

# The Centerline

April 2026



## Know your Neighbor: Patty Segura

By: Biz Robbins

Patty Segura was a driver for the Kenai Senior Center when I met her. The Center planned a trip to Seldovia in June of 2024, and I wanted to go. I signed up, and when we arrived at the boat landing, I was all alone. Patty sat next to me, inviting me to talk, giving me moral support, and became my travel companion for that particular trip. She showed such kindness and empathy, I was grateful for her company. She represented the Center's staff's caring and concern for the seniors so well. In fact only two months, later, she was the staff focus in the August 2024 *Centerline*.

In January of 2025, Patty had to quit her Center activities, as she became sick, seriously sick. Along with having acute pneumonia, she was diagnosed with Stage 4 Small Cell Carcinoma. As she and her family were discussing treatment options in Alaska, her kids (she has four) urged her to seek a second opinion. This led her to Houston, Texas.

Patty was admitted to the University of Texas's MD Anderson Cancer Center, one of the top ranked cancer treatment and research centers in the country. Testing showed she had a special gene, something that around 16% of the population have. She was able to have "Target Therapy," a procedure carried out through that particular gene, which helps stops the spread of cancer. She began this process in March, 2025.

Continued on page 7

### Special Points of Interest

- Movie Afternoon—Love Enduring Promise—Apr. 2
- Easter Luncheon—Apr. 3
- No Host Dinner—Acapulco Mexican Restaurant —Apr. 13
- BIRTHDAY Lunch—Apr. 15

**City of Kenai**  
**Kenai Senior Center**  
361 Senior Ct.  
Kenai, Alaska 99611  
**907-283-4156**  
**senior@kenai.city**

# APRIL 2026

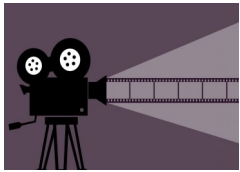
Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> <b>9a-Noon-Social Security</b> 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers' Group 1p-3p—Quilting/Crafting/ 2-3:30p Stronger Together Support Group/ <b>Family            Caregiver Support Group</b>	<b>2</b> 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1p—Card making with Kimberly 1-3p—Hand & Foot <b>3p—Movie Afternoon:            Love's Enduring Promise</b>	<b>3</b> 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong <b>11:30a LUNCH/Easter            Celebration/CHOIR            CONCERT</b> 1p—Wii Bowling 12:30-4:30p—Bridge
<b>6</b> 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 2p—Grief support Group for Widows/ Widowers	<b>7</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	<b>8</b> 9a—Growing Strong 10a—Growing Strong Noon—LUNCH 1p—Mexican Dominos 1p—Writers' Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	<b>9</b> 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot <b>3p—Council on Aging</b> 5p—Cribbage 6:00p—Acoustic Jam	<b>10</b> 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
<b>13</b> 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 2p—Grief support Group for Widows/ Widowers <b>5:00p—Dinner No            Host—Acapulco            Mexican Restaurant</b>	<b>14</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	<b>15</b> <b>9a-Noon-Social Security</b> 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam <b>Noon—LUNCH/Birthday            Celebration</b> 1p—Mexican Dominos 1p—Writers' Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	<b>16</b> 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	<b>17</b> 9a—Growing Strong 9:30a-12p—Quilting 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
<b>20</b> 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 12:30p-4:30p—Bridge 2p—Grief support Group for Widows/ Widowers	<b>21</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	<b>22</b> 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers' Group <b>1p—Painting Birdhouses            Craft Project</b> 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	<b>23</b> 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	<b>24</b> <b>8-10a Waffle Friday</b> 9a—Growing Strong 9:30a-12p—Quilting <b>10a—Senior Conn.</b> 10a—Growing Strong Noon—LUNCH 1p—Wii Bowling 12:30-4:30p—Bridge
<b>27</b> 9a—Growing Strong 10a—Growing Strong 11a—Bell Ringers Noon—LUNCH 2p—Grief support Group for Widows/ Widowers	<b>28</b> 9a— Chair Yoga 10a—Tai Chi 10a—TOPS Noon—LUNCH 12:30-1:30p—Bingo 12:30-4:30p Pinochle 1:30p—Wii Bowling	<b>29</b> 9a—Growing Strong 10a—Growing Strong 11a—Noon/Acoustic Jam Noon—LUNCH 1p—Mexican Dominos 1p—Writers' Group 1p-3p—Quilting/Crafting 2-3:30p Stronger Together Support Group	<b>30</b> 9a— Chair Yoga 9:00a—Pool 10a—Tai Chi Noon—LUNCH 1p—Wii Bowling 1-3p—Hand & Foot 5p—Cribbage 6:00p—Acoustic Jam	



# Happy Birthday!



Day	Name	Day	Name	Day	Name
1	Ann Stone	10	Barb Johnson	17	Candie Allen
2	Bill Nelson	10	Jim Miller	18	Patricia Reilly
2	Mildred Duyck	10	Bill Graves	18	Rosa Brake
3	Lavona Smith	11	Kit Hill	19	Stan Wells
8	Robert Rollen	12	Scott Romain	21	Ian Jenkins
8	Geri Roberson	14	Tim Sperling	22	Mary Moeglein
9	Judith Jenkinson	14	Venetia Nortrup	24	Kerry Wells
9	Chris Lombard	15	Sondra Costales	25	Richard Segura
9	Dawn Nushart	16	Nancy Whiting	28	Thomas Burg
10	Patty Segura	17	Barb Norbeck		



**Thursday Afternoon  
Movie**  
**April 2, 2026 at  
3:00p.m.**

**Now showing:  
Love's Enduring Promise**

The head of a clan, who is unable to tend to his farm after an accident, accepts assistance from a passing stranger who not only reveals a town mystery that has shadowed one of the townsfolk, but falls deeply in love with the eldest daughter.

## NO-HOST DINNER

**Acapulco Mexican Restaurant**  
**Monday, April 13, 2026**

Those leaving from the Senior Center parking lot will head out at 5:00p. Or, meet your friends at Acapulco in Soldotna.

There will be limited transportation available at a charge of **\$7.00**, so RSVP early. Sign up at the Reception Desk.

It is important to let us know if you will be attending the No-Host Dinner but driving separately. We let the restaurant know ahead of time for seating capability and if there is a change or cancellation, we can notify you. Remember to let the receptionist know if you plan to attend, whether you ride the Senior Center van or have your own ride.

# dates to remember

Wednesday, April 1	Social Security	9a–Noon
Thursday, April 2	Card Making with Kimberly	1:00 pm
	Movie Afternoon: Love’s Enduring Promise	3:00 pm
Friday, April 3	Easter Day Luncheon—Choir Concert Please sign up to reserve your seat	11:30 am
Thursday, April 9	Council on Aging Meeting	3:00 pm
Monday, April 13	“No Host” Dinner/Acapulco Mexican Restaurant	5:00 pm
Wednesday, April 15	Social Security	9a—Noon
	Birthday Lunch	Noon
Friday, April 24	Waffle Friday	8-10 am
	Senior Connection Meeting	10:00 am



## Kenai Senior Center Info

Monday—Friday, 8:00 am—5:00 pm  
Need to speak with someone in administration?

**Director**

**Kathy Romain**

(907) 283-8213 or kromain@kenai.city

*Vintage Pointe, Council on Aging*

*Kenai Senior Connection, Inc.*

*Benefits Counseling*

**Administrative Assistant**

**Red Piersee**

(907) 283-8212 or apiersee@kenai.city

*Home Delivered Meals*

*Benefits Counseling*

*Vintage Pointe Housing Rental*

**Activity/Volunteer Coordinator,**

**Kayla Feltman**

(907) 283-8214 or kfeltman@kenai.city

*Activities*

*Volunteer Opportunities*

*Senior Center Facility Rentals*

Do you need a ride or know someone who could use some meals? Maybe you’d like to pick up a meal instead of dining inside? We can help!

For Pick up Meals:  
**Call the front desk by 10:30AM\*** (M-F)

For pick-up at **11:30 AM. Meals must be**

**picked up from the front desk before 1:00PM.**



For Transportation:

Call the front desk at least **24 hours** in advance to schedule a ride. We will do our best, but same day transportation is not guaranteed.

Dining Room Meals (Congregate)

Monday-Friday 12pm-1pm

No reservations required

(Except for special events)



**CITY OF KENAI**  
**SPECIAL ELECTION INFORMATION**  
**MARCH 30-APRIL 14, 2026**

WHEN:	ELECTION:	WHAT:	WHERE AND WHEN?
MARCH 30 <u>through</u> APRIL 14, 2026	<u>City of Kenai</u> <u>Special</u> <u>Election</u>	Absentee In-Person and Special Needs voting available.	<b>City of Kenai Clerk’s Office</b> <b>210 Fidalgo Avenue</b> <b>Kenai, AK 99611</b>  <a href="#"><u>Monday - Friday</u></a>  <a href="#"><u>March 30 thru April 14, 2026</u></a> <a href="#"><u>9:00am - 4:00pm</u></a>
APRIL 14, 2026	<u>Special Election</u> <u>Day</u>		<u>Polls Open 7:00a-8:00p</u>  <u>Kenai City Hall/Absentee-In-Person &amp; Special Needs</u>  <u>Kenai Precinct #1/Kenai Mall</u>  <u>Kenai Precinct #2/Challenger Ctr.</u>  <u>Kenai Precinct #3/Kenai Mall</u>

**DO YOU WANT TO ARRANGE A RIDE DURING A WEEK DAY TO KENAI CITY HALL TO VOTE ABSENTEE IN-PERSON OR ARRANGE FOR A SPECIAL NEEDS BALLOT FOR SOMEONE?**



**DO YOU WANT TO ARRANGE A RIDE TO A KENAI PRECINCT POLL ON APRIL 14 (ELECTION DAY)?**

**CALL (907) 283-4156 EARLY TO ARRANGE A RIDE.**



# FREE Brain Injury & Concussion Consultations

With Dr. Adam Grove

## Have You or Someone You Love Experienced:

- ✓ Traumatic Brain Injury (TBI)
- ✓ Acquired Brain Injury
- ✓ Memory Loss or Cognitive Changes
- ✓ Concussions (recent or past)
- ✓ Difficulty with daily living after a brain injury

**You are not alone. Support, education, and resources are available.**




## The Independent Living Center Provides:

- ✓ **FREE** one-on-one consultations
- ✓ **Personalized** education and recovery strategies
- ✓ **Guidance** for individuals, families, and caregivers
- ✓ Community-based, disability-focused support
- ✓ Connections to local resources and services

## Who Should Call?

- ✓ Individuals experiencing symptoms of brain injury
- ✓ Family members, caregivers, and professionals seeking information or guidance

 **Independent Living Center**  
47255 Princeton Ave #8  
Soldotna, AK 99669

 **Schedule Your FREE Consultation**  
**907-262-6333**

## Accessibility Matters

The Independent Living Center proudly serves **people with disabilities**. Reasonable accommodations are available upon request.

## Easter Celebration

Friday, April 3

11:30am. Dining Room

Missy will be preparing a Easter luncheon to celebrate the spring season. Join us... you know it will be yummy!!! Wear your best Easter Bonnet or Bow Tie for a chance to win a prize. Sign up on the bulletin board.



## Prom Breakfast

Sunday, 1:30am, April 12

The Center is again "the place to be" for the Kenai Central High School Prom attendees. Volunteers are needed to help prepare breakfast beginning at Midnight with breakfast being served at 4:00am. Sign up on the bulletin board.



## TAX PREPARATION



**BY APPOINTMENT ONLY**

**CONTACT: (907) 953-3781**



## Painting Birdhouses

### Craft Project

Wednesday, April 22  
at 1:00 p.m. Craft Room

Who wants to paint super adorable birdhouses to have all year around? The class limited to 8 people. Please sign up and pay at the reception desk. The cost is \$5.00.

(PATTY SEGURA, Continued from page 1)

The cancer had hidden her pneumonia and a deadly infection, which showed up as the cancer was being treated. She was so ill, she wasn't expected to live; she was told that even her family was called down to see her. But live she did, and is an advertisement for the treatment she was given.

When she came back to Kenai, she had two rounds of chemo and started Target Therapy, which she will probably need for the rest of her life. She was given a miracle, having no side effects, not even nausea or diarrhea, from all her treatments, and after her cancer challenges, she was ready to retire.

Her husband is now retired, and she has eleven grandkids to spoil, so her free time is more limited than it used to be. Music is a very large part of her life; Patty loves singing and her husband and children are all musicians. So, she and her husband are rearranging the rooms in their home to make the largest one that used to be their bedroom more suitable for family gatherings, especially sing alongs. However, the Center still calls her if they need help. Patty is now a part-time volunteer, and you might find her in the kitchen, behind the desk, or sitting at a table, sharing a smile and listening to someone's story. In fact, you could be a part of Patty's Karaoke group. It will begin right after lunch on Thursdays starting in April.



Some may not have heard of Alaska's Last Frontier Honor Flight for veterans. This is a five day all expenses paid trip to visit our nations military monuments in Washington D C. This is a very emotional trip for veterans to honor them and welcome them home. The trip is sponsored by Alaska Airlines and the generous donations from local sponsors. The trip departs from Anchorage twice a year, Spring and Fall.

At present the most elderly military veterans go first after applying. Right now veterans to go are WW II, Korea, Vietnam era, Alaska Territorial Guard and terminally or critically ill veterans from all eras.

Each veteran has a guardian to accompany them. They are well taken care of and provided for with all necessary handicap equipment and food and lodging included. Anyone interested can apply on line at [lastfrontierhonorflight.com](http://lastfrontierhonorflight.com). The trip in Washington takes them to events while there they will never forget. It's a very moving and once in a life time experience. If you want to sign up to be a guardian just use that same web site. You won't regret it.

Oops, I almost forgot. Did you ever say that? Last month (March) was women's history month. Although there have been many great women down through history, I will focus mainly on those associated with the military and women veterans. However, who can forget Rosie the Riveter?

More than two million women veterans live in the United States today. The percentage of women veterans has increased to more than 12%. However, of these, only 44% of women veterans are enrolled in VA Healthcare. It's easy to apply at [VAHealthcare.com](http://VAHealthcare.com). You earned it.

It must be mentioned how women veterans gladly previously served in both world wars, Korea, Vietnam and the Middle East and on and on today.

More and more VA centers bear a woman veteran's name, such as the MSG Silverine James Womans VA Health Clinic in Salem, Virginia. On the Vietnam Veterans Memorial Wall in Washington, DC are the names of eight women veterans who served as nurses and gave their lives in that war. The great lifesaving jobs these women did as nurses at Army, Marine, and Air Force Mash Hospitals and on board Navy Hospital ships is incomprehensible. Their nursing stories are truly unbelievable. They too were victims of PTSD. Plus the endless WAC office and clerical workers should never be underestimated for tying all the red tape together during war times. There are endless patriotic stories of our women veterans. WE SALUTE YOU. If you're not already proud of our nurses in uniform, just watch the end of the movie, "Captain Phillips".

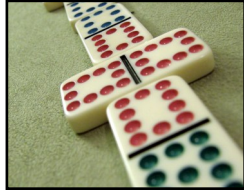
Back to our National Anthem mentioned last month, passed by Congress in 1931. As far as paying our respects to our National Anthem and flag, on August 12, 1998 the US law was rewritten whereby civilian men are to remove their hats and all civilians stand with their hands over their hearts while military veterans both in and out of service stand at attention and salute the flag if present while the anthem is played. Those unable to stand are excused and understood. More on the national anthem next month.

In closing, who Invented Spring Cleaning any how?

Information provided herein comes from The American Legion and VFW magazines and the VA website. Here to help veterans.

## Calling all Mexican Dominoes Players!

Interested in playing or learning about



Mexican dominoes? Please join us every **Wednesdays** of the month at 1:00pm in the card room. It's so much fun and see you there!

## Stronger Together Support Group



### Wednesdays 2 –3:30 pm

Are you a caregiver who could use the support of others on a more regular basis? This may be for you!

## Nikiski Pool Transportation:

Morning pool service has resumed on Thursdays. There is no transportation fee for this service but the individual is responsible for the \$2 admission fee to the pool.



## Waffle Bar Returns!

We will be offering waffles on **Fourth Friday of the month** from 8-10:00 am. Come in for coffee, juice, and a hot waffle for just \$3. You may bring your own goodies to add to your waffle. No need to sign up. Just show up and enjoy this special treat.



## Kenai Peninsula Wednesday, April 1 from 2:00p-3:30p



The Kenai Peninsula Family Caregiver Support Program will meet at 2:00 pm on Wednesday, April 1 in the dining room at the Kenai Senior Center w/ the "Stronger Together" Group.

Anyone interested in learning more about the services we have to offer are more than welcome to attend. For more information, please contact Dani or Nicole at 907-776-7654.



## Card Making with Kim

Thursday, April 2 at 1:00pm Senior Center Dining Room. Please Sign up on the bulletin board.

## We are interested in hearing where YOU would like to go this summer? Seldovia, Homer, Seward, Whittier? Maybe somewhere else?

Each summer, our staff plans trips to take around the Peninsula. Do you have a special place in mind to explore? Let us know and we will try and make it happen!



## How Is the Senior Center Funded?

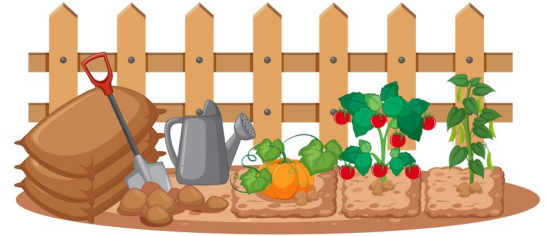
Many people are surprised to learn how our Senior Center is funded. The Center receives partial funding through a **Title III grant under the Older Americans Act**, which helps support meals and programs for older adults. However, this grant covers only a portion of our costs — and we depend on **community support and private donations** to keep our programs going strong.

When you enjoy lunch at the Center, you'll notice a **suggested donation of up to \$8 per meal**. This is not a charge or fee — it's simply a suggested contribution that helps us cover the true cost of preparing and serving nutritious meals each day. We understand that not everyone can give that amount, but **we appreciate any donation you're able to make**. Every dollar helps, and every contribution makes a difference.

Beyond meals, the Center offers so many “free” services — from daily coffee and social activities to educational programs, exercise classes, and community events. While these may appear free to our participants, they are made possible only through the generosity of donors, volunteers, and local supporters who believe in keeping our Center active and welcoming for everyone.

If you would like to make a **donation anonymously**, there is a **wooden box in the hallway** where contributions can be placed discreetly.

Your continued support ensures that we can serve today's seniors — and future generations — with care, dignity, and connection. **Thank you for helping us make it all possible!**



## Grow with Me - All things Gardening with Steve Latz

**Kenai Library - 2026 - Fridays 1PM  
starting April 3rd**

Interested in learning about gardening? You are invited to meet with me every Friday at 1:00 pm at the Kenai Library starting April 3<sup>th</sup> through May 15 to learn more about growing flowers and vegetables in your garden. Our round table will focus on sharing my experiences with growing food for the table and flowers for the Kenai Senior Center. We will discuss your home garden/greenhouse/high tunnel and suggest options to maximize your return on investment. I will share the successes and failures I have learned from experience. I am not an expert but a lifelong gardener who wants to share my knowledge and encourage you to experiment with your growing operation. Please join me and start growing!



## Kenai Senior Connection, Inc. NEWS

By: Terry Turner, Board President and Jerry Nassen, Board Vice-President



It's the day after March for Meals, and I am sitting at my computer, staring at a blank screen and a blinking cursor, thinking about what to write this month. Oldies radio is softly playing in the background, and I hear The Four Seasons singing, "Oh what a night, late December back in '63". I subconsciously join in with, "What a very special night for me as I remember, what a night." That was all it took; some articles write themselves.

It wasn't late December, it was late March, but it was '63...1863 that is. Last night the culmination of dozens of volunteers combining scores of generous sponsors and hundreds of hours of labor to raise thousands of dollars by inviting the Kenai Peninsula to wear their best Western duds, and 'ride into town' to 'blaze a trail' with a delicious old-west style dinner, and participate in both silent and live auctions to 'keep the chuck wagon rollin'.

The last line in the program sums up the evening (and the REASON for the evening) thus: **"Your support helps ensure that no senior in our community is left behind on the trail."**

Channeling my inner Frankie Valli, I have to agree...What a special time for me as I remember, what a night!

## LIBRARY NEWS

by Kari Mohn



A new box has been added to the Kenai Senior Center library. This blue and white box is for library donations. If you would like to donate paperback books, DVDs, Blu-rays or jigsaw puzzles, please put them in the box labeled "Library Donations" near the return basket for books.

The Post-it color, indicating new books added in April, is pale pink. When I was the librarian at Soldotna Elementary and the kids were looking for a good book, I'd suggest they look for authors who had multiple books. Multiple titles by the same person meant that author was popular. People liked to read their books. In our collection, in the Adventure section Lee Child fits that description. On the Romance shelf, Debbie Macomber and Danielle Steel have multiple titles. Kathy Reichs' books, the inspiration for the TV show Bones, are popular in the Mystery section. In the Fiction section, Kristin Hannah writes books that folks like to read. The Western section has books by William W. Johnstone available for check out. Normally, our library only keeps up to three titles by the same author. Louis L'Amour is different. The over 50 titles available by the western author, Louis L'Amour, are in the computer room in alphabetical order by title.



**Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!**

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis. **We proudly post our \$5 Club members in the Centerline!**

**APRIL 2026 \$5 CLUB**

Marty Askin	Pam Downing	Bobbie Jedlicki	Kari Mohn	Patty Segura
Victoria Askin	Shirie Drath	Ginger Kaona	Twyla Mundy	Julia Selanoff
Ken Ayers	Barbara Durnil	Fran Kilfoyle	Wayne Mundy	Marcia Shea
Kris Ayers	Robin Feltman	Leanne King	Debbie Myers	Hal Smalley
Carol Barner	Sharon Fisher	Ron King	Jerry Nassen	Debbie Sonberg
Steve Best	Carol Freas	Sandy King	Bill Nelson	Russell Sonberg
Larry & Tona Bravo	Cheryl Gates-Spear	Henry Knackstedt	Lois Nelson	Debbie Sonberg
Patricia Bravo	Velda Geller	Anita Kwan	Marian Nickelson	Russell Sonberg
Arthur Brown	Margaret Goggia	Gaye Larane	Ray Nickelson	Cheryl Spear
Donna Brown	Bill Graves	William LaTocha	Susan Olson	Bill Starnes
Megan Burke	Luna Graves	Xiaopei LaTocha	Katie Pault	Sondra Starnes
Barb Christian	Jeffrey & Monica Griffin	Hoa Le	Bill Perrigo	Sheila Philips-Steiner
Mike Christian	Phyllis Hallstead	Susan Lockwood	Nanette Peter	Linda Stephens
Renee Clifford	June Harris	Chris Lombard	Bob Peters	Vivian Terry
Rachael Craig	Lorraine Heikkila	Jennifer Lombard	Robert Peterson	Terry Turner
Walt Craig	Nancy Henning	Andy Long	Carol Prior	Beverly & Don Waldrop
Terri Cramer	Kathy Heus	Carol Louthan	Biz Robbins	Frosty Walters
Jan Daniels	Howard Hill	Mike Louthan	Geraldine Roberson	Virginia Walters
Deborah DeShong-Hayes	Kit Hill	Paula Maier	Trish Roderick	Candace Ward
Dorothy Diamond	Donna Hoyt	Leon Marcinkowski	Gladys Routh	John White
Janet Nelson-Dormandy	Roger Ihde	Marge Milewski	James Schwanke	Mary White
		James Miller	Linda Schwanke	Ozella Williams
				Emmett Young

Looking for something fun to do? Enjoy hanging out with others? The Kenai Senior Center is the place for you!

- **First Thursday of the Month:** Movie Afternoon 3 PM to 5 PM 
- **Thursday Fun Night:** happens every second, third, and fourth Thursday of the Month from **5 PM to 9 PM:** Join us for an Accoustic Jam, card games, cribbage, and more!

Beat the blues and make your Thursdays something to look forward to. We can't wait to see you there!



- Unless purchasing a large amount for transportation or lunch tickets, we cannot break a bill over \$20.
- You are welcome to take home leftovers from your meal, but please bring your own container.
- Coffee bar and bakery dollar donations are much appreciated. Thank you for your generosity. Items from the bread table are limited to just one per person daily.

**We appreciate your understanding.**

## Widows/Widowers



Meet Mondays at 2pm

Come share your grief with others

Its your story for you to share and we are here to support you

### Computer Lab Open Times

The Senior Center computer lab is open for your use on the following days/times:

**Monday—8-11 am & After 12:00 pm**

**Tuesday—After 11:30 am**

**\*Thursday—All Day**

**\*Friday—All Day**

\*There will be an occasional meeting in the Computer Lab where it will not be available to the general public.



Heart Healthy

# APRIL 2026 MENU

If you would like to order a meal for pick-up, please call 283-4156 by 10:30am for same-day pick up.

*\*Menu is subject to change\**

*\*Soup and Salad when available\**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sweet & Sour Chicken Stir Fry Veggies Coconut Rice Egg Roll	2 Swedish Meatballs Egg Noodles Pickled Beets	3 Baked Ham Yams Green Bean Casserole Strawberry Crepes
6 Baked Potato w/ all the fixings Broccoli	7 Chef Salad Fruit Cup Muffin	8 Tuna on Rye Macaroni Salad Fruit Cup	9 Baked Salmon Brown Rice Broccoli	10 BBQ Beef Sandwich Tater Puffs Peaches & Cottage Cheese
13 Salisbury Steak Mashed Potatoes Gravy Baked Cabbage & Carrots	14 BBQ Chicken Chopped Salad Muffin Fruit Cup	15 Roast Turkey Mashed Potatoes Gravy Stuffing Broccoli Birthday Cake	16 Ginger Lime Pork w/ Coconut Rice Stir Fry Veggies Egg Roll	17 Spicy Korean BBQ Chicken Sandwich w/ Crispy Slaw Onion Rings
20 Cream of Mushroom Soup Roast Beef on a Croissant Cucumber Tomato Salad	21 Blue Berry Nut Chicken Salad Muffin Fruit Cup	22 Creamy Mushroom Asparagus & Sundried Tomatoes Bowtie Pasta Italian Veggies Garlic Bread	23 Old Fashioned Goulash House Salad Rustic Roll Fruit	24 Liver & Onions Mashed Potatoes Gravy Green Beans
27 Fried Chicken Mashed Potatoes Gravy Buttered Corn	28 Taco Salad	29 Biscuits & Gravy Roasted Potatoes Sausage Links Scrambled Eggs	30 Spaghetti w/ Meat Sauce Caesar Salad Garlic Bread	1 Creamy Shrimp Enchiladas Cilantro Lime Rice Chips & Salsa

# Kenai Senior Center 2026 Client Satisfaction Survey

Each year, the Kenai Senior Center (KSC) gathers input to improve services and meet funding requirements. Your responses help shape the Center's future programs. Please answer all questions to ensure accurate analysis. All responses are confidential.

What is your age or year you were born in:

## Programs & Participation

### 1. Which KSC programs/activities have you participated in this year?

*(Check all that apply)*

- Arts & Crafts
- Classes/Workshops
- Health & Fitness
- Congregate Meals
- Special Events & Entertainment
- Home-Delivered Meals
- Trips/Excursions
- Volunteer Opportunities
- Transportation Services
- Medicare Counseling
- Information & Assistance
- Other \_\_\_\_\_

**Please return your surveys to  
the box at the front desk of the  
Senior Center. They can also be  
given to your driver or mailed  
in to: Kenai Senior Center  
361 Senior Court,  
Kenai, AK 99611**

### 2. Are you a registered member of the Kenai Senior Center?

- Yes
- No

### 3. Are you aware of all the programs and services KSC offers?

- Yes
- No

### 4. Are you interested in volunteering?

- Yes
- No
- I am already a volunteer

# Kenai Senior Center 2026 Client Satisfaction Survey

## Meals & Nutrition Services

**5. Do you eat lunch at the KSC, if so how often?**

- 4+ times per week
- 1-3 times per week
- Occasionally
- N/A

**6. Do you receive Home-Delivered Meals, if so how often?**

- 4+ times per week
- 1-3 times per week
- Occasionally
- N/A

**7. How would you rate the quality of meals you receive?**

- Excellent
- Good
- Fair
- Poor

**8. What is your favorite meal served by the KSC?**

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## Transportation Services

**9. Do you use KSC Transportation Services? If so, how often?**

- 4+ times per week
- 1-3 times per week
- Occasionally
- Never

**10. Do you use transportation to access the community?**

(Including outings, trips, medical appointments, or the pool)

- Yes
- No

**11. Do you use transportation to access the senior center?**

- Yes
- No

# Kenai Senior Center 2026 Client Satisfaction Survey

## Safety & Overall Experience

**12. Do you feel KSC staff prioritize your safety?**

- All of the time
- Most of the time
- Some of the time
- None of the time

**13. Do KSC services help maintain or improve your quality of life and ability to age in place?**

- All of the time
- Most of the time
- Some of the time
- None of the time

**14. How would you rate your overall experience with KSC services?**

- Excellent
- Good
- Fair
- Poor



## Suggestions & Feedback

**14. What activities do you enjoy most at KSC?**

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**15. What new activities or programs would you like to see offered?**

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**16. Do you have any cost-saving ideas for KSC?**

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**17: Comments:**

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**Center Funders & Supporters**  
**City of Kenai**  
**Alaska Commission on Aging**  
**Kenai Peninsula Borough**  
**Center Volunteers**  
**Kenai Senior Connection, Inc.**  
**Private Donations**



**City of Kenai**  
**Kenai Senior Center**

**Kenai Senior Center**  
**361 Senior Court**  
**Kenai, Alaska 99611**

**Phone: 907-283-4156**  
**Fax: 907-283-3200**

**E-mail: [senior@kenai.city](mailto:senior@kenai.city)**

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