

**KENAI COUNCIL ON AGING
REGULAR MEETING
APRIL 11, 2019 – 4:30 P.M.
KENAI SENIOR CENTER
361 SENIOR CT., KENAI, AK 99611
<http://www.kenai.city>**

1. **CALL TO ORDER**
 - a. Pledge of Allegiance
 - b. Roll Call
 - c. Agenda Approval
2. **SCHEDULED PUBLIC COMMENTS** *(Public comment limited to ten (10) minutes per speaker)*
 - a. **Elizabeth Appleby** – Planning Resources Available from AARP
3. **UNSCHEDULED PUBLIC COMMENT** *(Public comment limited to three (3) minutes per speaker; thirty (30) minutes aggregated)*
4. **APPROVAL OF MEETING SUMMARY**
 - a. February 14, 2019
5. **UNFINISHED BUSINESS** – None.
6. **NEW BUSINESS** – None.
7. **REPORTS**
 - a. Senior Center Director
 - b. Council on Aging Chair
 - c. City Council Liaison
8. **NEXT MEETING ATTENDANCE NOTIFICATION** – May 9, 2019
9. **COUNCIL MEMBERS COMMENTS AND QUESTIONS**
10. **ADDITIONAL PUBLIC COMMENT**
11. **INFORMATION ITEMS**
12. **ADJOURNMENT**

PLEASE CONTACT US IF YOU WILL NOT BE ABLE TO ATTEND THE MEETING:
JACQUELYN -- 283-8231 OR KATHY -- 283-8211

(This page was intentionally left blank)

Planning Resources Available from AARP

Causes of death have shifted. Just over 100 years ago, infectious disease used to cause most deaths in the United States, includes infections, tuberculosis, pneumonia, and influenza. The leading causes of death currently include heart disease, cancer, suicide, and other noninfectious diseases. Mortality rates from all causes have declined by 54 percent between 1900 and 2010.

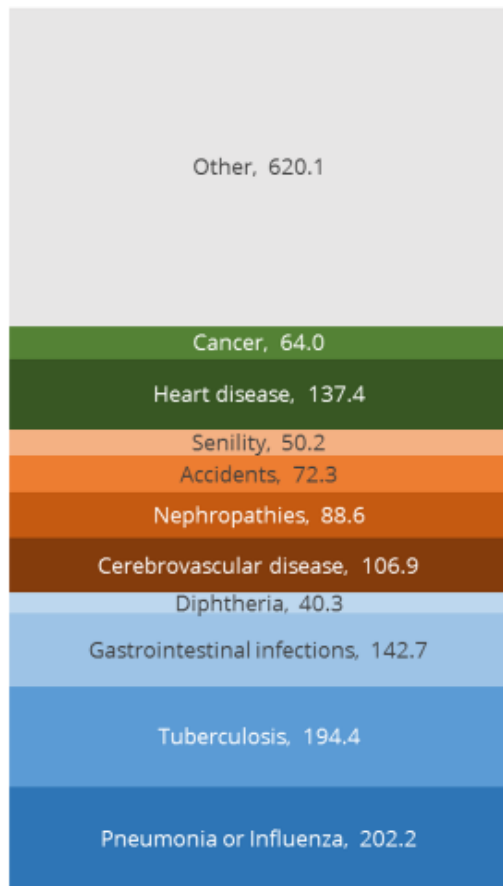
Mortality and Top 10 Causes of Death, USA, 1900 vs. 2010

(Rates per 100,000)

1900

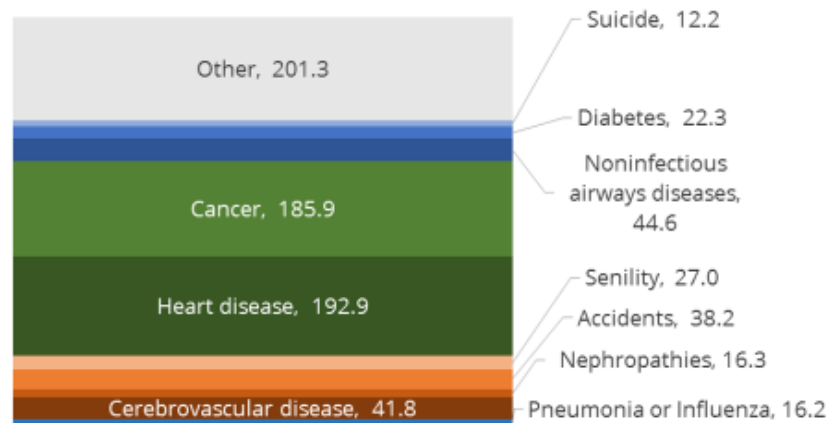
2010

All Causes: 1,719.1



Mortality from all causes **declined 54%** between 1900 and 2010.

All Causes: 798.7



Data Source: Centers for Disease Control

Due to changing health outcomes, older adults will compose a higher share of the US population in the years to come, and many health outcomes are tied to behavioral choices.

Just as clean water and sanitation systems were designed to prevent infectious diseases over the last few decades, we can design communities to incorporate physical activity, social interaction, and interaction with the natural environment into every day life to prevent illness from mental health, heart disease, and other noninfectious diseases.


There will be a higher percentage of older adults in the coming decades

Table 3. U.S. Population, by Age Group: 1950-2050

Age/year	1950	1975	2000	2025	2050
<i>Number (in thousands, rounded)</i>					
Total	152,272	215,972	282,171	357,452	439,010
0-19	51,673	75,646	80,576	94,254	112,940
20-64	88,202	117,630	166,522	199,290	237,523
65-65+	12,397	22,696	35,074	63,907	88,547
<i>Percent in Age Group (rounded)</i>					
0-19	33.9	35.0	28.6	26.4	25.7
20-64	57.9	54.5	59.0	55.8	54.1
65-65+	8.1	10.5	12.4	17.9	20.2

Source: CRS computations based on data in the U.S. January 21, 2011 based on the Census Bureau's December 2010 data release. These data do not include results from the 2010 census.

The most motivating keynote speaker at the 2019 APA-AK Conference was sponsored by AARP---Mr. Gil Penalosa shared the idea of 808 cities, where communities design with the 8-year-old and 80-year-old in mind.



AARP
Real Possibilities

Summary Location Directions Contact Us

f t in

AARP AK Livable Communities Forum With Gil Penalosa, Anchorage, Alaska 1/16/19

Summary

THIS EVENT IS FULL. Join AARP Alaska, community stakeholders, and world-renowned speaker, livability expert, and founder of 8-80 cities Gil Penalosa for a journey around the world. Gil has inspired, advised and inspired more than 300 cities around the world on creating vibrant cities and healthy communities for everyone.

At this event we'll look at what other cities have done to create great public places, cities built for sustainable mobility, walking, riding, cycling, and public transportation. We'll seek your feedback on how to make Anchorage and Alaska more livable.

Heavy appetizers and a beverage of your choice will be provided - RSVP Required.

Page 8 of 17

AARP's website reads like a planning curriculum!

One in three Americans is age 50 or older

Is your community a great place for people of all ages?

By 2030, one out of every five people in the United States will be 65 or older

Will your community be ready?

Visit us often at [AARP.org/livable](https://www.aarp.org/livable)

Information and inspiration for local leaders



AARP's website reads like a planning curriculum!

AARP LIVABLE COMMUNITIES

Getting Around

[Livable Home Page](#) · [About Us](#) · [Housing](#) · [Getting Around](#) · [Tool Kits & Resources](#) · [Age-Friendly Network](#) · [Livability Index](#) · [A-Z Archive](#)



10 Ways Bicycle-Friendly Streets Are Good for People Who Don't Ride Bikes

Benefits abound for those with no intention of ever getting on a bicycle

by Jay Walljasper, [AARP Livable Communities](#) | [Comments: 0](#)

AARP's website reads like a planning curriculum!

AARP Livable Communities

[Livable Home Page](#) · [About Us](#) · [Housing](#) · [Getting Around](#) · [Tool Kits & Resources](#) · [Age-Friendly Network](#) · [Livability Index](#) · [A-Z Archive](#)

Get Started with the AARP Roadmap to Livability

The **AARP Roadmap to Livability** features six free workbooks with strategies and solutions that make a community great for people of all ages. Order or download the entire collection or choose among the booklets about housing, transportation, community engagement, economic development and more.



AARP Livable Communities Free E-Newsletter

Tool kits, guides, how-to's, interviews, slideshows, best practices, news and much more



Subscribe Now!

Missed a week? [Visit the newsletter archive](#) >>

Read the latest issue: **January 16, 2019** >>

Next Issue: *January 23, 2019, 2 pm ET*

AARP.org/Livable

Find articles, publications and more

For lists by subject: [Visit the A-Z Archive](#) >>

New and Notable

77%

agree with the statement

"What I'd really like to do is remain in my

76%

agree with the statement

"What I'd really like to do is remain in my

Free Publications



About Us

One in three Americans is age 50 or older
Is your community a great place for people of all ages?
By 2030, one out of every five people in the United States will be 65 or older
Will your community be ready?



Making communities livable for people of all ages

By **Anne Hillman**, Alaska Public Media - January 11, 2019

👍 Like 13 🐦 Tweet

What makes you want to stay in the community where you live? Is it easy to get around? Do you feel connected to your neighbors? Everything from building new playgrounds to giving people access to computers helps make a livable community. On the next Talk of Alaska we'll talk with international experts and local leaders about feasible solutions for making communities great for everyone, whether you're 8 or 80. This program is part of Alaska Public Media's [Solutions Desk](#).



Looking east on 5th Avenue at H Street in Downtown Anchorage. (Staff photo)

▶ 0:00 / 58:55 🔊 ⋮

HOST: Anne Hillman

GUESTS:

- **Christopher Schutte**, Municipality of Anchorage Director of Economic and Community Development
- **Gil Peñalosa**, [8-80 Cities](#) Founder & Chair
- **Terry Synder**, AARP Alaska State President

Listen / Watch

📻 **Radio: Listen Live**

📺 **TV: Schedule**

Thanks To Our Sponsors

NPRA means opportunity.
 New fields, jobs and more oil in the pipeline.
[Learn more](#)

ConocoPhillips
Unlocking Alaska's Energy Resources

**KENAI COUNCIL ON AGING
REGULAR MEETING
FEBRUARY 14, 2019 – 4:30 P.M.
KENAI SENIOR CENTER
CHAIR ROY WILLIAMS, PRESIDING**

MEETING SUMMARY

1. CALL TO ORDER

Chair Williams called the meeting to order at 4:30 p.m.

a. Pledge of Allegiance

Chair Williams led those assembled in the Pledge of Allegiance.

b. Roll was confirmed as follows:

Members Present: Chair R. Williams, Vice Chair D. Erwin, V. Geller, A. Weeks, C. Thornton, S. Bise, M. Milewski, L. Nelson

Members Absent: B. Modigh

Staff/Council Liaison Present: Senior Center Director K. Romain, Council Member J. Glendening

A quorum was present.

c. Agenda Approval

MOTION:

Councilor Thornton **MOVED** for approval of the agenda and Councilor Erwin **SECONDED** the motion. There were no objections; **SO ORDERED.**

2. SCHEDULED PUBLIC COMMENTS – None.

3. UNSCHEDULED PUBLIC COMMENT – None.

4. APPROVAL OF MEETING SUMMARY

a. January 10, 2019

MOTION:

Councilor Gellar **MOVED** to approve the January 10, 2019 meeting summary and Councilor Thornton **SECONDED** the motion. There were no objections; **SO ORDERED.**

5. UNFINISHED BUSINESS – None.

6. NEW BUSINESS

a. **Discussion** – Home Meals / Medicare Advantage Plans

The Council discussed the Meals on Wheels of America program that is working on bringing about home meals for possible medical health plans. The Senior Center Director added that Medicare Advantage plans were not in Alaska.

b. **Discussion / Recommendation** – Capital Improvement Projects FY20

The Senior Center Director provided a status update of the FY19 Capital Improvement Projects and the Council discussed the projects for FY20 including doorway relocation with entrance to the computer lab; cabinets for the card/game room; and finishing the Senior Center sound system wiring.

MOTION:

Councilor Nelson **MOVED** to recommend FY20 Capital Improvement Projects as noted and Councilor Gellar **SECONDED** the motion. There were no objections; **SO ORDERED**

7. REPORTS

a. **Senior Center Director** – Romain reported the following:

- She was looking at efficiencies with meals/transportation; and
- She was working on the FY2019/2020 budget, with a five percent decrease.

b. **Council on Aging Chair** – Williams commended staff for the Senior Center volunteer appreciation luncheon.

c. **City Council Liaison** – Council Member Glendening reported on the actions of January 16 and February 6 Council meetings. He further noted on Kenai Historical Society Photos, the FY18 Comprehensive Financial Report, and the success of the Volunteer Appreciation Luncheon with the Elks Club local Pioneers recognition.

8. NEXT MEETING ATTENDANCE NOTIFICATION – March 14, 2019

9. COUNCIL MEMBERS COMMENTS AND QUESTIONS – None.

10. ADDITIONAL PUBLIC COMMENT – None.

11. INFORMATIONAL ITEMS – None.

12. ADJOURNMENT

There being no further business, the Council on Aging meeting adjourned at 5:50 p.m.

Meeting summary prepared and submitted by:

Jacquelyn LaPlante
Deputy City Clerk

ACTION AGENDA
KENAI CITY COUNCIL – REGULAR MEETING
APRIL 3, 2019 – 6:00 P.M.
KENAI CITY COUNCIL CHAMBERS
210 FIDALGO AVE., KENAI, AK 99611
<http://www.kenai.city>

A. CALL TO ORDER

1. Pledge of Allegiance
2. Roll Call
3. Agenda Approval
4. Consent Agenda (*Public comment limited to three (3) minutes per speaker; thirty (30) minutes aggregated*)

All items listed with an asterisk () are considered to be routine and non-controversial by the council and will be approved by one motion. There will be no separate discussion of these items unless a council member so requests, in which case the item will be removed from the consent agenda and considered in its normal sequence on the agenda as part of the General Orders.

B. SCHEDULED PUBLIC COMMENTS (*Public comment limited to ten (10) minutes per speaker*)

1. **Mark Griffin** – Kenai Golf Course: Past, Present, and Future.

C. UNSCHEDULED PUBLIC COMMENTS (*Public comment limited to three (3) minutes per speaker; thirty (30) minutes aggregated*)

D. PUBLIC HEARINGS

1. **POSTPONED TO 4/17/19. Ordinance No. 3056-2019** - Amending Kenai Municipal Code 14.22.010-Land Use Table, to Allow Business/Consumer Services and Taxidermy/Gunsmithing in RR1 Zoning District by Conditional Use Permit and Removing the Location Restriction on Professional Offices Allowed by Conditional Use Permit Within the RR1 Zone. (Council Members Peterkin & Glendening)
2. **ENACTED UNANIMOUSLY. Ordinance No. 3057-2019** – Accepting and Appropriating a Grant from the State of Alaska Department of Public Safety for Crime Prevention and Response and Equipment for the Purchase of Portable Radios and Accessories for the Police Department, and to Purchase Supplies in Support of the D.A.R.E Programs Conducted by the Police Department in Local Elementary Schools. (Administration)
3. **ENACTED UNANIMOUSLY. Ordinance No. 3058-2019** – Amending Provisions in Kenai Municipal Code Title 7 – Finance, Taxation, and Business Affairs of the City, including Investment of Monies – Scope and Objectives 7.22.010; Land Sale Permanent Funds – General Fund Land Sale Permanent Fund 7.30.005; Investments 7.30.020; Investments 7.30.020; Investments 7.30.020; and Investments 7.30.020 for

Updates to Management Practices for the City's General Land Sale and Airport Land Sale Permanent Funds. (Administration)

4. **ADOPTED UNANIMOUSLY. Resolution No. 2019-19** – Supporting the Kenai Peninsula College. (Vice-Mayor Navarre)
5. **ADOPTED UNANIMOUSLY. Resolution No. 2019-20** – Supporting the Continued Operation of Sentenced Facilities at Wildwood Correctional Complex. (Mayor Gabriel & Council Member Peterkin)
6. **ADOPTED UNANIMOUSLY. Resolution No. 2019-21** – Authorizing the Award of a Construction Agreement for the Waste Water Treatment Plant Blowers Replacement / DO Analyzer Installation Project. (Administration)
7. **ADOPTED UNANIMOUSLY. Resolution No. 2019-22** – Authorizing the City Manager to Enter into an Amended Bar and Lounge Concession Agreement with the Kenai Municipal Airport. (Administration)

E. MINUTES

1. **APPROVED BY THE CONSENT AGENDA.** *Regular Meeting of March 20, 2019

F. UNFINISHED BUSINESS – None.

G. NEW BUSINESS

1. **APPROVED BY THE CONSENT AGENDA. *Action/Approval** – Bills to be Ratified. (Administration)
2. **INTRODUCED BY THE CONSENT AGENDA/PUBLIC HEARING SET FOR 4/17/19. *Ordinance No. 3059-2019** – Increasing Estimated Revenues and Appropriations in the Airport Special Revenue and Airport Improvements Capital Project Funds and Authorizing a Professional Services Agreement for the Design of the Alaska Regional Fire Training Facility Rehabilitation Project. (Administration)
3. **INTRODUCED BY THE CONSENT AGENDA/PUBLIC HEARING SET FOR 4/17/19. *Ordinance No. 3060-2019** – Increasing Estimated Revenues and Appropriations in the Terminal Improvements Capital Fund and Authorizing an Increase to the Construction Purchase Order to Blazy Construction, Inc. (Administration)
4. **INTRODUCED/ REFERRED TO THE PLANNING & ZONING COMMISSION FOR A RECOMMENDATION/PUBLIC HEARING SET FOR 5/1/19. *Ordinance No. 3061-2019** – Amending Kenai Municipal Code 14.20.320 - Definitions, 14.20.330 - Standard for Commercial Marijuana Establishments and 14.22.010 - Land Use Table, to Incorporate Onsite Consumption of Marijuana at Retail Marijuana Establishments into the City Of Kenai's Code of Ordinances. (Administration)
5. **\$300 DONATION GRANTED. Action/Approval** – Donation Request for the Kenai River Festival. (Mayor Gabriel)

6. **SPECIAL MEETING SET FOR 4/23/19 AT 4:30 P.M. Discussion** – Schedule Special Meetings to Conduct Annual Performance Evaluations for the City Attorney, City Clerk, and City Manager. (Mayor Gabriel)
7. **WORK SESSION SET FOR 4/18/19 AT 2:00 P.M. Discussion** – Schedule a Work Session to Review and Discuss the Fiscal Year 2020 City of Kenai Budget. (Mayor Gabriel)

H. COMMISSION/COMMITTEE REPORTS

1. Council on Aging
2. Airport Commission
3. Harbor Commission
4. Parks and Recreation Commission
5. Planning and Zoning Commission
6. Beautification Committee
7. Mini-Grant Steering Committee

I. REPORT OF THE MAYOR

J. ADMINISTRATION REPORTS

1. City Manager
2. City Attorney
3. City Clerk

K. ADDITIONAL PUBLIC COMMENT

1. Citizens Comments (*Public comment limited to five (5) minutes per speaker*)
2. Council Comments

L. EXECUTIVE SESSION

M. PENDING ITEMS

N. ADJOURNMENT

INFORMATION ITEMS

1. Purchase Orders between \$2,500 and \$15,000 for Council Review
2. Notice of Revised Schedule for Environmental Review of the Alaska LNG Project

The agenda and supporting documents are posted on the City's website at www.kenai.city. Copies of resolutions and ordinances are available at the City Clerk's Office or outside the Council Chamber prior to the meeting. For additional information, please contact the City Clerk's Office at 907-283-8231.