

The Centerline



JANUARY 2026

Know your Neighbor: Marcia Shea

By: Jerry Nassen

This month we're telling the story of yet another familiar face seen frequently at the Center. Marcia is currently serving as Leader of TOPS AK-0189 Kenai (Tuesday mornings) and Craft Room Volunteer (Wednesday afternoons and Friday mornings). She frequently shows up for lunch, often participates in the exercise programs offered, always looks forward to the fun and fellowship of the monthly no-host dinners, and is one of Kayla's "people", always ready to lend a helping hand when needed. So what's her story?

Marcia Paulette Shea (ne. Montgomery) was born at Elmendorf Air Force Base in Anchorage on December 31, 1950, the second daughter of Glenn and Jeanette Montgomery, two Army Air Force (as it was known at the time) servicemembers who had recently transferred North from Ft. Worth Texas. A couple years later they divorced, with Glenn remaining in the service and moving out of state, and Jeanette mustering out and remaining in Alaska with Marcia and her older sister Marjie.

The family moved a number of times over the next few years, living in Anchorage, Seward, Cantwell, and the Fairbanks area. Her mom remarried, and the new family headed for...Mexico, but Southern California was as far as they made it. They lived there for several years, returning to Alaska right after the '64 earthquake, in pursuit of work. At this point Marcia was in her early teens, and has lived in Alaska ever since.


Continued on page 10

Special Points of Interest

- Movie Afternoon—Mrs. Harris goes to Paris—January 9
- No Host Dinner—Louie's Restaurant—January 13
- BIRTHDAY Lunch—January 21
- Volunteer Appreciation Dinner—January 30—5:00 pm

**City of Kenai
Kenai Senior Center**
361 Senior Ct.
Kenai, Alaska 99611
907-283-4156

JANUARY 2026

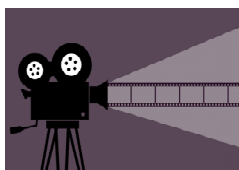
Monday	Tuesday	Wednesday	Thursday	Friday
			1  CENTER CLOSED	2 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
5 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 1p—Choir 2p—Grief support Group for Widows/Widowers	6 9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	7 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p-3p—Quilting/Crafting/ 2-3:30p Stronger Together Support Group/ Family Caregiver Support Group	8 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Card making with Kimberly 1-3p—Hand & Foot 3p—Council on Aging 5p—Cribbage 6:00p—Acoustic Jam	9 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge 3p—Movie Afternoon: Mrs. Harris goes to Paris
12 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	13 9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling 5:00p—Dinner No Host—Louie’s Restaurant	14 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	15 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	16 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
19 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	20 9a– Chair Yoga 10a—Tai Chi 10a—TOPS 11a—PCHS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	21 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH/Birthday Celebration 1p—Mexican Dominos 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	22 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	23 8-10am Waffle Friday 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong 10a—Senior Conn. Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
26 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 1p—Choir 2p—Grief support Group for Widows/Widowers	27 9a– Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	28 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	29 9a– Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	30 No Morning and Afternoon Activities No NOON LUNCH 5pm Volunteer Appreciation Dinner



Happy Birthday!



Day	Name	Day	Name	Day	Name
1	Steve Arbelovsky	12	Dorothy Diamond	23	Ellen Hudson
1	Bob Peters	13	Vickie Graham	23	John White
2	Glenese Pettey	14	Ray Verg-in	24	Charles Thornton
5	Janice Carlton	14	Bobbie Jedlicki	25	Joseph Jolly
5	Charles Kahakawila	14	LeeAnn King	25	Bill Perrigo
6	Dale Sandahl	14	Mark Fitt	26	Gladys Routh
6	Annette Hakkinen	15	Diane Sadler	27	Barbara Waters
7	Sharon Roesch	16	Karen Taylor	28	Sally Kaas
8	Michael Meeks	16	Bobby Hightower	28	Shannon Fitt
9	Judith Pock	16	Marcie Curry	29	Donna Allen
9	Teri Darr	17	Gloria Anderson	31	Jan Erwin
10	Ray Nickelson	21	Sandra Ihrie	JANUARY	
11	Linda Williams	22	Darlene English		



Friday Afternoon Movie January 9, 2026 at 3:00p.m.

Now showing: Mrs. Harris goes to Paris

In 1950s London, a widowed cleaning lady falls madly in love with a couture Dior dress, deciding she must have one of her own. After working to raise the funds to pursue her dream, she embarks on an adventure to Paris that will change not only her own outlook - but the very future of the House of Dior.

NO-HOST DINNER

Louie's Restaurant

Tuesday, January 13, 2026

Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at Louie's in Kenai.

There will be limited transportation available at a charge of **\$5.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

dates to remember

Thursday, January 1	NEW YEAR'S DAY CENTER CLOSED	
Wednesday, January 7	Social Security	9a–Noon
Thursday, January 8	Card Making with Kimberly	1:00 pm
	Council on Aging Meeting	3:00 pm
Friday, January 9	Movie Afternoon: Mrs. Harris goes to Paris	3:00 pm
Tuesday, January 13	"No Host" Dinner/Louie's Restaurant	5:00 pm
Wednesday, January 21	Social Security	9a—Noon
	Birthday Lunch	Noon
Friday, January 23	Waffle Friday	8-10 am
	Senior Connection Meeting	10:00 am
Friday, January 30	Volunteer Appreciation Dinner	5-8 pm

Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm
Need to speak with someone in administration?

Director
Kathy Romain
(907) 283-8213 or kromain@kenai.city
Vintage Pointe, Council on Aging
Kenai Senior Connection, Inc.
Benefits Counseling

Administrative Assistant
Red Piersee
(907) 283-8212 or apiersee@kenai.city
Home Delivered Meals
Benefits Counseling
Vintage Pointe Housing Rental

Activity/Volunteer Coordinator,
Kayla Feltman
(907) 283-8214 or kfeltman@kenai.city
Activities
Volunteer Opportunities
Senior Center Facility Rentals

Do you need a ride or know someone who could use some meals? Maybe you'd like to pick up a meal instead of dining inside? We can help!

For Pick up Meals:
Call the front desk
by 10:30AM* (M-F)

For pick-up at **11:30 AM. Meals must**

be picked up from the front desk before 1:00PM.



For Transportation:

Call the front desk at least **24 hours** in advance to schedule a ride. We will do our best, but same day transportation is not guaranteed.

Dining Room Meals (Congregate)
Monday-Friday 12pm-1pm
No reservations required
(Except for special events)

FY26 Central ILC & Far Out Taxi Voucher Programs

The Independent Living Center (ILC) offers two affordable transportation options for individuals with disabilities who experience barriers to mobility. Vouchers are available for purchase **Monday–Friday, 9:00 a.m.–4:30 p.m.** Participants must complete an **IL Intake** to qualify.



Central ILC Program:

Each voucher costs **\$4.00** and covers **one ride up to \$15.00** with AK Cab. Up to **35 vouchers** may be purchased per month.

Far Out Program:

Each voucher costs **\$10.00** and covers **one ride up to \$30.00** with AK Cab. Up to **10 vouchers** may be purchased per month.

Riders are responsible for any fare amount exceeding the voucher value. Two vouchers are required if a driver waits during an errand. Vouchers may not be linked for longer rides, used as tips, sold, duplicated, or transferred. All vouchers **expire June 30, 2026**, and all sales are final. Misuse of vouchers by riders or drivers may result in termination from the program.

The ILC Taxi Voucher Programs are designed to promote independence and ensure that everyone has access to safe, reliable, and affordable transportation within our community. For more information contact ILC at: 907-262-6333.

A Joyful Time By: Sandy King

Christmas at Kenai Senior Center and Vintage Point was a very special time. Colors of Christmas were everywhere with trees decorated by children in all common places. Wreaths and poinsettias lined the halls. Colored balls and lights hung from the ceiling, a village was set up, and a large nativity set adorned the entrance way.

Activities were varied and fun:

- an original story written and read by the writers group called Ralphie, the Scout Elf
- A movie “Miracle on 34th St.”
- Christmas crafts
- Christmas party/gift exchange
- Tacky, but terrific sweater contest
- The Senior Center Choir Christmas concert
- Breakfast with Santa for the whole family
- Christmas caroling with Donna



Best of all was the wonderful spirit that lies in the hearts of the people at the facilities. Festive clothing, smiles, gifts, and hugs were plentiful. Love shined as we celebrated the birth of our Savior, Jesus Christ. Indeed, it is a special place.

Hey veterans in case you may not have heard about the PAC ACT signed by Congress in 2022, here's what its all about.

The PAC ACT (Promise to Address Comprehensive Toxics) is a landmark US law from 2022 expanding VA healthcare and benefits for millions of veterans exposed to burn pits, Agent Orange and other toxic substances from wars in Vietnam, Iraq, Afghanistan and beyond, adding presumptive conditions for easier claims and requiring regular toxic exposure screenings. It's a massive expansion of benefits for veterans and survivors, helping them get earned care for service-related illnesses.



One thing to note here, you do not have to already be on VA health care to qualify. VA health care and VA compensation benefits are two different issues. So if you served as a veteran where you were exposed and you have health problems, you need to file a claim as soon as possible. It really helps to have copies of your medical records from doctors and hospitals, blood and other test results and your DD-214 military record. Personal letters such as from your wife or relative and other info is also helpful.

Know then who qualifies :

All Vietnam veterans who set foot on land

All Iraq and Afghanistan Post 911 veterans who were exposed to burn pits there. Vets exposed to contaminated water at Camp Lejeune, North Carolina.

Vets who served on Korea's DMZ during 1968 thru 1970 and others who handled Agent Orange stateside, etc.

You can verify all these places by reading the PAC ACT.

This is an expanded VA program which simplifies and speeds up your claim, like within ninety days. But it is very important to get your records in order if you have any of the new 22 presumptive health problems. You can see all these conditions by going on line to VA PAC ACT. Much is covered there.

Especially important is to take your assembled health care paperwork to a professional VA Service Claims officer. I recommend Mark Johnson, in suite B business plaza at Tudor and C Street in Anchorage. Make an appointment with Mark at :

Mark Johnson, Veterans Service Officer Mark.Johnson463@va.gov
Office 907-257-4760 Fax 907-257-4759 Cell 907-744-4109

The trip to Anchorage to see Mark is well worth it. He is very knowledgeable and easy to work with. This PAC ACT makes millions more veterans eligible for VA health care and monetary compensation. Your benefit could be substantial, but have a little patience.

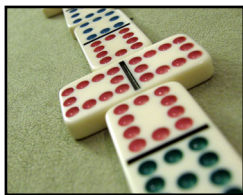
So veterans read up on the PAC ACT, get your Sierra Tango, and file your claim ASAP. They say there are approximately six million veterans who qualify who have not done so yet.

File soon and good luck, Dave Thompson - Always helping veterans

Calling all Mexican Dominoes Players!

Interested in playing or learning about

Mexican dominoes? Please join us every **Wednesdays** of the month at 1:00pm in the card room. It's so much fun and see you there!



Stronger Together Support Group



Wednesdays 2 –3:30 pm

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

Nikiski Pool Transportation:

Morning pool service has resumed on Thursdays. There is no transportation fee for this service but the individual is responsible for the \$2 admission fee to the pool.



Waffle Bar Returns!

We will be offering waffles on **The fourth Friday of the month** from 8-10:00 am. Come in for coffee, juice, and a hot waffle for just \$3. You may bring your own goodies to add to your waffle. No need to sign up. Just show up and enjoy this special treat.



Kenai Peninsula Wednesday, January 7 from 2:00p-3:30p



The Kenai Peninsula Family Caregiver Support Program will meet at 2:00 pm on Wednesday, January 7 in the dining room at the Kenai Senior Center w/ the "Stronger Together" Group.

Anyone interested in learning more about the services we have to offer are more than welcome to attend. For more information, please contact Dani or Nicole at 907-776-7654.

Card Making with Kim

Thursday, January 8 at 1:00pm Senior Center Dining Room. Please Sign up on the bulletin board.



How Is the Senior Center Funded?

Many people are surprised to learn how our Senior Center is funded. The Center receives partial funding through a **Title III grant under the Older Americans Act**, which helps support meals and programs for older adults. However, this grant covers only a portion of our costs — and we depend on **community support and private donations** to keep our programs going strong.

When you enjoy lunch at the Center, you'll notice a **suggested donation of up to \$8 per meal**. This is not a charge or fee — it's simply a suggested contribution that helps us cover the true cost of preparing and serving nutritious meals each day. We understand that not everyone can give that amount, but **we appreciate any donation you're able to make**. Every dollar helps, and every contribution makes a difference.

Beyond meals, the Center offers so many “free” services — from daily coffee and social activities to educational programs, exercise classes, and community events. While these may appear free to our participants, they are made possible only through the generosity of donors, volunteers, and local supporters who believe in keeping our Center active and welcoming for everyone.

If you would like to make a **donation anonymously**, there is a **wooden box in the hallway** where contributions can be placed discreetly. Your continued support ensures that we can serve today's seniors — and future generations — with care, dignity, and connection. **Thank you for helping us make it all possible!**



Are you confused about the new Kenai Peninsula Borough Property Exemption and not sure what to do?



We went straight to the Assessing Department at the Borough to get the details. Here is what we found out:

To get the **senior tax** exemption in the Kenai Peninsula Borough, you must be 65 or older (or a surviving spouse 60 or older), own and occupy the property as your primary residence, and qualify for an Alaska Permanent Fund Dividend. An application must be submitted by February 15th of the exemption year. Proof of age is required for the initial filing. (This is for the \$300,000 senior exemption and there is NO change to this. If you have already done this, it does not need to be redone.)

The \$50,000 residential exemption has been raised to \$75,000. This is in addition to the senior exemption. You **DO** need to apply for this exemption. The easiest way to apply is to go to the Kenai Peninsula Borough website <https://www.kpb.us/> and click the upper orange box on the home page. “New \$75K exemption”. Fill it out and hit submit.

The senior center can also provide copies for you to mail in or you can stop by the Borough Assessing Department in Soldotna and they will help you fill it out.

Remember, the deadline for applications is February 15, 2026.

Kenai Senior Connection, Inc. NEWS

By: Terry Turner, Board President and Jerry Nassen, Board Vice-President

We've all heard the phrase "one stop shopping", usually in reference to malls, stores like Super Walmart's, online outlets like Amazon, or medical parks. But do you realize we have an ultimate 'one stop shop' right here in Kenai? I'm talking about your Kenai Senior Center.



Do you know what all is available here, all under one roof? There's exercise (Growing Strong, Tai Chi, chair yoga, transportation to the Nikiski pool), games (bridge, pinochle, Wii bowling, Mexican dominoes, hand and foot, cribbage, bingo), music (karaoke, acoustic jam, bell ringers, choir), support services (Social Security, Stronger Together Support Group, widows/widowers grief support group), special interests (writer's group, quilting/crafting group, movie afternoons), food (awesome daily lunches, special birthday lunches, waffle Fridays, monthly No-Host dinners, occasional potlucks), if too much food then there's weekly TOPS meetings—Take Off Pounds Sensibly, a lending library (books, puzzles, DVD's, audio books), and two different administrative groups—Council on Aging Commission and Kenai Senior Connection, Inc.

I'm sure I've missed something, but you get the gist. All these groups and programs are always looking for more folks to join them. I've often heard that 'the Senior Center has yet to recover to it's former glory pre-covid'...well, let's see what we can do to address that.

From your Senior Connections Board, may the New Year bless you with warmth, health, and fellowship...and we look forward to seeing you more often at the Center!

LIBRARY NEWS

by Kari Mohn

The card drawer in the Game Room at the Kenai Senior Center has received some tender, loving, care. In the low file cabinet to the left of the TV screen are greeting cards. The bottom drawer has hanging folders marked with various greeting card headings. They include: Friendship, Congrats, Blank, Birthday, Easter, Get Well, Thank you, Sympathy, Valentines and Christmas. These cards are free for the taking. If you wish to donate cards, please place them in the top drawer of the file cabinet.

The Game Room, located to the left as you enter the Kenai Senior Center, contains the following collections: Paperback books, DVDs, Blu-Rays, Audio Books, and Jig-saw Puzzles. Borrowing is easy. Take what you would like to use and return it when you are finished. Books are returned in the basket near the beginning of the bookshelves and DVDs and Blu-Rays are returned in the bin at the end of the bookshelves.



(MARCIA SHEA, Continued from page 1)

After returning to Alaska, the family even lived one summer in Chicken, but finally settled in the Seward/Moose Pass area.

At seventeen, between her Junior and Senior years at Seward High School, Marcia married Glenn Smith, and settled in Moose Pass, where they raised two sons, Robert and Bruce, both born in Seward and graduated from Seward High School. Both sons eventually settled in the Sterling area, with Marcia rejoining them on 'this side of the mountains' later.

Marcia has never shied away from work. While in Moose Pass and a young mother, her first job was making gold nugget jewelry for Reed's Jewelry, one of two gold nugget jewelry makers in Moose Pass at the time. After about two years, the young family moved to Anchorage, where Marcia worked for the State of Alaska Public Health Department as a clerk/typist. After five years, the family decided to relocate to Moose Pass, where Marcia again found herself seeking employment.



"I had every job in town," she said, clerking at the local grocery, waitressing and cleaning rooms at the Lodge, janitorial and cooking at the school, even taking a three-month break one fall to accompany her husband (who had a guiding business) to the Brooks Range to be camp cook/roustabout.

"The tourist/hunters thought I was a true 'Alaska Woman'. I was first up in the morning and last down at night. I cooked their meals, helped skin game, caped out sheep, caribou, and bears. I wasn't afraid to get my hands dirty or bloody." She added, "Thankfully before heading out to hunting camp I got some recipes and basic cooking tips and instructions from Grandma!"

She was working Saturdays at the Moose Pass Post Office (along with several of the aforementioned part-time jobs) when the Postmaster retired and she was awarded the permanent full-time position of Postmaster of 'Beautiful Downtown Moose Pass'. "I thought I'd died and gone to heaven; a full-time job with benefits, in my small town!" This was in 1984.

In the fall of 2001, while at a Postmaster convention in New Orleans LA, she met Jerry, who was also a Postmaster, but from Washington state. They continued their friendship, seeing each other twice a year at Postal gatherings. In 2005, both their lives changed and they made the decision to become a couple, but had to maintain a long-distance relationship until 2009, when Jerry relocated to Alaska, working in Nome and Glennallen, eventually getting a permanent appointment as Postmaster in Seward.

"In December of 2013, we had a telecom with our financial advisor," Marcia says. "She was going on about how much money we had invested, and that we could 'send a grandchild or two' to college, or...when I interrupted her and said, 'if there's that much money, why can't we retire?' To which she said, 'well, you can...when do you want to?' So I looked at Jerry, he looked at the calendar, and a date was set: March 21, 2014."

(MARCIA SHEA, Continue from page 11)

(MARCIA SHEA, Continued from page 10)

They continued to live in Moose Pass for another seven years, then decided to 'join the rest of the family' on the west side of the Kenai, and moved into a duplex in the Thompson Subdivision, halfway in between Soldotna and Kenai. The first couple they met after moving here was Kit and Howard Hill, both active members of the Kenai Senior Center; they are the primary reason Kenai Senior Center became their 'hang out spot' as opposed to Soldotna. In fact, they are on the list for an apartment at Vintage Point so will soon have even better access to the facilities.

Marcia is now surrounded by family in the area. A typical gathering at one of the houses or at the family cabin in Clam Gulch numbers in the 20's, ranging from Uncle Ted at 85 to Oaklynn Rose at five months, and with two sons, four grandchildren, nine great grandchildren (and counting) and assorted spouses and significant others, the number is growing all the time. She calls it her "Happily Ever After" time of life.

Super Bowl Squares On Sale



Monday, January 26, 2026

"Are you ready for some football????"
The Super Bowl is scheduled for Sunday, February 9, 2026. If you're a betting person, you'll be able to buy two squares the first week and then an unlimited number of squares the second week prior to the big game. Payment is made at the Reception Desk. Good Luck!



We are so very
grateful
for you!

Volunteer Appreciation Dinner

Friday, January 30 at 5:00 pm.

Please join us as we say thank you "Hawaiian style". Invitations will only be sent to **MySeniorCenter** registered volunteers. (If you are a registered volunteer, please be sure to sign in when you volunteer.)

NOTE: there will not be a noon meal served on this day.





Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

JANUARY 2026 \$5 CLUB

Juanita Aguilar	June Harris	Jerry Nassen	James Schwanke
Ken Ayers	Nancy Henning	Bill Nelson	Linda Schwanke
Kris Ayers	Howard Hill	Lois Nelson	Vivian Terry
Carol Barner	Kit Hill	Marian Nickelson	June Truelove
Steve Best	Kathy Heus	Ray Nickelson	Terry Turner
Larry & Tona Bravo	Donna Hoyt	Susan Olson	Ray Verg-in
Patricia Bravo	Bobbie Jedlicki	Katie Pault	Yen-ti Verg-in
Megan Burke	Leanne King	Bill Perrigo	Beverly & Don Waldrop
Barb Christian	Ron King	Nanette Peter	Frosty Walters
Mike Christian	Sandy King	Bob Peters	Virginia Walters
Renee Clifford	Henry Knackstedt	Robert Peterson	Candace Ward
Jewell Coverstone	Anita Kwan	Judith Pock	John White
Rachael Craig	Gaye Larane	Carol Prior	Ozella Williams
Walt Craig	William LaTocha	Robert Reichert	Janice Wilsack
Terri Cramer	Xiaopei LaTocha	Biz Robbins	Clayton Yoncher
Deborah DeShong-Hayes	Hoa Le	Trish Roderick	Emmett Young
Janet Nelson-Dormandy	Susan Lockwood	Gladys Routh	
Shirie Drath	Chris Lombard	Julia Selanoff	
Barbara Durnil	Jennifer Lombard	Marcia Shea	
Robin Feltman	Andy Long	Hal Smalley	
Sharon Fisher	Paula Maier	Debbie Sonberg	
Velda Geller	Marge Milewski	Russell Sonberg	
Margaret Goggia	James Miller	Cheryl Spear	
Bill Graves	Kari Mohn	Bill Starnes	
Luna Graves	Twyla Mundy	Sondra Starnes	
Jeffrey & Monica Griffin	Wayne Mundy	Sheila Philips-Steiner	
Phyllis Hallstead	Debbie Myers	Linda Stephens	

**Are we missing your
name? Please let us
know!**



Looking for something fun to do? Enjoy hanging out with others? The Kenai Senior Center is the place for you!

- **First Thursday of the Month:** Movie Afternoon 3 PM to 5PM 
- **Thursday Fun Night:** happens every second, third, and fourth Thursday of the Month from **5 PM to 9 PM:** Join us for an Accoustic Jam, card games, cribbage, and more!

Beat the blues and make your Thursdays something to look forward to. We can't wait to see you there!



- Unless purchasing a large amount for transportation or lunch tickets, we cannot break a bill over \$20.
- You are welcome to take home leftovers from your meal, but please bring your own container.
- Coffee bar and bakery dollar donations are much appreciated. Thank you for your generosity. Items from the bread table are limited to just one per person daily.

We appreciate your understanding.

Widows/Widowers



Meet Mondays at 2pm

Come share your grief with others

Its your story for you to share and we are here to support you

Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

Monday—8-11 am & After 12:00 pm

Tuesday—After 11:30 am

***Thursday—All Day**

***Friday—All Day**

*There will be an occasional meeting in the Computer Lab where it will not be available to the general public.



Happy New Year Around The World

- | | |
|----------------|-----------------------------|
| ___ Spanish | a. L'shannah Tovah |
| ___ Hebrew | b. Feliz Año Nuevo |
| ___ Greek | c. Yeni Yiliniz Kutlu Olsun |
| ___ French | d. Head Uut Aastat |
| ___ Estonian | e. Godt Nyttår |
| ___ Dutch | f. Z Novym Rokom |
| ___ Ukrainian | g. Prosit Neujahr |
| ___ Russian | h. Bonne Annee |
| ___ Portuguese | i. Chuc Mung Tan Nien |
| ___ Italian | j. Felice Anno Nuovo |
| ___ Vietnamese | k. Boldog Ooy Ayvet |
| ___ Turkish | l. Gelukkig Nieuwjaar! |
| ___ Danish | m. S Novim Godom |
| ___ German | n. Kalì Chronià |
| ___ Hungarian | o. Feliz Ano Novo |





FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received _____ Received by _____

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611

~Thank you for your help!

Name _____
First Middle Last

Mailing Address _____

City _____ State _____ Zip _____

Physical Address _____

City _____ State _____ Zip _____

Date of Birth _____ Home Phone _____ Cell Phone _____

Kenai Senior Center Donation Form

Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

Please make checks to Kenai Senior Center:

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)
- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

Email Address: _____

Please make checks to Kenai Senior Connection

- ☐ \$5 Club
 - ☐ monthly - \$5 ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Name _____ Address _____

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.



Heart Healthy

JANUARY 2026 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

Menu is subject to change

Soup and Salad when available

Monday	Tuesday	Wednesday	Thursday	Friday
<p>29</p> <p>BLT on Rye Soup Tater Puffs Macaroni Salad</p>	<p>30</p> <p>Chicken Cobb Salad w/ Bleu Cheese Dressing Fruit Cup Muffin  Soup</p>	<p>31</p> <p>Blueberry French Toast Sausage Links Roasted Potatoes</p>	<p>1</p> <p> CENTER CLOSED</p>	<p>2</p> <p>BBQ Pulled Pork Sandwich Steak Fries Coleslaw</p>
<p>5</p> <p>Swedish Meatballs Noodles Picked Beets Soup</p>	<p>6</p> <p>Zen Oriental Chicken Salad Fruit Cup Muffin </p>	<p>7</p> <p>Baked Ham Cheesy Potatoes Green Beans Salad</p>	<p>8</p> <p>Chili Dogs French Fries Broccoli Apple Salad</p>	<p>9</p> <p>BBQ Chicken Legs Bac & Cheese Tossed Salad</p>
<p>12</p> <p>Teriyaki Chicken Jasmine Rice Stir-Fry Veggies Egg Roll Soup </p>	<p>13</p> <p>Beef Stew Peaches & Cottage Cheese Mandarin Orange Salad Rolls</p>	<p>14</p> <p>Spaghetti w/ Meat Sauce Italian Veggies Garlic Bread Salad</p>	<p>15</p> <p>Chef's Soup Ham & Cheese on Croissant Potato Salad Fruit Cup</p>	<p>16</p> <p>Liver & Onions Mashed Potatoes Gravy Broccoli</p>
<p>19</p> <p>Baked Potato w/ fixings Broccoli Spears Soup </p>	<p>20</p> <p>Seafood Extravaganza Salad Fruit Cup Muffin</p>	<p>21</p> <p>Roast Turkey Mashed Potatoes Gravy Green Beans Stuffing Salad Birthday Cake</p>	<p>22</p> <p>Beef Enchilada Mexi-Corn Spanish Rice Chips & Salsa Soup</p>	<p>23</p> <p>Cheeseburger Baked Beans Steak Fries</p>
<p>26</p> <p>Stuffed Meatloaf Mashed Potatoes Gravy Corn & Peas Soup</p>	<p>27</p> <p>Chef's Salad Fruit Cup Muffin </p>	<p>28</p> <p>Biscuits & Gravy Sausage Links Scrambled Eggs Roasted Potatoes</p>	<p>29</p> <p>Fried Chicken Mashed Potatoes Gravy Honey-Ginger Carrots Soup</p>	<p>30</p> <p><u>VOLUNTEER</u> <u>DINNER</u>  DINING ROOM</p>



PLEASE
PLACE
STAMP
HERE



<https://www.facebook.com/kenaisenior/>

E-mail: senior@kenai.city

Fax: 907-283-3200

Phone: 907-283-4156

Kenai, Alaska 99611

361 Senior Court

Kenai Senior Center

City of Kenai
Kenai Senior Center