAYING GOODBYE

By: Carol Prior



It is with sad tears that I write this story because one of our pioneers is moving away soon and she will be missed. I met her just a few years ago and wish I had known her

longer. Her name is Rhoda Turnisky and she is a beautiful lady. The classic Alaskan pioneer as far as I'm concerned. When you listen to her stories I can just see her rocking the title.

Rhoda was born in Far Rockaway, Long Island, New York on December 2, 1929. She is a proud 93 year young woman. She left NY at 12 years old with her mother and sister Betty Lou and landed in Hialeah, Florida. In 1950 she moved to Taylor, Texas and met and married her first husband. That was her first mistake. They moved to Orlando, Florida. That when she packed her bags moved back to the same town she was born in and got a job working in the same beauty salon her mother worked in.

It was then her husband decided he wanted to move to Alaska so in 1958 he drove his 57 Mercury up the Alcan and she followed in September. She flew up with the daughter of the owners of Marlett Bakery. There were only 12 to 14 passengers and the rest of the plane was full of boxes. When I asked her what the boxes were she said they were all hula-hoops. There must have been a big party somewhere.

*Continued on Page 7*



### Special Points of Interest

- No Host Dinner—Froso's
- Council on Aging & Kenai Senior Connection, Inc., Meetings
- St. Patrick Day Luncheon
- Genealogy Workshop with Cheryl
- March for Meals 23!

### City of Kenai Kenai Senior Center

361 Senior Ct.  
Kenai, Alaska 99611  
**907-283-4156**

PLEASE  
PLACE  
STAMP  
HERE

Center Funders & Supporters

City of Kenai

Alaska Commission on Aging

Kenai Peninsula Borough

Center Volunteers

Kenai Senior Connection, Inc.

Private Donations

Kenai Senior Connection, Inc.

is now able to receive donations through the

Alaska Permanent Fund Dividend

Pick. Click. Give.

These donations directly benefit the

Kenai Senior Center meal programs.

City of Kenai

Kenai Senior Center

361 Senior Court

Kenai, Alaska 99611

Phone: 907-283-4156


Fax: 907-283-3200

E-mail: [senior@kenai.city](mailto:senior@kenai.city)

<https://www.facebook.com/kenaisenior/>

Find us on

Facebook

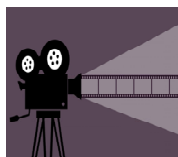


# MARCH 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <b>9a-Noon-Social Security</b> 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p—Writers’ Group 1p-3p—Quilting/Crafting	2 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot <b>3p—Afternoon Movie: Battleship</b>	3 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 11a-12p—Adult Coloring Noon—LUNCH 1p—Wii Bowling 1-4:30p—Bridge
6 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1:00p—Choir Practice 2:00p—Ukelele Group 2-3:30pm Stronger Together Support Group	7 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling 4p—Short Story Club	8 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p-Card making w/Kim 1p—Writers’ Group 1p-3p—Quilting/Crafting	9 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot 3:00p—Council on Aging	10 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 11a-12p—Adult Coloring Noon—LUNCH 1p—Wii Bowling 1-4:30p—Bridge
13 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1:00p—Choir Practice 2:00p—Ukelele Group 2-3:30pm Stronger Together Support Group	14 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling <b>5p—No Host Dinner/ Froso’s</b>	15 <b>9a-Noon-Social Security</b> 10a—Growing Strong 11a—Noon/Bluegrass Noon— LUNCH/Birthday 1p—Writers’ Group 1-3p—Family Caregiver Support Group 1p-3p—Quilting/Crafting 3p—Sing-Spiration	16 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot 1-3p—Android Basics Class w/ Elizabeth Kleweno	17 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 11a-12p—Adult Coloring 11a—”Grow with Me” with Steve Latz <b>11:30a—LUNCH/St. Patrick’s Day</b> 1p—Wii Bowling 1p—Genealogy Workshop w/ Cheryl 1-4:30p—Bridge
20 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1:00p—Choir Practice 2:00p—Ukelele Group 2-3:30pm Stronger Together Support Group	21 10a—Tai Chi 10a—TOPS Noon—LUNCH 11:30a-1p Independent Living Center 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	22 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p—Writers’ Group 1p-3p—Quilting/Crafting <b>1:30p—Washcloth Bunny &amp; Chick Craft Project</b>	23  <b>CENTER CLOSED STAFF TRAINING</b>	24 9:30a-12p—Quilting/ Crafting 10a—Growing Strong 10a—Senior Connect. 11a—”Grow with Me” with Steve Latz 11a-12p—Adult Coloring Noon—LUNCH 1p—Wii Bowling 1-4:30p—Bridge
27 10a—Growing Strong 11a—Bells Noon—LUNCH 12:30p-4:30p—Bridge 1:00p—Choir Practice 2:00p—Ukelele Group 2-3:30pm Stronger Together Support Group	28 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	29 10a—Growing Strong 11a—Laminating w/ Barbara 11a—Noon/Bluegrass Noon—LUNCH 1p—Writers’ Group 1p-3p—Quilting/Crafting	30 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Dominos 1-3p—Hand & Foot	31  <b>CENTER CLOSED MARCH FOR MEALS SETUP</b>

# Happy Birthday!

Day	Name	Day	Name	Day	Name
1	Betty Osborn	8	Twyla Mundy	17	Lee Moeglein
3	Kenneth Ayers	8	Nancy Speedy	18	Lawrence Croft
4	Kris Ayers	9	Nelson Nakamura	18	Donna Atkins
5	Ouida Parker	10	Lee Cassel	20	Nadine Gabbett
5	Jean Stock	11	Randi Smith	20	Emma Haase
6	Allman Clifford	12	Reed Knackstedt	20	Richard Woodin
6	John Straughn	12	Barbara Schmidt	21	Sharon Rogers
7	Brenda Zubeck	12	Victoria Askin	24	Douglas Norbeck
7	Tammy Matthiesen	13	Renee Clifford	24	Michael Sounart
7	Charles Maier	13	Leon Marcinkowski	24	Tom Eggemeyer
7	Delores Wagaman	13	Jack Evans	25	Chris Wehr
8	Gail Duncan	15	Steven Steiner	26	Bob Engelke
8	Bruce Wolf	15	Darrell Hagen	26	Larry Klawunder



**Thursday Afternoon  
Movie**  
**March 2, 2023**  
**3:00 p.m.**

## Now showing: Battleship

Lt. Alex Hopper (Taylor Kitsch) is a weapons officer aboard the destroyer USS John Paul Jones, while his older brother, Stone (Alexander Skarsgård), is the commanding officer of the USS Sampson. Unknown to Alex, Stone or the rest of the U.S. Navy, alien invaders have arrived on Earth with plans to steal Earth's resources. When a confrontation with the invaders knocks out the Navy's radar capability, American and Japanese forces must work together to find a way to save the planet.

## **NO-HOST DINNER** **Froso's Family Dining** **March 14, 2023**

Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at **Froso's** in Soldotna.

There will be limited transportation available at a charge of **\$7.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

# dates to remember

Wednesday, March 1	Social Security	9a–Noon
Thursday, March 2	Afternoon Movie: Battleship	3:00 p m
Wednesday, March 8	Card Making with Kimberly	1:00 pm
Thursday, March 9	Council on Aging	3:00 pm
Saturday, March 12	<b>Daylight Savings Time Begins</b>	
Tuesday, March 14	“No Host” Dinner / Frosos	5:00 pm
Wednesday, March 15	Social Security	9a—Noon
	Birthday Lunch	11:30 am
	Sing-Spiration	3:00 pm
Friday, March 17	<b>ST. PATRICK’S DAY LUNCHEON</b> Please sign up to reserve your seat	11:30 am
Friday, March 24	Kenai Senior Connection, Inc. Meeting	10:00 am

Do you need a ride or know someone who could use some meals? Maybe you’d like to pickup a meal instead of dining inside. We can help! Use the contacts below for more information.

#### **PICK UP MEALS:**

Monday through Friday at **11:30 AM**. Call the front desk by **10:30 AM** to arrange to pick up a meal.

#### **HOME-DELIVERED MEALS:**

Contact Red at 907-283-8212

#### **DINING (CONGREGATE) MEALS**

Monday—Friday 12—1 pm  
No RSVP Required

#### **FACILITY RENTAL:**

Please contact Kayla at (907) 283-8214

**TRANSPORTATION:** Monday—Thursday, call the front desk to schedule a ride.

#### **DONATIONS FOR SERVICES:**

Pick up Meals - \$7  
60 years and older)  
Congregate Meals—\$7  
Home-delivered Meals - \$7  
Transportation - \$5—\$10



#### **Kenai Senior Center Info**

Monday—Friday

8:00 am—5:00 pm

**Thursday night activities will  
resume in April.**

**Need to speak with someone in administration?**

**Director, Kathy Romain**

(907) 283-8213 or kromain@kenai.city

**Administrative Assistant, Red Piersee**

(907) 283-8212 or apiersee@kenai.city

**Activity/Volunteer Coordinator,**

**Kayla Feltman**

(907) 283-8214 or kfeltman@kenai.city



## Card Making with Kim

Wednesday, March 8 at 1:00pm

Senior Center Dining Room

Please sign up on the bulletin board



## Stronger Together Support Group



**Mondays 2 –3:30 pm**

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

## Short Story. CLUB

The **SHORT STORY CLUB** will be meeting  
**Thursday, March 7 at 4:00 pm** in the  
**Computer Lab.**

They will be discussing, **“The Egg” by: Sherwood Anderson.** Copies are available in the Computer Lab. Please feel free to join us! See Jerry Nassen for more information.

## Waffle Bar

We will not be having waffles on the last Friday of March due to our annual fundraiser, March for Meals. Stay tuned in April for the return of Waffles and Thursday night music!



**Tuesday, March 21**

**11:30am—1 pm**

**Dining Room**

A Representative from the Independent Living Center will be on hand to answer questions and discuss what they can do for you to help maintain living an independent senior lifestyle.

## Kenai Peninsula Family Caregivers

**Tuesday,  
March 15**

**1– 3 pm**

**Computer Lab  
(907) 262-1280**



A representative with the Kenai Peninsula Family Caregiver Support Program will be joining on the third Tuesday of each month. If you are a caregiver and can use support from others, please come and join in.

## Singspiration!

If you miss singing those old hymns you remember from years gone by, join us on **March 15 at 3:00 pm** for Sing-Spiration. You can choose the songs we sing!



## Kenai Senior Connection, Inc. NEWS

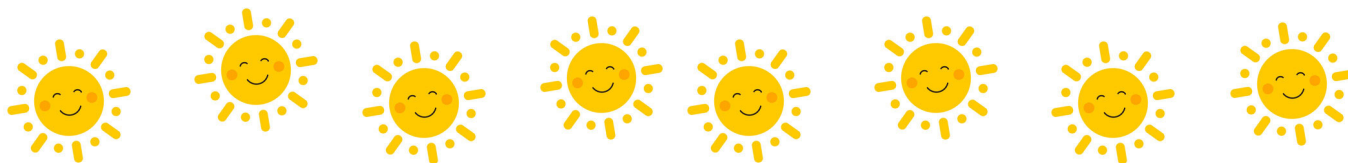
by Velda Geller, Board President

**March 31, 2023**, the date of our **Annual March for Meals Fundraiser** (with a Kentucky Derby theme) is just a few weeks away! The fundraiser committee has been very busy sending out over 250 mail outs with a letter of introduction and donation form included. There are lots of fun things planned, including the Country Store; an Alaskan Kentucky Derby dinner; split-the-pot; pies, cakes, cookies available to purchase by the slice; a silent auction; balloons; and of course, the big event of the evening: **the dessert auction!**

If you are interested in assisting Senior Connection members in readying the Center for this fun event, please contact me.

If you plan on attending and participating in our fundraiser (and we hope you are), remember, this is a Kentucky Derby dress-up event, and if you are so inclined, there will be a photo booth somewhere close by.

Now let's hope the weather starts getting nicer, the snow goes away, and spring arrives quickly. Happy March and Happy Spring!



### Genealogy Workshop

**Friday, March 17**

**At 1:00pm in the Computer Room**

Need help breaking down that brick wall, or maybe you need help organizing your research? Perhaps your interested in learning how to get started tracing your family history? Cheryl can help! Please join her at 1:15pm on Friday, March 17 in the computer room.

Exercises classes are from 10:00—10:45 am every weekday morning. The Dining Room is available during this time for coffee and quiet conversation. Please be mindful.



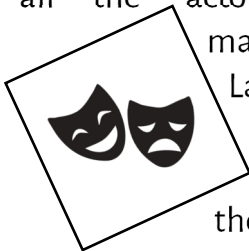


Anyway the daughter told her all about the things in Alaska and Rhoda was in love with the state already.

She got off the plane got her license and went to work at the Westward Hotel Beauty shop. Within two days she was working. Her husband was in the Air Force and was always hopping around so when he wanted to leave she kissed him goodbye and stayed in Alaska. She worked with a lady named Else Martin for a few years and they decided to start their own business in Spenard. They each borrowed money and opened up the "Coiffure Cache". That's fancy for "hairstylist shop." Everyone thought they would not get anyone to go to the Spenard area for a hair-do. She told me she whooped it up at the "Buckaroo" and made lots of friends.

She met and married John Turinsky in 1964 and got pregnant and had to quit the Beauty Shop. She had a girl Catherine in 1965, another girl Elizabeth in 1967, and a son Paul in 1969. She raised the kids in Anchorage as a single parent. She took care of an elderly gentleman who needed a live-in caregiver.

She met Frank Break, Professor of English, while she was teaching at the beauty school and he put her in charge of make-up for all the actors in his plays. She did all the

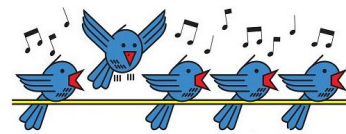


make-up for "Cry of the Wild Lamb" and "Lord of Alaska". She really got into Alaska events and wanted to volunteer for the Iditarod race. Her new friend

Joanne Potts was in charge of the volunteers and the 25<sup>th</sup> Anniversary race. She and her son-in-law made sleds for center pieces at the banquet, they sold them for a souvenir

and fund raiser. (There is one on display at the center in the dining room display cabinets.)

To make a long story short I know she has much more to tell but all I know is she can tell it better than I can. I met her here at the Senior Center and we became good friends two years ago when we were singing with the Christmas Choir. We were so terrible, neither of us could read music, we couldn't carry a tune and Rhoda couldn't see the words.. Kathy R., our choir director put us off in the corner and we sang our way. We had fun and hopefully didn't embarrass anyone. I will miss Rhoda when she moves but I used to get a kick out of her when she would call the front desk and ask me what it was she ate for lunch. Good-bye Miss Rhoda, I will always love you. ~ Carol Prior



## **CHOIR** Rehearsal

Easter Choir Practices

Mondays at 1:00 pm

Senior Center Dining Room

It doesn't matter if you can read music, come and join us! We plan to have a mini concert on Good Friday, April 7 just in time for Easter. Songs will be a mixture of Spring, sacred, and popular music.



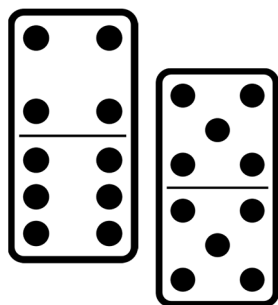


**Friday, March 17, 2023**  
**St. Patrick's Day Lunch**  
**Dining Room, 11:30a**

Here's your chance for a yummy Irish lunch with all its fixings! Don't forget to wear your green!

**Meal Donations Can Be Given Privately**

While the Kenai Senior Center is funded by various grants, these only cover a small portion of the meal costs. We rely on fundraisers and private donations for the remaining costs. While the suggested donation is \$7, this is **purely** a suggestion and may or may not fit into everyone's budget. Why not consider something **up to** \$7? Some individuals cannot afford any donation and we do understand these circumstances. If you want to give your donations privately, we have a small wooden box in the hallway next to the Writers' Group bulletin board for donations and meal tickets.



**Calling all Dominos Players!**

Interested in playing dominos?  
Please join us every Thursday at  
1:00pm in the card room. See you  
there!



**Washcloth Bunny & Chick**  
**Craft Project**

**Wednesday, March 22 at 1:30 p.m.**

These cute washcloth bunny and chick are super easy to make and are a great addition to Easter baskets or decorations. The class is \$5.00. Class limited to 6 people. Please sign up and pay at the front desk.

## WRITERS GROUP NEWS

Do you remember *Alice in Wonderland* and the Jabberwocky? A recent project in the Senior Writers Group was to translate the Jabberwocky into language we can all understand. Following is Jerry Nassen's very fun "Alaska Jabberwocky" and the original Jabberwocky poem by Lewis Carroll.



### Jabberwocky

By: Jerry Nassen

'Twas twilight, and the Northern Lights  
Did dance and gyrate in the sky;  
All drowsy were the birds in flight,  
And the wolves sang out their cries.  
Beware the polar bear, my son!  
The jaws that bite, the claws that sting!  
Beware the eagle as it hunts,  
And moose protecting young!  
He took his new harpoon in hand;  
Long time the mighty whale he sought—  
So rested he by the edge of the sea,  
And knelt awhile in thought.  
Then, as in prayerful thought he stood,  
The great bowhead, with eyes of flame,  
Came rising from the frothy flood,  
And spouting as it came!  
One, two! One, two! And through and through  
The blade of bone flew true!  
The village cheered, boy now a man,  
A feast long overdue!  
Thou hast slain the bowhead whale,  
The village elders cried!  
Oh joyous day! We feast today!  
We revel in your pride! '  
Twas twilight and the Northern Lights  
Did dance and gyrate in the sky;  
All drowsy were the birds in flight,  
And the wolves sang out their cries.

### Jabberwocky

By: Lewis Carroll

'Twas brillig, and the slithy toves  
Did gyre and gimble in the wabe;  
All mimsy were the borogoves,  
And the mome raths outgrabe.  
"Beware the Jabberwock, my son!  
The jaws that bite, the claws that catch!  
Beware the Jubjub bird, and shun  
The frumious Bandersnatch!"  
He took his vorpal sword in hand:  
Long time the manxome foe he sought—  
So rested he by the Tumtum tree,  
And stood awhile in thought.  
And, as in uffish thought he stood,  
The Jabberwock, with eyes of flame,  
Came whiffling through the tulgey wood,  
And burbled as it came!  
One, two! One, two! And through and through  
The vorpal blade went snicker-snack!  
He left it dead, and with its head  
He went galumphing back.  
"And hast thou slain the Jabberwock?  
Come to my arms, my beamish boy!  
O frabjous day! Callooh! Callay!"  
He chortled in his joy.  
'Twas brillig, and the slithy toves  
Did gyre and gimble in the wabe;  
All mimsy were the borogoves,  
And the mome raths outgrabe.

The Writers group meets on Wednesdays at 1 p.m. It is open to everyone. Come join us for a fun writing project...or just to listen!!

# TOPS

By: Jerry Nassen

Last month I wrote briefly about TOPS (Take Off Pounds Sensibly), claiming it was a well-kept secret. Well, it appears the secret is out! TOPS AK-189 Kenai (which meets Tuesday mornings at 9:30 am right here at the Kenai Senior Center) has gained four new members last year, and seven new members so far this year, and it's barely March!



TOPS revels in success stories. The goal of every TOPS member is to 'graduate' to KOPS (Keep Off Pounds Sensibly). In 2021, one of our local members, Fran Kilfoyle, did just that. She was so successful, in fact, that she became the State Queen for that year, basically the "Best Loser" (remember that show?) in the entire state of Alaska! For 2022, your chapter saw three members reach their goals and become KOPS: Juanita Aguilar, Marcia Shea and Jerry Nassen. Several other members are on track towards their goals in 2023.

So yes, we are 'growing', but in a good way. Someone once said that success is a terrible problem to have. So if weight control and unhealthy living is an issue for you, might I suggest a possible solution? Just see one of our members...most of you know who we are, and if you don't just ask any of the staff at the Kenai Senior Center. Or better yet, see ya Tuesday morning!



## **"Grow with Me" with Steve Latz**

Interested in learning about gardening? Please join us every Friday starting March 17 at 11:00 am in the dining room/solarium to learn more about planting vegetables from seed. We will be utilizing these plants in our greenhouse and flowers around the Center and we could sure use your help! See you there!

## Welcome to the Kenai Senior Center!

- ★ Ready for lunch?
- ★ Did you sign in?
- ★ Where's my ticket?



Feel familiar? Confused? You're not alone. Let us explain why we do what we do! When a person comes in for lunch or any activity really, there is a two-step process.

### **Step 1: Sign in at the Kiosk for each activity you plan to attend (including lunch).**

**Why is this necessary, you might ask?** This information is reported to the State of Alaska (SOA) and the Kenai Peninsula Borough (KPB). Both contribute funding to the Kenai Senior Center (KSC) budget. The KSC also receives \$.70 cents return on every meal provided to seniors. This funding, in addition to donations, is how the program keeps the cost of meals at just \$7.00 each. As food costs continue to rise it will be difficult to keep the cost of lunch down without the funding to support it.

### **Step 2: Place your meal ticket in the box.**

**Is this necessary? It doesn't have my name on it.** For those of you paying attention yes, we did skip a step. Yes, the next step normally would be that you would purchase your lunch ticket to place in the box. However, part of our funding requires that we give every individual the opportunity to pay whatever they can afford - anonymously. Some of you use the box to make extra donations, thank you! **Every** donation is helpful.

Now let us put it together. We don't need your name on the ticket when you sign in at the kiosk. We already know you're getting a meal. When we count the number of meal tickets, the number of lunches served, and the number of people signing in to the Kiosk, **we are providing significantly more meals than the number of individuals that have signed in.** This costs the program lost revenue and doesn't show exactly how many people benefit from what we do. You can help us, **just by signing in.**

Continuing in February, twice per week, two individuals will be chosen randomly from those who signed into the kiosk that day. The prize? As a way to say thank you for helping us to keep costs down and meet our reporting requirements: Here is a lunch on us!



Don't have a key card for the kiosk? Let us get you one! Just see anyone at the front desk. We will get you one. It's free!



**Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!**

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

<b>MARCH</b>		<b>\$5 CLUB</b>	
Juanita Aguilar	Kathy Heus	Kari Mohn	Buck Steiner
Ken & Kris Ayers	Howard Hill	Nelson Nakamura	Sheila Steiner
Marilyn Bannock	Kit Hill	Jerry Nassen	Deborah Marie Stiers
Steve Best	Jan Hollers	Bill Nelson	Vivian Terry
Patricia Bravo	Donna Hoyt	Lois Nelson	Charles & Janice Thornton
Larry Burcham	Molly Jackson	Janice & Joe Nightingale	June Truelove
Renee Clifford	Bobbi Jedlicki	Susan Olson	Terry Turner
Jewell Coverstone	Peggy Jones	Katie Pault	Ray Verg-in
Terry Cramer	Read Kent	Robert S. Peterson	Yen-ti Verg-in
Dave & Allison Darsey	Fran Kilfoyle	Judith (Kent-Hunter)Pock	Arnold Waggaman
Barb Dudley	Leanne King	Carol Prior	Delores Waggaman
Carol Freas	Henry Knackstedt	Biz Robbins	Beverly & Don Waldrop
Velda Geller	Anita Kwan	Trish Roderick	Gary Walker
Margaret Goggia	William LaTocha	Gladys Routh	Frosty Walters
Omer Goodman	Xiaopei LaTocha	Marcia Shea	Virginia Walters
Bill Graves	Hoa Le	Hal Smalley	Marie Weller
Luna Graves	Chris Lombard	Susie Smalley	Ozella Williams
Jeffrey & Monica Griffin	Jennifer Lombard	Barbara Smith	Roy Williams
Darrell Hagen	Carol & Mike Louthan	Steve Smith	Janice Wilsack
Karolee Hansen	Paula R. Maier	Bill Starnes	Clayton Yoncher
Cliff Heus	Len Malmquist	Sondra Starnes	

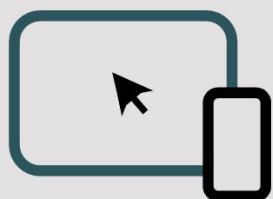


**LIBRARY NEWS by Virginia Walters**

The DVDs are alphabetized! Big thanks to Jerry Nassen for all his help and specifically for doing the stenciled dividers. When you return DVDs, please leave them in the box or put them in the correct alphabetical niche.

The BIG CATS and WILD KILLERS documentary series' are in the shelves under the T.V. screen. There are still a few missing. If you find one under the bed or behind your couch, please return it to the appropriate box.

Twenty three days until SPRING!!! but who's counting??



# Android Basics @ the Senior Center

Thursday  
March 16th  
1:00pm

This workshop is for those who have a new Android mobile device, or are considering getting one, and want to learn more about the basic functions. It will support attendees to get connected, identify common apps, and build confidence in using their device safely.



Please sign up on the bulletin board to reserve your spot.



## Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

**Monday—8-11 am & After 12:00 pm**

**Tuesday—After 11:30 am**

**\*Thursday—All Day**

**\*Friday—All Day**

\* There will be an occasional meeting in the Computer Lab where it will not be available to the general public.

## TAX PREPARATION FOR SENIORS

**BY APPOINTMENT ONLY!!!**

SOLDOTNA COMMUNITY LIBRARY  
235 N. Binkley Street  
Soldotna

**CALL DEBBIE (AARP)**  
**(828) 803-3599**



FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received \_\_\_\_\_ Received by \_\_\_\_\_

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

**Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611**

~Thank you for your help!

Name \_\_\_\_\_  
First Middle Last

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Physical Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

## Kenai Senior Center Donation Form

### *Helping People Age With Dignity*

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

#### **Please make checks to Kenai Senior Center:**

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)
- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

Email Address: \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

#### **Please make checks to Kenai Senior Connection**

- ☐ \$5 Club
  - ☐ monthly - \$5
  - ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.

# MARCH 2023 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

*\*Menu is subject to change\**

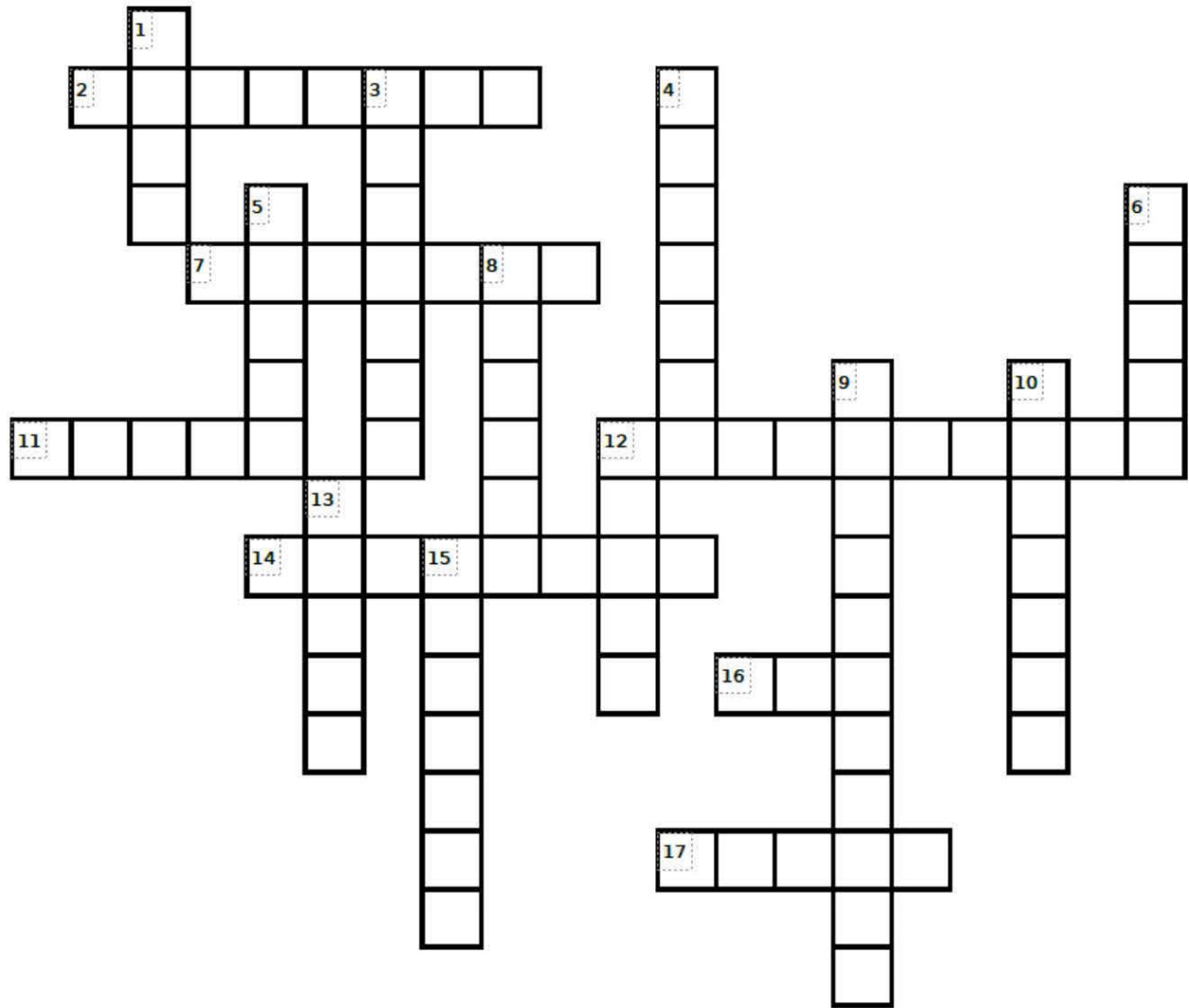
*\*Soup and Salad when available\**

Monday	Tuesday	Wednesday	Thursday	Friday
27 Tuna Sandwich Potato Salad Fruit Cups Chips Soup	28 Taco Salad Chips & Salsa Mexi-Rice 	1 Liver & Onions Mashed Potatoes Gravy Green Beans Salad	2 Sweet & Sour Chicken w/ Teriyaki Noodles Egg Roll Stir-Fry Veggies Soup	3 Cheesy Hot Brown BQ Bourbon Meatballs Red Pepper/ Zucchini/ Mushroom Medley
6 Cheesy Taco Casserole Spanish Rice Chips & Salsa Soup	7 Firecracker Chicken & Spinach Salad Muffin Fruit Cup Salad 	8 Spaghetti & Meatballs Veggies Garlic Bread Salad	9 BBQ Chicken Mac n' Cheese Mixed Veggies Soup	10 Brisket Sandwich Baked Beans Parmesan Fries Salad
13 Sweet & Spicy Cranberry Meatballs Brown Rice Yams Soup	14 Hungarian Goulash Hot Rolls Salad	15 Fried Chicken Mashed Potatoes Gravy Mixed Veggies Salad Birthday Cake	16 Pork Enchiladas Black Beans & Corn Salsa Mexi-Rice Soup	17 Corned Beef Cabbage/Carrots Roasted Potatoes Mint Chocolate Chip Ice Cream
20 Chili Dogs Tater Puffs Carrot Salad Soup	21 Thai Chicken Salad w/ Peanut Dressing Rice Noodles Fruit Cup Salad 	22 Biscuits & Gravy Sausage Links Roasted Potatoes Scrambled Eggs Salad	23 <b>CENTER CLOSED FOR TRAINING</b>	24 Cheeseburgers French Fries Coleslaw Cowboy Beans
27 Clam Chowder Tuna on Rye Seafood Pasta Salad Soup	28 Creamy Lemon Chicken Zucchini Pasta w/ Tomatoes Cheesy Garlic Rolls Salad	29 Baked Potato w/ Fixings Broccoli Spears Muffin Salad 	30 Teriyaki Chicken Baked Beans Zucchini Soup	31 <b>CENTER CLOSED/ MARCH FOR MEALS</b>





# St. Patrick's Day Crossword



## Across

1. What is inside the pot at the end of a rainbow
3. Gemstone the color of St. Patrick's Day
4. A large amount of wealth
5. The month that St. Patrick's Day is celebrated
6. What color represents St. Patrick's Day
8. Lucky plant
9. Day of the Month it is celebrated
10. 6 colored arch across the sky
13. An item that is considered lucky

## Down

2. What kind of clover is lucky
7. Which St is the day about
11. What nationality represents St. Patrick's Day
12. Little person with a green coat and hat
14. A lucky fourleaf clover
16. Sits at the end of a rainbow full of gold
17. Gold circles that are in the pot



*Kenai Senior Connection, Inc.'s  
14th Annual*

# *March for Meals*

FUNDRAISER FOR SENIOR SCHOLARSHIP MEALS

*In the fashion of the*

*Kentucky Derby*

*Friday, March 31, 2023*

*at 6:00pm*

*Kenai Senior Center  
361 Senior Court  
Kenai*



*Call 907-283-4156  
for more information*

.....  
~ Derby Themed Dinner ~ No Host Bar ~ Costume Prizes ~  
~ Dessert Auction ~ Silent Auction Tables ~



*\$40 per person ~ Tickets available  
at the Kenai Senior Center*



## 2023 Donation Form

*Yes, I want to support meals for seniors in my community!*

Name \_\_\_\_\_

Billing/Mailing address \_\_\_\_\_

City | State | Zip Code \_\_\_\_\_

Phone | Fax | Email \_\_\_\_\_

Please consider one of the following:

### **Home-Delivered and/or Congregate Scholarship Meal Programs**

The following options sponsor individuals who cannot afford to contribute toward their meals (the current suggested donation of \$7 for a meal DOES NOT cover the full cost of a meal):

- ☐ \$49/Sponsor one Senior for one week (7 meals)
- ☐ \$98/Sponsor two Seniors for one week (14 meals)
- ☐ \$210/Sponsor one Senior for one month (30 meals)
- ☐ \$420/Sponsor two Seniors for one month (60 meals)
- ☐ \_\_\_\_\_ (Other Amount)

We accept **Checks, Cash, MasterCard, Visa** and **Discover**. Donations can be processed over the phone anytime by calling the Kenai Senior Center at 283-4156. Donations can also be contributed directly to the Kenai Senior Connection, Inc. through the State of Alaska **Pick.Click.Give.** program (when filing for your Permanent Fund Dividend or amend the application to provide the donation after filing), or by mailing it directly to the Kenai Senior Connection, Inc. at P.O. Box 806, Kenai, AK 99611.

### **Acknowledgment Information**

Please use the following name(s) in all acknowledgments:

☐ I (we) wish to have our gift remain anonymous.

*We thank you for your generosity! Every **little** bit can make a **BIG** difference.*

Mail to: Kenai Senior Connection, Inc. P. O. Box 806, Kenai, AK 99611.  
KenaiConnection@gmail.com Phone: 283-4156 Fax: 283-3200

The Kenai Senior Connection, Inc., is a 501(c)3 nonprofit organization. Your gift is tax-deductible to the full extent allowed by law.