

The Centerline

August 2025

Know your Neighbor: Vivian Terry

By: Elizabeth "Biz" Robbins



A gentle lady with curly blonde hair and a ready smile, Vivian Terry is often found in the Kenai Senior Center where help is needed – organizing choir music, filling gift favors for fund raisers, running off Xerox copies, she's available for a large assortment of tasks. After all, her daughter, Kathy Romain, is the

center's director, and a mom is always ready to help her daughter. In fact, that is how Vivian arrived in Kenai thirteen years ago. When Kathy was struggling with a second bout of cancer, she reached out to her mother: "Mom, I need you. Please come." Of course, Vivian came.

Vivian was born on a farm in Wayne County, Iowa, where her dad farmed for his grandparents. She was the fourth child in a family of nine: three boys and six girls. When she was two, her family moved to southeastern Iowa where her dad owned a machine shop. During this time, the outdoors provided favorite memories, as her mom often brought the girls into the woods to pick spring flowers and to take afternoon naps in the sun on the front yard.

Ten years later, she found herself in Des Moines, the place she calls her home town. Here she went to the "big school" for the first time. With her younger sister, they were "lost little girls" as they entered sixth and eighth grades. She worked "all the time," first as a baby sitter and later as a car hop and waitress at the local drive in. Vivian enjoyed shopping, especially in Younkers Department Store. And she found a church she loved and attended during her high school years, participating in the choir and the youth groups. It was at church that she met her husband-to-be.

After Vivian's high school graduation, they married and both set out for college, attending in Owatonna, Minnesota. A year and a half later, while her husband finished his degree in Omaha, their first child was born. Shortly afterward, and from then on, Vivian became a full-time mother and wife.

However, her husband continued his education, eventually taking his family to Los Angeles, where he completed his theology degree. Vivian missed the changing of the seasons and feared damage from the riots that were occurring at the time, so their family, with three children in tow, moved back to Iowa.


Continued on page 12

Special Points of Interest


- Movie Afternoon—The Hundred Foot Journey— August 7
- No Host Dinner— Princess Lodge Rod & Reel— August 12
- Birthday Lunch—August 20
- Day Trip to Halibut Cove— August 29

City of Kenai
Kenai Senior Center
361 Senior Ct.
Kenai, Alaska 99611
907-283-4156
senior@kenai.city

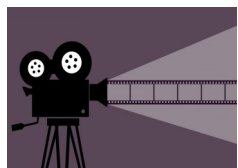
AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
4 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 2p—Grief support Group for Widows/Widowers	5 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	6 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong 11:30a—Patriotic Choir Concert Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group/ Family Caregiver Support Group 3p—Ping Pong	7 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Pool 1p—Wii Bowling 1-3p—Hand & Foot 3p—Movie Afternoon: The Hundred Foot Journey	8 9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Kenai Peninsula Fair in Ninilchik/Bell Ringers 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
11 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 2p—Grief support Group for Widows/Widowers 2p—Buck Steiner Memorial	12 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling 1:30p—GPGC Tour w/ Steve Latz 4:00p—Dinner/No Host—Princess Lodge Rod & Reel	13 9a—Growing Strong 10a—Growing Strong 11a—Noon/Bluegrass Noon—LUNCH 1p—Tour of Historic Museum of Kasilof, Soldotna, and Kenai 1p—Mexican Dominos 1p—Card Making w/ Kim 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group 3p—Ping Pong	14 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi 11:30a—Independent Living Center/ARDC Noon—LUNCH 1p—Pool 1p—Wii Bowling 1-3p—Hand & Foot 3p—Council on Aging 5p—Cribbage 6:30p—Acoustic Jam	15 9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Growing Strong 11:30—Old Timers LUNCHEON– RSVP 1p—Wii Bowling 12:30-4:30p—Bridge
18 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 2p—Grief support Group for Widows/Widowers	19 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH/Indoor Picnic 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	20 9a-Noon-Social Security 9a—Growing Strong 10a—Growing Strong Noon—LUNCH/ Birthday Celebration 1p—Mexican Dominos 1p—Writers’ Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group 3p—Ping Pong	21 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Tech Time w/ Elizabeth Kleweno 1p—Pool 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:30p—Acoustic Jam	22 9a—Growing Strong 9a—10a Blood Pressure Check 9a-4p—ILC Medicaid Qualifying trust and estate planning Seminar 9:30a-12p—Quilting 10a—Senior Connection 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
25 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 2p—Grief support Group for Widows/Widowers	26 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1p—Bingo 12:30-4:30p Pinochle 1p—Wii Bowling	27 9a—Growing Strong 10a—Growing Strong Noon—LUNCH 1p—Mexican Dominos 1p—Writers’ Group 1p-3p—Quilting/Crafting/ 2-3:30p Stronger Together Support Group 3p—Ping Pong	28 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Pool 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:30p—Acoustic Jam	29 9a—9p—Day trip to Halibut Cove 8-10 WAFFLES 9a—Growing Strong 9a—10a Blood Pressure Check 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge

Happy Birthday!

Day	Name	Day	Name	Day	Name
2	Janice Thornton	11	Mike Lockwood	23	Colleen Sonnevil
2	Keith Struempler	11	James Trail	23	Kathy Wolf
3	Karen Fredericks	12	David Johnsrud	24	Elena Pate
4	Deb Shuey	13	Ken Lancaster	25	Sue Henderson
5	Marie Fitts	15	Clarence Duncan	27	Gladys Geertz
5	Gina Kuntzman	15	Gerald Sanger	29	Marti Anderson
6	Frosty Walters	15	Clayton Yoncher	29	Leone Meredith
6	Trina Doyle	17	Robin Allemann	29	Ronald Dukowitz
7	Michael Christian	20	Steve Latz	30	Kathryn Medcoff
7	Ken Brake	20	Gary Hollier	30	Jim Williams
8	Margaret Milewski	21	Carol Prior	31	Joycelyn Smith
9	Donald Waldrop	21	Marta Eldridge		
9	Arllys Miskinis	22	Janice Wilsack		
11	Charlene White	22	Kimberley Webb		

Thursday Afternoon Movie August 7, 2025 at 3:00p.m.



Now showing: **The Hundred-Foot Journey**

Hassan Kadam (Manish Dayal) is an extraordinarily talented and largely self-taught culinary novice. When he and his family are displaced from their native India and settle in a quaint French village, they decide to open an Indian eatery. However, Madame Mallory (Helen Mirren), the proprietress of an acclaimed restaurant just 100 feet away, strongly objects. War erupts between the two establishments, until Mallory recognizes Kadam's impressive epicurean gifts and takes him under her wing.

NO-HOST DINNER

Princess Lodge Rod & Reel Tuesday, August 12, 2025

Those leaving from the Senior Center parking lot will head out at 4:00p. Or, meet your friends at The Princess Lodge in Cooper Landing.

There will be limited transportation available at a charge of **\$10.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

dates to remember

Wednesday, August 6	Social Security	9a–Noon
Thursday, August 7	Movie Afternoon: The Hundred-Foot Journey	3:00 pm
Tuesday, August 12	“No Host” Dinner/Princess Lodge Rod & Reel	3:00 pm
Wednesday, August 13	Tour of Historic Museums of Kasilof, Soldotna, and Kenai	1:00 pm
Thursday, August 14	Council on Aging Meeting	3:00 pm
Friday, August 15	Old Timer’s Luncheon	11:30 am
Wednesday, August 20	Social Security	9a—Noon
	Birthday Lunch	Noon
Friday, August 22	Waffle Friday	8-10 am
	Senior Connection Meeting	10:00am
Friday, August 29	Day Trip to Halibut Cove	9a-9pm

Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm
Need to speak with someone in administration?

Director

Kathy Romain

(907) 283-8213 or kromain@kenai.city
*VP Housing, Council on Aging
 Kenai Senior Connection, Inc.*

Administrative Assistant

Red Piersee

(907) 283-8212 or apiersee@kenai.city
*Home Delivered Meals
 Benefits Counseling
 Vintage Pointe Housing Rental*

Activity/Volunteer Coordinator,

Kayla Feltman

(907) 283-8214 or kfeltman@kenai.city
*Activities
 Volunteer Opportunities
 Senior Center Facility Rentals*

Do you need a ride or know someone who could use some meals? Maybe you’d like to pick up a meal instead of dining inside? We can help!

For Pick up Meals:

**Call the front desk
 by 10:30AM* (M-F)**

For pick-up at **11:30**

**AM. Meals must
 be picked up from the front desk
 before 1:00PM.**



For Transportation:

Call the front desk at least **24 hours** in advance to schedule a ride. We will do our best, but same day transportation is not guaranteed.

Dining Room Meals (Congregate)

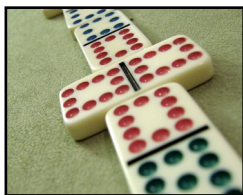
Monday-Friday 12pm-1pm

No reservations required

(Except for special events)

Calling all Mexican Dominoes Players!

Interested in playing or learning about Mexican dominoes? Please join us every **Wednesdays** of the month at 1:00pm in the card room. It's so much fun and see you there!



Stronger Together Support Group



Wednesdays 2 –3:30 pm

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

The Central Peninsula Garden Club will be touring our greenhouse and deck on August 12 at 1:30.

Steve will share our method of producing cucumbers in the greenhouse then show them the flowers on the deck. All of these plants were germinated and grown here at the Kenai Senior Center.

Nikiski Pool Transportation:

Starting Thursdays in August there will be transportation available for both AM and PM sessions at the Nikiski pool. The van will leave the center at 9:00am for the morning session and 1pm for the afternoon session. There is no transportation fee for this service but the



individual is responsible for the \$2 admission fee to the pool.

Kenai Peninsula Wednesday, July 2 from 2:00p-3:30p



The Kenai Peninsula Family Caregiver Support Program will meet at 2:00 pm on Wednesday, August 6 in the dining room at the Kenai Senior Center w/ the "Stronger Together" Group.

Anyone interested in learning more about the services we have to offer are more than welcome to attend. For more information, please contact Dani or Nicole at 907-776-7654.



- Unless purchasing a large amount for transportation or lunch tickets, we cannot break a bill over \$20.
- You are welcome to take home leftovers from your meal, but please bring your own container.
- Coffee bar and bakery dollar donations are much appreciated. Thank you for your generosity. Items from the bread table are limited to just one per person daily.

**We appreciate your
understanding.**

Senior Farmer's Market Nutrition Program



**Will you be 60 years of age or older
by September 30, 2025?**

Do you like fresh fruits and veggies but
purchasing these items are a little hard
on your pocketbook?

If you answered yes to both of the
questions above you will be happy to
hear that the Kenai Senior Center is a
distributing agency again for Farmer's
Market Benefits! Benefits are available
after July 1.

For more information about the
program and to inquire as to whether
you are eligible, please call the Kenai
Senior Center at (907) 283-8212.




IT'S FAIR TIME!!!

For over 73 years, the town of
Ninilchik, Alaska has played host to the
annual Kenai Peninsula Fair, which
continues to be one of the biggest
celebrations on the Kenai
Peninsula. Every August, approximately
7,000 people come from all points of the
state for a chance to attend the Fair and
take in events to participate in or to
watch, including live music (did we
mention our bell choir will be playing at
1:00 pm), pig races, western-style rodeo
with bull riding, the Backwoods Girl
competition, the annual parade and much
more.

Lucky for you, the Senior Center
plans to take a van(s) of seniors to
Ninilchik to enjoy a day at the fair on
August 8, 2025. The bus will leave the
Center at 10:00am and return around
4:00 p.m. If you want to join the fun, sign
up with and pay the transportation cost of
\$10 at the receptionist's desk. You will
pay for your admission at the gate and
also will need lunch money.

Celebrating
THE LIFE OF



BUCK STEINER

Monday, August 11
Kenai Senior Center at 2pm

Looking for something fun to do?
Enjoy hanging out with others?
The Kenai Senior Center is the
place for you!

- **First Thursday of the Month:** Movie Afternoon
3 PM to 5PM



- **Thursday Fun Night:**
happens every second, third,
and fourth Thursday of the
Month from **5 PM to 9 PM:**
Join us for an Accoustic Jam,
card games, cribbage, and
more!

Beat the blues and make your
Thursdays something to look
forward to. We
can't wait to see
you there!



LIBRARY NEWS

by Kari Mohn

Due to a large donation, we have a new section in the Kenai Senior Center Library. It is the Fantasy section found on the same shelf as the Alaska section and the History section. We received so many fantasy books that new ones will be added to the collection in the next couple of months.

The audiobook collection, found on the same wall as the television, has received some tender loving care. The collection is now housed on two shelves. Fiction titles are housed on the top shelf in alphabetical order by the last name of the author. The second shelf houses non-fiction titles. Biographies, memoirs, and other non-fiction works are shelved here as a browsing collection. They are in no particular order. Audiobooks on CDs are great for road trips or enjoying a book when reading is not an option.

As you look for new titles in August, look for chartreuse post-its. The lavender July post-its will still be there but the blue June post-its have been retired although the books, puzzles or DVDs may still be in the collection.



Widows/Widowers



Meet Mondays at 2pm

Come share your grief with others

It's your story for you to share and we are here
to support you

PICNIC



Indoor Picnic

**Tuesday, August 19 @
11:30a**

This year it's an **Indoor** Picnic. Come and join us for Great Food, Exciting Games & Giggles. You won't want to miss this Summer Time FUN!!!



Friday, August 15

Doors open at 10:30 a.m.

Please RSVP with the reception desk or on the bulletin board.

Be ready to share a "blast from the past".



Day Trip to Halibut Cove

Friday, August 29

9:00a-9:00pm

We are going to Halibut Cove again in August!!! This is a five-hour tour to Halibut Cove. The vans will leave the Center at 9:00 a.m., drive to Homer, and depart Homer at 11:30 a.m. to Halibut Cove. One of the highlights of the cruise to Halibut Cove is a visit to Gull Island, a bird sanctuary, a short twenty minutes from Homer. A no-host lunch will be at the famous Saltry Restaurant. The Danny J ferry goes rain or Shine! No refunds for those who choose not to go in rainy weather.

The cost of the tour is \$70.00 and the van ride charge is \$15.00. Prepay at the Receptionist Desk, fill out forms and reserve your spot. We must have a minimum of five (5) people.

Tour of Historic Museums of Kasilof, Soldotna, and Kenai

Not sure you understand all the craziness surrounding the annual return of salmon to the waters of Cook Inlet? Tired of the sinking of the Central Kenai Peninsula due to the weight of the masses of people descending on us during the summer months? Exasperated with traffic on our local roads and thinking it is time for them to go home, with or without their plunder of fish from our waters? Well, you're not alone and we've almost reached the end of this summer madness.



The importance of salmon lives large in the history of human habitation on the Central Kenai Peninsula. The Kasilof River and Kenai River communities (Kenai and Soldotna) have a long relationship with the fish that return to our waters. If you would like to learn more about the connected and yet separate history of these communities, join us on a tour of the three museums that have chronicled the establishment and growth of each place. You will return knowing more about the importance of the fishery and you won't have to brave navigating the roads since a tour bus will be provided.

The tour is scheduled for **Wednesday, August 13th**, and will be leaving the Kenai Senior Center at **1:00 p.m.**

A lovely drive along the Cook Inlet bluff will take us to the Kenai Museum and Historic Park where you can spend about an hour touring their excellent collection of both historical information and preserved buildings.

The bus will then take us to Soldotna Historical Society and Museum, and you will walk around and into preserved log buildings that defined early Soldotna. Ever heard of Slikok Valley? Here's where you will learn more about that name.

Finally, the bus will take us to the Kenai Historic Cabins, a museum that came into being to preserve some old buildings that existed in Kenai for about a century and were beginning to deteriorate. Once those structures were refurbished from the ground up (literally), they were furnished and opened to the public to portray some of the history of our town.

The tour will end at approximately 5:30 when the bus returns to the Kenai Senior Center.

I Love a Walk

By: Biz Robbins

Who doesn't love walking on a trail in the spring
Where green grass and flower buds and birds on the wing
Tickle our senses for summer's upswing?
And who doesn't love summer and the sunshine it'll bring
With roses, berries, ferns along brook's waters, sparkling
Like rainbows on our footsteps, making them sing.
How about fall when one sees the leaves turning
From green to colors bright, some seem to be burning
Nature has given a beautiful sight, our admiration earning.
And then there's winter, snow-covered trail disappearing
Too hard for me to walk, an accident I am fearing.
So I hibernate for now, awaiting spring's nearing.

For what do I love but a walk on a trail
To get fresh air and exercise, but also a view
Of God's outdoor creation, so impressive to see
And always, yes always, I find something new.

Thursday, August 14

11:30am—1 pm



A Representative from the Independent Living Center will be on hand to answer questions and discuss what they can do for you to help maintain living an independent senior lifestyle.



MEDICAID QUALIFYING TRUST AND ESTATE PLANNING SEMINAR

Learn how to manage resources and assets
while qualifying for long term care.

Hosted by
Kenai Senior Center
Location-361 Senior Ct, Kenai
8/22/25 from 9 am to 4 pm

Presented by Amrit Khalsa
with Independent Living Center



For questions call ILC 907-262-6333

Senior BENEFITS PROGRAM

**Alaska Department of Health
Division of Public Assistance**

Overview

The Senior Benefits Program pays cash benefits to Alaskan seniors who are aged 65 or older and have low to moderate income. Cash payments are \$125, \$175, or \$250 each month depending on other income. The income limits for each payment level are tied to the Alaska Federal Poverty Guidelines and change each year as the poverty level changes.

Who qualifies?

To be eligible for Senior Benefits, an individual must meet the following eligibility criteria:

- Be age 65 or older
- Be an Alaskan resident
- Be a U.S. citizen or Qualified Alien
- Have a Social Security Number or proof that one has been applied for
- Have countable income that does not exceed the income limits.

Resources, such as savings, do not count for Senior Benefits.

Income Limits, Effective 4/1/25

Senior Household Size	\$250 Monthly Payment	\$175 Monthly Payment	\$125 Monthly Payment
Individual	\$14,663	\$19,550	\$34,213
Married Couple	\$19,823	\$26,430	\$46,253

How To Apply

Complete a Senior Benefits Application (applications available online and we have them at the front desk of the Senior Center) and send them by mail, fax, or email or apply online through the Alaska Connect Portal:

<https://alaskaconnect.ilinx.com/engage/dpa>

If you have questions regarding the application or program, please see Red or Kathy at the Senior Center. We are here to help!

Kenai Senior Connection, Inc. NEWS

By: Terry Turner, Board President and Jerry Nassen, Board Vice-President

Have you heard the good news? The Reds are in! Have you heard the bad news? The Reds are in!



Wow, what a summer it's been here on the Kenai and at the Center. July brings the annual Super Tourist Rush, and we like to capture a bit of that frenzy during the 4th of July parade and celebration at the park, and this year was no exception. Thanks to our craft room ladies, the kitchen crew, the Senior Connection Board, the staff and countless other volunteers, the annual Country Store and Pie and Breakfast sale was a huge success. We can't thank you all enough!

We on the Senior Connections Board hope you have been enjoying all the blessings that summer on the Kenai can bestow: Awesome weather, almost eternal daylight, family, friends and fish. We're ready for the craziness to end, but we're NOT ready for the craziness to end...that's the Catch 22 of living in Alaska!

To paraphrase that old US Marine plea (first used in 1779) *We're looking for a few good Senior Connection Board Members!* Yes, the Board is still looking for a couple of folks to flesh out our board. Do you want to take your volunteerism to the next level? Do you want to have more of a say in how we raise money and/or how we spend it? Here is your perfect opportunity, you can get an application from any Board member, or at the front desk. It just may be you that we are looking for!

(VIVIAN TERRY, Continued from page 1)

Vivian's family spent the next several years moving from town to town as her husband's job demanded, and had two more children in those years Jon and Joel joining Kim, Jeff, and Kathy in Iowa, Illinois, Colorado and even to Alaska. For seven years in the 80's, her family lived in Sterling, where her husband pastored a small church. There the children were bused each morning to a small private school in Cooper Landing. At that time, there were no restaurants in the area, so Vivian became a hostess, encouraging and inviting members of her church community for meals and fellowship at their home. She'd also obtained her realtor's license and enjoyed showing homes, perhaps helping people to find their forever homes. Her life was rich and full.

They were called back to Iowa though, and Vivian lived there until she moved to be near her daughter and family in Owatonna. That's where she was when Kathy called.

When I first joined the activities of the Kenai Senior Center, Vivian was a more visible presence, lunching almost daily in the big room and presiding at the front desk a couple of days every week in addition to all the volunteer tasks she performed in the general day-to-day center's running. But now, she has given up the front desk, and she has a new dining partner (and best friend) to spend her time with. But she can still be counted on to help with whatever tasks are needed to be done. She's Kathy's mom and will answer her call.



Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

JULY 2025 \$5 CLUB

Juanita Aguilar	Margaret Goggia	Andy Long	Gladys Routh
Ken Ayers	Bill Graves	Carol Louthan	Julia Selanoff
Kris Ayers	Luna Graves	Mike Louthan	Marcia Shea
Carol & Duane Bannock	Jeffrey & Monica Griffin	Paula Maier	Lavona Smith
Carol Barner	Darrell Hagen	Marge Milewski	Cheryl Spears
Steve Best	Lee & Phyllis Hallstead	James Miller	Bill Starnes
Sandy Bise	June Harris	Kari Mohn	Sondra Starnes
Larry & Tona Bravo	Kathy Heus	Twyla Mundy	Linda Stephens
Patricia Bravo	Donna Hoyt	Wayne Mundy	Vivian Terry
Larry Burcham	Bobbie Jedlicki	Jerry Nassen	June Truelove
Renee Clifford	Ginger Kaona	Bill Nelson	Terry Turner
Jewell Coverstone	Fran Kilfoyle	Lois Nelson	Ray Verg-in
Rachael Craig	Leanne King	Marian Nickelson	Yen-ti Verg-in
Walt Craig	Henry Knackstedt	Ray Nickelson	Beverly & Don Waldrop
Terri Cramer	Mel Krogseng	Susan Olson	Frosty Walters
Deborah DeShong-Hayes	Anita Kwan	Katie Pault	Virginia Walters
Pamela Downing	Gaye Larane	Bob Peters	Marie Weller
Shirie Drath	William LaTocha	Robert Peterson	John White
Barbara Durnil	Xiaopei LaTocha	Judith Pock	Ozella Williams
Robin Feltman	Hoa Le	Carol Prior	Janice Wilsack
Sharon Fisher	Susan Lockwood	Biz Robbins	Clayton Yoncher
Carol Freas	Chris Lombard	Geraldine Roberson	
Velda Geller	Jennifer Lombard	Trish Roderick	



Tech Time @ Kenai Senior Center

Thursday, August 21st at 1:00pm

Tech Time is coming to you! I can help with basic computer skills, accessing library and senior center websites, how to access eBooks and Audiobooks, using devices, digital photos, social media and email.



Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

Monday—8-11 am & After 12:00 pm

Tuesday—After 11:30 am

***Thursday—All Day**

***Friday—All Day**

*There will be an occasional meeting in the Computer Lab where it will not be available to the general public.



Waffle Bar Returns!

We will be offering waffles on **The Last Friday of the month** from 8-10:00 am. Come in for coffee, juice, and a hot waffle for just \$3. You may bring your own goodies to add to your waffle. No need to sign up. Just show up and enjoy this special treat.



FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received _____ Received by _____

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611

~Thank you for your help!

Name _____
First Middle Last

Mailing Address _____

City _____ State _____ Zip _____

Physical Address _____

City _____ State _____ Zip _____

Date of Birth _____ Home Phone _____ Cell Phone _____

Kenai Senior Center Donation Form

Helping People Age With Dignity

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

Please make checks to Kenai Senior Center:

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)
- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

Email Address: _____

Please make checks to Kenai Senior Connection

- ☐ \$5 Club
 - ☐ monthly - \$5
 - ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Name _____ Address _____

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.



Heart Healthy

AUGUST 2025 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

Menu is subject to change
Soup and Salad when available

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fish Tacos Coleslaw w/ Cumin Lime Vinaigrette Salsa Chips
4 Spaghetti Italian Vegetables Garlic Bread Soup	5 Blueberry Nut Chicken Salad w/ Grapes Fruit Cup Muffin 	6 Sweet & Sour Pork Stir Fry Vegetables Jasmin Rice Egg Roll Salad	7 Chicken Enchiladas Spanish Rice Mexican Corn Soup	8 Sloppy Joes Sweet Potatoe Tots Cucumber Salad
11 Swedish Meatballs Egg Noodles Pickled Beets Soup	12 Teriyaki Noodles Thai Chicken Salad w/ Peanut Dressing 	13 Ribs & Sauerkraut Baked Beans Butter Corn Salad	14 Beef Stew Preaches & Cottage Cheese Cucumber Salad Rustic Rolls Soup	15 Roast Turkey Mashed Potatoes w/ Gravy Stuffing Green Beans Apple Pie
18 Citrus Chicken Salad Fruit Cup Muffin Soup 	19 Hotdogs Teriyaki Chicken Pasta Salad Fruit Skewers Ice Cream Sandwiches	20 Meatloaf Mashed Potatoes w/ Gravy Peas & Corn Salad	21 Soup Turkey on a Croissant Fresh Fruit Salad 	22 Lasagna Cucumber Caprese Salad Garlic Bread
25 Baked Potato w/ all the fixings Broccoli Soup	26 Baked Ham Cheesy Potatoes Baked Cabbage	27 BBQ Chicken Corn Fruit Cup Salad	28 Baked Salmon Jasmine Rice Pepper Medley Soup 	29 BBQ Pulled Pork Sandwich Parmesan Fries Coleslaw

Center Funders & Supporters

City of Kenai

Alaska Commission on Aging

Kenai Peninsula Borough

Center Volunteers

Kenai Senior Connection, Inc.

Private Donations



City of Kenai
Kenai Senior Center

Kenai Senior Center

361 Senior Court

Kenai, Alaska 99611

Phone: 907-283-4156

Fax: 907-283-3200

E-mail: senior@kenai.city

<https://www.facebook.com/kenaisenior/>

Find us on

Facebook