

City of Kenai  
Kenai Senior Center  
361 Senior Ct.  
Kenai, Alaska 99611  
907-283-4156

# October 2020

The Kenai Senior Center

# Centerline

## Why We Love Alaska in the Fall

*Adapted from ShermansTravel*

There are so many reasons to love Alaska at this time of year, here are just a few...

You can see the Northern Lights without shoving through tons of people. Fall in Alaska brings about a significant change that's often overlooked, or perhaps looked upon negatively. During the summer, Alaska receives nearly 24 hours of daylight, and in the winter, the opposite is true - darkness sets in. Once fall arrives, locals are beginning to see the stars for the first time in months. While hardcore Northern Lights enthusiasts may wait until later in the year (when there are more hours of darkness), casual crusaders might find compromise in a late September or October hunt. It's not as cold and the days aren't as dark, so your trip can be about much more than the hunt for the Lights.

There's amazing foliage. Sure, trees are turning everywhere but there's another kind of fall in Alaska: a vivid display that takes place on the ground. The wilderness here is full of open tundra, many without trees. In these valleys and high alpine areas, the ecosystem exists entirely on the ground in the form of riverside mosses, berry patches, and rough foliage, which undergo a colorful change beginning in September. Blueberries ripen, moss glows vivid green, and underbrush flashes autumn colors. It's truly a sight to be seen.

The weather is beautiful. The sun's low angle during the fall creates a soft light and an alpine glow on the mountains that's just jaw-dropping. Because of this, you'll be able to see the mountains in a different light than any other time of year. It doesn't typically snow at lower elevations this time of year, but it will snow overnight on the tops of the peaks, creating a best of

both worlds: beautiful contrasts between the fall tundra and the white-capped mountains. Your feet stay dry, but the views and pictures are greatly dramatized. Get out and explore!



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### Special points of interest

- What does my \$5 Club Donation help with? See page 3
- Cell Phone Recycling
- Alzheimer's Webinars
- Crossword



<https://www.facebook.com/kenaisenior/>

## KENAI SENIOR CENTER SERVICES

### CONGREGATE MEALS:

\*Suspended (COVID-19)  
Monday through Friday  
from 11:30 to 1:00pm

### HOME-DELIVERED MEALS:

Monday through Thursday  
Call 283-8212 for more  
information

### VINTAGE POINTE HOUSING:

Call 283-4156 for more  
information or to get on  
the waiting list

### FACILITY RENTAL:

Call 283-8212 for more  
information

### TRANSPORTATION:

\*Suspended (COVID-19)

### SUGGESTED DONATIONS:

Congregate Meals - \$7  
(60 years and older)  
Home-delivered Meals - \$7  
Transportation - \$3

To receive services at the Kenai Senior Center, seniors must fill out an intake form. This documentation is essential to continue receiving federal, state and city funds.

## Thank You!

## Memorials

Memorials can be given in honor of friends or family at any given time. We can give you a receipt for tax purposes and you can even decide where you would like the funds to be designated.

Memorials will be posted several times per year in the Centerline.

Thank you for considering this as you remember your friends and family.

If you would like to order a meal for pick-up, please call

283-4156 by 10:30am for same day pick up.

# OCTOBER BIRTHDAYS

Day	Name	Day	Name	Day	Name	Day	Name
1	Gypsy Jolly	9	Evelyn Aisenbray	15	Erma Maloney	22	Frank Jones
3	Barb Sandahl	9	Elaine Larson	16	Jennifer Lombard	23	Margaret Rollins-Hillyer
3	Myke Ables	9	Anita Cates	16	Katherine Thompson	24	Flossie Morey
3	Wayne Mundy	11	Brian Womac	16	Jean McGee	25	Joe Huard
3	Debra Carpenter	12	Sherry Jeglum	17	Janice Hollers	26	Adolphus Hensley
4	Myron Christensen	12	Jerry Baty	18	Patricia Porter	26	Howard Hill
5	Carol Baumer	13	Rose Parker-Clement	18	Genevieve Williamson	27	Rod Nelson
6	Joy Ward	13	Betty Stephenson	18	Cheryl Poole	28	Jeanne Doolittle
7	Sandra Bise	13	Laura Favretto	19	Ray Dennis	29	Michael Majors
7	Ann Galey	14	Joanne Martin	19	Clarie Wood	30	Jim Pate
8	Monica Griffin	14	Barbara Valdez	78	Karen Mohn	31	Deborah Sonberg
8	Robert Holt	14	Sammie Strawn	21	Jean Taylor		
8	Robert Peterson	14	Jody Pritchard	21	Sherry Swafford		
8	Normandie Hobby	15	Sharon Tackett	22	Dave Merrill		



THANK YOU, THANK YOU, THANK YOU

### What is \$5 Club?

**Our \$5-A-Month Club is a voluntary membership to the Kenai Senior Center through the Kenai Senior Connection, Inc. and a valuable help!**

All funds are used to assist with the Senior Center budget and for special needs throughout the year. We thank everyone for your support as we continue to grow and serve the needs of our senior community. Donations may be made on a monthly or year-to-year basis.

**We proudly post our \$5 Club members on the bulletin board and in the Centerline!**

## OCTOBER \$5 CLUB

Ardith Arbelovsky  
Bob & Cheryl Arrington  
Steve Best  
Patricia Bravo  
Sue Carter  
Dee & Lee Cassel  
Glenn Clifford  
Patsy Clifford  
Dale Cocklin  
Velda Geller  
Omer Goodman

Monica Griffin  
Pete Hallgrimson  
Joel & Laura Henkelman  
Jan Hollers  
Gary Hollier  
Joanna Hollier  
Donna Hoyt  
Molly Jackson  
Leanne King  
Lisa Lambert  
Paula Maier

Susan Malmquist  
Len Malmquist, Jr.  
Marge Milewski  
Kari Mohn  
Bill Nelson  
Lois Nelson  
Joseph & Janice Nightingale  
Alice Nuxoll  
Robert & Netella Peterson  
Pat Robinson  
Barbara Schmidt

Bill & Sondra Starnes  
Vivian Terry  
Terry Turner  
Ray & Yen-ti Verg-in  
Frosty Walters  
Virginia Walters  
Roy & Ozella Williams

*thank you*

*"You can never cross the ocean until you have the courage to lose sight of the shore."  
~Christopher Columbus*



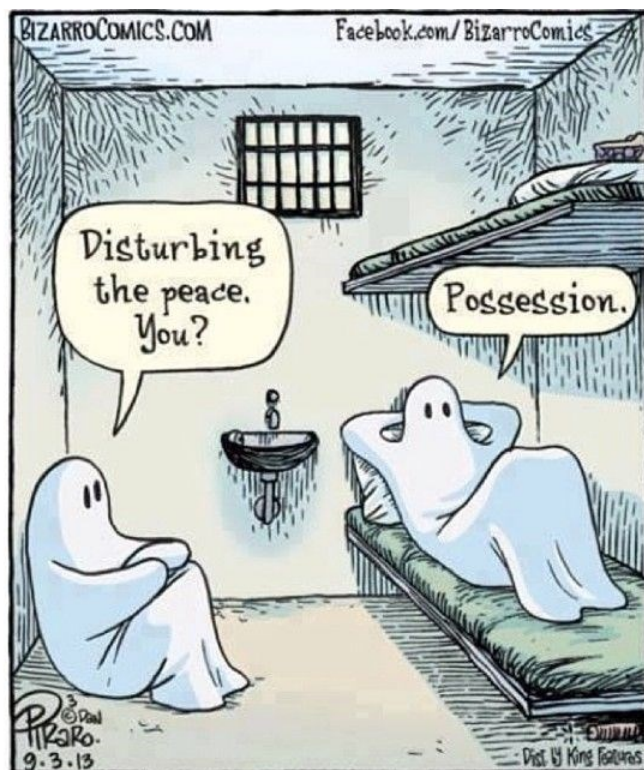
**YOUR OLD CELL PHONE = CRUCIAL SERVICES FOR SENIORS**



### DONATE IT NOW

Did you know that your old cell phone is worth up to \$30, depending on the make and model? Don't let that money go to waste. Your old phone can help to provide meals on wheels, care giving support, health promotion activities and life-long learning.

**TO DONATE: CALL 283-4156 AND DROP OFF YOUR OLD PHONE AT THE KENAI SENIOR CENTER**



## WHAT YOU CAN DO TO PROTECT YOURSELF FROM COVID-19

- Wash your hands often.
- Avoid close contact (6 feet, which is about two arm lengths) with people who are sick.
- Put distance between yourself and other people if COVID-19 is spreading in your community.
- Clean and disinfect frequently touched services.
- Stay at home as much as possible
- Avoid all cruise travel and non-essential air travel.
- Call your healthcare professional if you have concerns about COVID-19 and your underlying condition or if you are sick.

For more information on steps you can take to protect yourself, see CDC's [How to Protect Yourself](#)



## BENEFITS UPDATE

This month's topic is...Heating Assistance!

The Heating Assistance Program assists households with income at or below 150% of the federal poverty income guidelines, who have a minimum of \$200 in out-of-pocket heating costs per year, and meet all other eligibility criteria. The benefit is a one-time payment to the household's vendor, sent to the vendor, and applied to the customer's account as a credit. It is open to homeowners and renters.

The program opens on October 1<sup>st</sup> each year and benefits are issued beginning on November 1<sup>st</sup>. Applications are available at Department of Public Assistance offices throughout the state, WIC offices, vendor locations, senior centers such as the Kenai Senior Center, and online at [www.heatinghelp.alaska.gov](http://www.heatinghelp.alaska.gov) beginning on October 1.

If this is something you think you could benefit from, please contact Angie Clary for more information about the program and how to apply. She can be reached by phone at (907) 283-8212, or email to [aclary@kenai.city](mailto:aclary@kenai.city).



## Jalapeno Popper Casserole

### Ingredients:

- 2 - 8 oz packages of cream cheese, softened at room temperature.
- 1 cup sour cream
- 2 cups Mexican Cheddar Jack Shredded Cheese, divided
- 1 pound bacon, cooked and crumbled
- 6 Jalapeno Peppers, deseeded, and diced
- 1 - 2 lb. bag of tater tots
- 6 green onions, thinly sliced

### Directions:

1. Preheat oven to 425 degrees.
2. While the tater tots are baking, cook bacon, blot fat away, and crumble into small pieces. Dice the peppers and slice the onions..
3. In a medium bowl, combine cream cheese, sour cream, 1½ cups of Cheddar jack cheese, bacon (save a little bit for the topping), diced Jalapeno peppers, and most of the sliced onions (save a few for the top). Stir to thoroughly combine ingredients.
4. Line a casserole dish with tater tots. Bake at 425 degrees for 15 minutes.
5. Spread the jalapeno mixture over the top of the tater tots.
6. Top with remaining ½ cup of cheese.
7. Sprinkle the extra bacon pieces and onion slices over the top.
8. Bake at 425 degrees for 20 minutes.

"Recipes-Cooking Tips" Premeditated Leftovers.com Web. <https://premeditatedleftovers.com/recipes-cooking-tips/jalapeno-popper-casserole/>

# OCTOBER 2020 MENU

**\*Meals delivered  
Monday-Thursday**

Please do not take extra food home from the dining room.

If you are ill, you may call the office before 10am and request a meal to be delivered. Upon approval, we will deliver your meal to you.

**\*Soup and Salad when available\***

Mon	Tue	Wed	Thu	Fri
<b>September 28</b> Tangy Sweet-n-Sour Meatballs Brown Rice Roasted Zucchini	<b>September 29</b> Fried Chicken Mashed Potatoes Gravy Buttered Corn	<b>September 30</b> Biscuits & Gravy Sausage Links Scrambled Eggs Roasted Potatoes	<b>1</b> Chicken & Five Cheese Bowtie Pasta w/ Marinara Italian Veggies Garlic Bread	<b>2</b> Chicken Enchilada Soup Ham & Swiss Sandwich Fruit Cup Pasta Salad
<b>5</b> Turkey Tetrzzini Honey Carrots Garlic Bread	<b>6</b> Moroccan Chicken Thighs Veggie Couscous Zucchini & Red Pepper Medley Fruit Cup	<b>7</b> BBQ Ribs Cheesy Potatoes Buttered Corn Fresh Fruit	<b>8</b> Hawaiian Pineapple Pork Loin Brown Rice Mixed Veggies	<b>9</b> French Onion Soup Turkey, Bacon, Swiss Sandwich w/ Spicy Apricot Aioli Fresh Fuit
<b>12</b> <i>Columbus Day</i> Chicken Ranch Wraps w/ Spinach & Tomato, Broccoli Salad Fresh Fruit	<b>13</b> Swedish Meatballs Egg Noodles w/ Gravy Pickled Beets	<b>14</b> Spaghetti w/ Meat Sauce Italian Veggies Garlic Bread	<b>15</b> Baked Ham Scalloped Potatoes Brussel Sprouts	<b>16</b> Missy's Chili Pork Carnitas Sandwich w/ Cilantro Lime Aioli Coleslaw Fruit Cup
<b>19</b> <i>Alaska Day (observed)</i> <b>CLOSED</b>	<b>20</b> Cuban Huli Huli Chicken Tacos Spanish Rice Pinto Bean Salsa	<b>21</b> Bratwurst w/ Bacon & Apple Sauerkraut German Potato Salad Birthday Cake	<b>22</b> Halibut Burger Seafood Pasta Salad Fresh Fruit	<b>23</b> Minestrone Soup Marinated Grilled Chicken Sandwich Chips Fruit Cup
<b>26</b> Crab Louie Cantaloupe Cottage Cheese Bran Muffin	<b>27</b> Cheese Burger Cowboy Beans Parmesan Fries Fresh Fruit	<b>28</b> Chicken Fried Steak Mashed Potatoes Gravy Key West Veggies	<b>29</b> Cod w/ Garlicky Tomatoes & Potatoes Broccoli Florets	<b>30</b> Veggie Soup Rueben Sandwich Fruit Cup

**\*Menu is subject to change\***



## Back to School

By Chuck Thornton

"School days, school days,  
Dear old golden rule days,  
Reading and writing and 'rithmatic  
Taught to the tune of the hickory stick..."

Yes... it's that time of year...again. The time when Dad and Mom are busy purchasing new clothes, shoes, tablets, pencils and such like for little Johnny and Jenny. Time to rein in the youngsters from the (all too brief) freedom of summer vacation from school. Time to resolve the BIG question: Shall we send the children to the local school...or should we home- school...or should we use this thing called "distance education"?

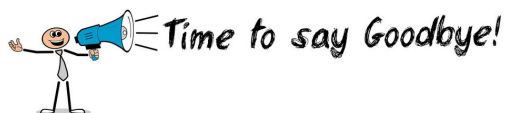
Cheer up! No matter what your decision is, you will have people who agree with you (and applaud you for your wise choice). You will also discover that there are those who quickly have an entire array of arguments that show just why you have made the wrong decision.

When it all boils down, however, one thing is certain: Dads and Moms must make certain decisions for their children. These decisions may, or may not, have the support of all their friends. They will, however, have significant impact on the lives of those children. Such choices will either reflect the basic concepts of life standards you have, or they will undermine them. Your children are watching you closely (whether you are aware of the fact, or not) to see if your choices are consistent with your stated beliefs..

Ralph Waldo Emerson once stated: "What you do speaks so loud that I cannot hear what you say." These words express clearly the fact that no matter how often people say things that they think will make them look good in the eyes of their friends, it is in the "doing" that one may see an accurate reflection of the honest thinking of the doers.

Now...just how does that go...again?

"I before E, except after C..."

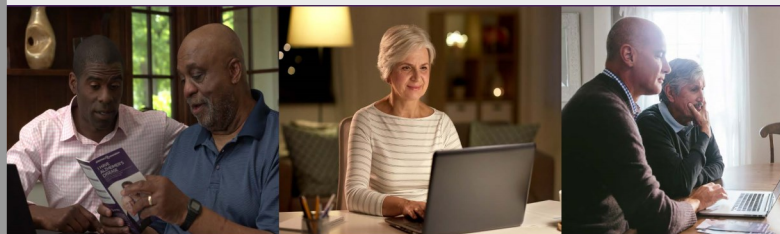


These past 2 years at KSC as the Activity/Volunteer Coordinator have been a lot of fun and I have enjoyed getting to know everyone, but... not so much talking in the mic at lunch! I look forward to seeing you all around town!

~Tawni



## REGISTER TODAY ONLINE EDUCATIONAL WEBINARS



**10 Warning Signs of Alzheimer's**  
Oct. 1, 9-10:30 a.m. | [REGISTER](#)  
Oct. 6, 2-3:30 p.m. | [REGISTER](#)

**COVID-19 and Caregiving**  
Oct. 27, 9-10:30 a.m. | [REGISTER](#)

**Dementia Conversations**  
Oct. 20, 9-10:30 a.m. | [REGISTER](#)

**Effective Communication Strategies**  
Oct. 2, 2-3:30 p.m. | [REGISTER](#)  
Oct. 28, 1-2:30 p.m. | [REGISTER](#)

**Healthy Living for Your Brain and Body**  
Oct. 13, 11 a.m.-12:30 p.m. | [REGISTER](#)  
Oct. 21, 10:30 a.m.-12 p.m. | [REGISTER](#)

**Legal and Financial Planning**  
Oct. 7, 12-2:30 p.m. | [REGISTER](#)

**Living with Alzheimer's: For Caregivers-Middle Stage**  
Part 1: Oct. 5, 9-11:30 a.m. | [REGISTER](#)  
Part 2: Oct. 12, 9-11:30 a.m. | [REGISTER](#)

**Living with Alzheimer's: For Caregivers-Late Stage**  
Oct. 19, 8-10:30 a.m. | [REGISTER](#)

**Understanding Alzheimer's and Dementia**  
Oct. 15, 2-3:30 p.m. | [REGISTER](#)  
Oct. 22, 10-11:30 p.m. | [REGISTER](#)

**Understanding and Responding to Dementia-Related Behavior**  
Oct. 26, 9-10:30 a.m. | [REGISTER](#)

All sessions here are listed in Alaska Daylight Time, online listings may be different; please note time zone.

TO LEARN MORE OR TO REGISTER,  
PLEASE CALL 800.272.3900 OR  
VISIT US ONLINE AT [ALZ.ORG/CRF](#).

For course descriptions and a full list of available webinars and

## WRITER'S GROUP

**How did you like being the oldest, youngest, or middle child?**

**What were the advantages and disadvantages.**

By Yen-ti Verg-in

There were five siblings in our family to start with: One older brother, two older sisters, me, and a younger sister. I ranked the fourth. While growing up my name was “San- Manr” which means “Third daughter”.

My older brother was separated from us after China's Civil War. He stayed in the mainland China and we were in Taiwan. We didn't see each other until 30 some years later. My first older sister passed away while she was in her 30's. I have little memory of both of them. But I do know that they suffered a great deal of hardship. Now there are three of us sisters left in our family.

Margaret is four years older than I am, and Yen-chiao is 20 months younger than I am. I rank in the middle. For height, I am the tallest one; and for the brain-power, I have the least amount of reservoir. Regardless how you look at it, I am happy where I am, right in the middle.



*Three sisters: Yen-chiao, youngest, Yen-ti, middle, Margaret, or Yen-mei the oldest. In the background: Ray and Don Budon, 2000 Water Fall trip in Pohnpei, FSM*

I can't think of any disadvantages of being the middle child. If I were the oldest, then I would have to shoulder much responsibility, watch over and set a good example to my younger sisters. Being the youngest, then I would be fussed over and drawing too much unwanted attentions.

There are many advantages of being the middle one in our family. Both of my sisters have the smartness and good common senses. When I was growing up, they were the ones to help me with my homework, if I wanted /needed something, I would ask my younger sister to make the request to our parents, which was less likely to be rejected. The first twenty years of our lives, we were all busy attending school; my sisters would bury themselves in their studies, and I was busy day-dreaming. We had equal footing in our parents' eyes.

Now, we are all in our vintage years, the bond between us is getting stronger, and the COVID restriction of social distance has made us even closer. We chat with each other at least once a week; we share our ups and downs of daily “ji-mao , suan-pi” (which means chicken feathers and garlic peelings, small inconsequential stuff.) trivia. We share jokes, recipes, good home remedies, and seek medical advice from my younger sister; she is quick in research and

## Writer's Group (cont.)

had many years of medical training. I have sisters to laugh with, shoulders to lean to, and wipe our tears together. Whenever/whatever, I need help, advice, a sounding board - they are there for me.

For me, there are all advantages and no disadvantages of being the middle one.

## THE BEST SISTERS IN THE WORLD!

**"A sister is a gift to the heart, a friend to the spirit, a golden thread to the meaning of life."**

**~ Isadora James~**

It is so true! Sisters are like stars in the sky, even though you don't see them all the time, you know they are there. My Er-jie, older sister, Margaret, and my mei-mei, younger sister, Yen-chiao are my best friends. We share our delights, our sorrows; we laughed and lamented. They provide comfort and advice – great counselors, fine listeners, and undisputable best "sounding board". And what's more, Margaret is my very own "personal shopper".

Margaret and Yen: There is no better friend than a sister. And there are no better sisters than you two. I am so lucky to have you two! (And your supporting spouse!)

# Medicare.gov

## Why it's important to get your flu shot this year

Now more than ever, we all need to do our part to prevent the spread of illnesses. **The best way to protect yourself from getting the flu and keep you from spreading it to others is to get vaccinated.**

Once per flu season, **flu shots are covered for people with Medicare**, when you get it from your doctor, pharmacy, or other health care provider that accepts Medicare or your Medicare plan.

# shoo the FLU

## CarFit Virtual Education Library

CarFit can help you  
find your safest fit!

[www.safealaskans.org/carfit](http://www.safealaskans.org/carfit)

CENTER FOR  
**safe** ALASKANS  
preventing injuries & promoting wellbeing

**CARFIT**  
Helping Mature Drivers Find Their Safest Fit

AOTA

AARP

Driver Safety



Watch all 12 CarFit videos and be entered to win one of ten \$25 Fred Meyer Gift Cards! Drawing takes place on 10/1/2020.

For questions or assistance, contact:

Amy Brown, Program Coordinator

907-929-3939

[amy@safealaskans.org](mailto:amy@safealaskans.org)



## SENIOR CONNECTION CORNER

Welcome to October! September has come and gone and we are all still waiting to get out of being quarantined. Our summer has also come and gone. We certainly have had one of the nicest summers we have had in several years. Temperature was great, nothing like last year when it was so hot... just a few rain showers occasionally when needed them to help water the grass, garden, or plants. Thank you Lord for protecting us from forest fires!

Senior Connection hasn't been able to meet yet, however there are things in the makings that we hope to be able to do soon. We are all patiently waiting for when life gets back to normal, last year at this time we were anticipating hosting a Halloween Party for the seniors and the kids in town, but I am sorry to say that won't be able to happen this year. We all need to keep our fingers crossed that we can enjoy Thanksgiving and Christmas this year!

Sorry to be saying "GOOD BYE TO TAWNI". She has been with us for about two years and we will certainly miss her. Tawni, we love you and will miss you, feel free to stop by anytime and good luck on your new job.

We do have two things coming up soon and that is:

**The 2020 Municipal Election - Tuesday, October 6, 2020**

and

**The United States Presidential Election - Tuesday, November 3, 2020**

We have the privilege and duty to vote, so if at all possible please vote. Some of the voting places have changed, if you can't find yours I will be glad to help you, just give me a call. (283-4329)

Velda Geller,  
President - Kenai Senior Connection, Inc.



## City of Kenai Polling Sites

**Please Note:** Due to the public health emergency, the polling site for Precinct No. 3 has been relocated to the Old Carrs Mall.

DISTRICT	PRECINCT	LOCATION
30	220, Kenai Precinct No. 1	Kenai Mall (Old Carrs Mall), 11312 Kenai Spur Highway, Entryway
30	230, Kenai Precinct No. 2	Challenger Learning Center, 9711 Kenai Spur Highway
30	240, Kenai Precinct No. 3	<del>Kenai Senior Center,</del> <del>361 Senior Court</del> Kenai Mall (Old Carrs Mall), 11312 Kenai Spur Highway, Suite 48

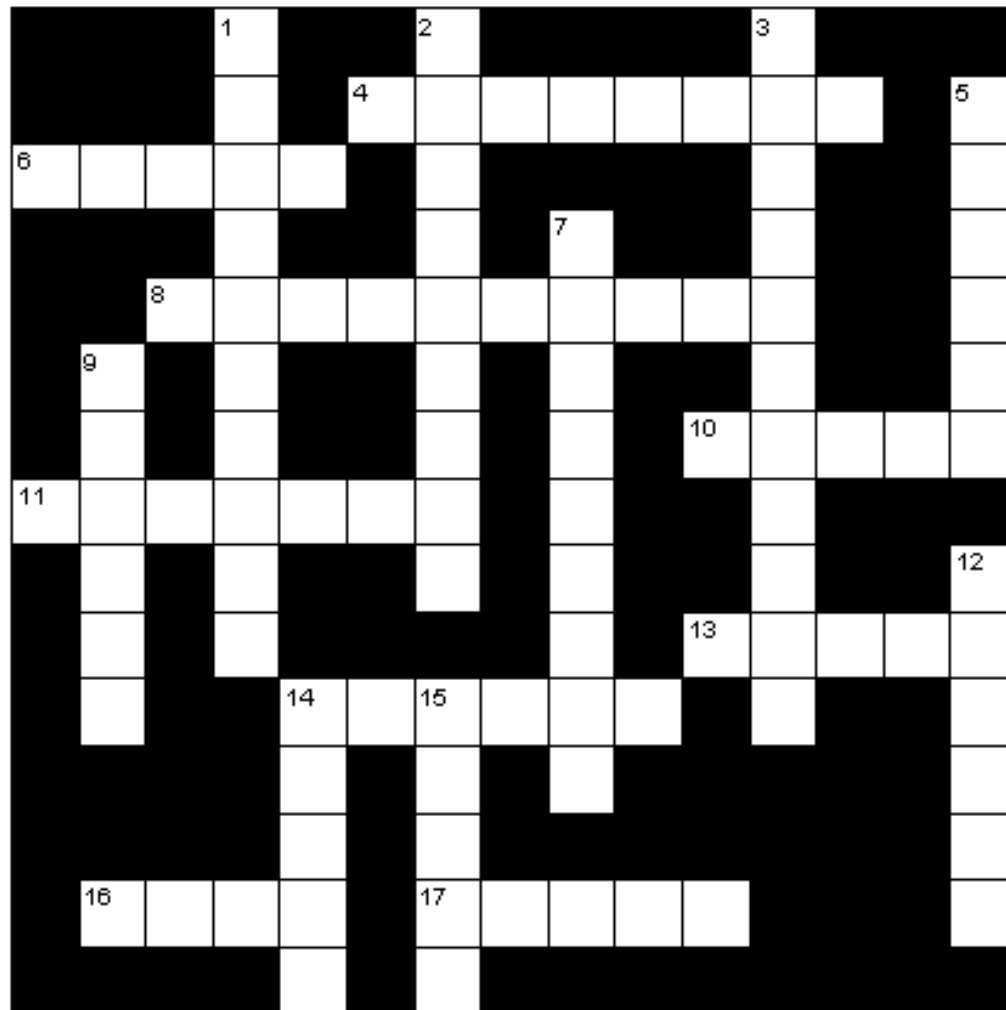
Polls are open from 7:00 a.m. to 8:00 p.m. on Election Day. Persons registered with the State of Alaska, who have resided in the State and the City of Kenai for a period of thirty (30) days prior to the election and meet all other qualifications are eligible to vote.

Absentee ballots will be available at the Kenai City Clerk's office for those voters who will be away during the election, beginning two weeks prior to the election.

Voters who will be out of town at election time may request By-Mail Absentee Ballots by completing the Absentee Ballot Request Form and submitting it to the Kenai City Clerk.

Voters who cannot make it to their polling places on Election Day due to illness or handicap, may vote absentee by personal representative. Anyone needing assistance on Election Day should contact the Kenai City Clerk at 283-8231 or [cityclerk@kenai.city](mailto:cityclerk@kenai.city).

## The World Series



### Across

4. Only player to play on 4 World Championship teams in his first 4 years in the majors
6. Only man to be picked off twice in one World Series game
8. Turned the only unassisted triple play in a World Series
10. Hit the first grand slam in a World Series

11. Hit a grand slam in first World Series at bat
13. Had most lifetime hits without ever appearing in a World Series
14. Only Hall of Fame pitcher to hit two home runs in the World Series
16. Umpired the most World Series
17. Only player to hit over .400 in two consecutive World Series

### Down

1. Only World Series MVP not to be on the winning team
2. Youngest player to appear in a World Series
3. Oldest pitcher to start a World Series game
5. N.L. player who played in the most World Series games

7. Retired the side on 3 pitches in a World Series game twice--in the same Series
9. Only former prisoner of war to play in a World Series
12. Only player to hit four home runs in one World Series twice
14. Last Cub manager in a World Series
15. First pitcher to hit a home run in a World Series



## Update Your Information

FOR OFFICIAL USE ONLY—DO NOT WRITE IN THIS BOX

Date Received \_\_\_\_\_ Received by \_\_\_\_\_

With the recent closures due to the COVID-19 virus, it has become apparent that we are missing or have outdated information on many of our patrons. Please help us to update our database by filling out this form and giving it to the receptionist, or mailing it to:

**Kenai Senior Center, 361 Senior Ct., Kenai, AK 99611**

~Thank you for your help!

Name \_\_\_\_\_  
First Middle Last

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Physical Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ Spouse's Name \_\_\_\_\_

## Kenai Senior Center Donation Form

### *Helping People Age With Dignity*

Your tax deductible donations are a valuable and necessary means for the sustainability of Kenai Senior Center services. If you would like to make a meaningful donation to help those in need, please make a selection from the following services:

*Please make checks to **Kenai Senior Center**:*

- ☐ Congregate Meal Program
- ☐ Transportation Services
- ☐ Home Delivered Meal Program
- ☐ Newsletter Mailing (\$10, Jan—Dec)
- ☐ Newsletter E-Mailing (Free of charge)

**Email Address:** \_\_\_\_\_

- ☐ Senior Activities (line dancing, exercise, road trips, etc.)

*Please make checks to **Kenai Senior Connection, Inc.:***

- ☐ \$5 Club
  - ☐ monthly - \$5      ☐ yearly - \$60
- ☐ Memorial Donation
- ☐ Kenai Senior Endowment Fund

Name \_\_\_\_\_ Address \_\_\_\_\_

Mail to: Kenai Senior Center, 361 Senior Court, Kenai, AK 99611.

Thank you for your financial support! Every *little* bit can make a **BIG** difference.

## City of Kenai Kenai Senior Center

### Our Mission Statement

To serve as a community focal point for senior services where adults 60+ come together for fellowship and program participation, to engage in opportunities for dignity and personal growth, to improve and enrich their quality of life, to support the needs of older individuals, to enhance their independence, and to broaden their involvement within the community.



HA  
HA!

What do you  
call a fat  
jack-o-lantern?

...A Plumpkin



## City of Kenai Kenai Senior Center

**Kenai Senior Center**  
**361 Senior Court**  
**Kenai, Alaska 99611**

Phone: 907-283-4156  
Fax: 907-283-3200  
E-mail: [senior@kenai.city](mailto:senior@kenai.city)  
<https://www.facebook.com/kenaisenior/>

PLEASE  
PLACE  
STAMP  
HERE

